

#Unite2023

NORTH
Dakota | Health & Human Services
Be Legendary.

2023 BEHAVIORAL HEALTH & CHILDREN AND FAMILY SERVICES CONFERENCE

October 23-26, 2023



CONFERENCE SCHEDULE

PRE-CONFERENCE: Monday, October 23, 2023

1:00pm - 4:30pm	PRAIRIE ROSE 103-104
	PRE-CONFERENCE: Situational Ethics-Its Impact on the Addiction Professional <i>Cynthia Moreno Tuohy, BSW, NCAC II, CDC III, SAP</i>
END OF PRE-CONFERENCE	

DAY 1: Tuesday, October 24, 2023

8:00am - 11:30am	PRAIRIE ROSE 103-104		
	PRE-CONFERENCE: Got Ethics? A Look at the Similarities & Differences in Addiction, Social Work and Mental Health Ethical Codes and Practices <i>Cynthia Moreno Tuohy, BSW, NCAC II, CDC III, SAP</i>		
11:30am - 1:00pm	LUNCH (on your own)		
12:00pm - 5:30pm	Exhibitors Open (Hall B)		
1:00pm - 2:15pm	HALL A		
	A Mother's Perspective: Youth Mental Health <i>Kristina Kuzmic</i>		
2:15pm - 2:30pm	Break (Exhibits and Networking)		
2:30pm - 3:30pm	HALL A	PRAIRIE ROSE 101-102	PRAIRIE ROSE 103-104
	Reducing Access to Lethal Means for Suicide Prevention <i>Sarah Kemp Tabbut, LCSW</i>	Building Skills to Serve Youth with Severe Emotional Disturbances and Underlying Complex Trauma <i>Dr. Nicola Herting</i>	Abusive Head Trauma/ Shaken Baby Syndrome- An Investigator's Perspective <i>Craig Smith</i>
3:30pm - 3:45pm	Break (Exhibits and Networking)		
3:45pm - 4:45pm	HALL A	PRAIRIE ROSE 101-102	PRAIRIE ROSE 103-104
	Connecting with American Indian Families <i>Dr. Tami DeCoteau</i>	ASAM Criteria 4th Edition <i>Dr. Sandra Gomez-Luna</i>	"Why the Color of the Underwear Matters." Interviewing the Child Abuse Victim and Suspect <i>Craig Smith</i>
END OF CONFERENCE DAY 1			

8:00am - 5:30pm	Exhibitors Open (Hall B)		
8:30am - 9:30am	HALL A		
	Be The One Josh Shipp		
9:45am - 10:00am	Break (Exhibits and Networking)		
10:00am - 11:30am	HALL A	PRAIRIE ROSE 101-102	PRAIRIE ROSE 103-104
	Best Practices for Opioid Education and Naloxone Distribution Jermaine Jones	Advancing a Collective Culture When Serving Families in Child Welfare Dion Racks	Rewiring for Resilience: A Mindful Approach to Build Healthy Communities Sara Flitner
11:30pm – 1:00pm	LUNCH (on your own)		
12:15pm – 1:00pm	PRAIRIE ROSE 101-102		
	Interactive lunch session for those that wish to participate. Mindfulness 101: If you can breathe, you can benefit Sara Flitner		
1:00pm - 2:00pm	HALL A		
	Trust and Mistrust: Reflections of Addiction, Ethics, and Humanism Dr. Mishka Terplan		
2:00pm - 2:15pm	Break (Exhibits and Networking)		
2:15pm - 3:45pm	HALL A	PRAIRIE ROSE 101-102	PRAIRIE ROSE 103-104
	Cannabis and Controversy: Risks and Benefits Dr. Mishka Terplan	Partnering with Families to Cultivate Change: We are in this together. Dion Racks	Stop Walking on Eggshells: Supporting People with Intellectual/ Developmental Disabilities and Borderline Personality Heidi Paulson, Psy.D., L.P., Kris Tisdale, Jen Hooey
3:45pm - 4:00pm	Break (Exhibits and Networking)		
4:00pm - 5:00pm	HALL A		
	Overcoming Adversity: The Intersection of ACES and Post-Traumatic Growth Brandon Jones		
END OF CONFERENCE DAY 2			

CONFERENCE SCHEDULE

DAY 3: Thursday, October 26, 2023

8:00am - 1:00pm	Exhibitors Open (Hall B)		
8:30am - 9:30am	HALL A		
	Addiction and Change: Understanding the Journey of Initiation and Recovery <i>Dr. Carlo DiClemente</i>		
9:45am - 10:45am	HALL A	PRAIRIE ROSE 101-102	PRAIRIE ROSE 103-104
	Relapse and Recycling: The Function of Failure in Successful Behavior Change <i>Dr. Carlo DiClemente</i>	Language Matters <i>Dr. Shauna Eberhardt</i>	Peer Parent Support Services: What's it all about? <i>Toni Donnelly</i>
10:45am - 11:00am	Break (Exhibits and Networking)		
11:00am - 12:00pm	HALL A	PRAIRIE ROSE 101-102	PRAIRIE ROSE 103-104
	Navigating the Challenges of Rural Behavioral Health <i>Monica McConkey, LPC</i>	Prevention Across the Continuum <i>Jenny Fuller</i>	System of Care: Children, Youth and Families <i>Sara Strader, MS</i>
12:00pm - 1:00pm	LUNCH (provided at the conference)		
1:00pm – 2:00pm	HALL A		
	Students with Psychosis <i>Cecilia McGough</i>		
2:00pm - 3:00pm	HALL A		
	The Science of Happiness <i>Brooklyn Dicent</i>		
END OF CONFERENCE			



CONTINUING EDUCATION

#Unite2023

The 2023 Behavioral Health & Children and Family Services Conference has been approved for continuing education units through:

- ND Board of Social Work Examiners
- ND Board of Addiction Counselor Examiners
- ND Licensed Marriage and Family Therapists
- ND Board of Counseling Examiners*
- ND Peer Support Specialists
- ND Foster Parents
- ND State Board of Psychologist Examiners (pending approval)

**All sessions approved for CEUs except for the Ethics Pre-Conference on Monday, October 23.*

Receiving Your Continuing Education

In-person

Duplicate CEU forms are available at the registration area.

By the end of each day, complete the form indicating the sessions you attended. CEU forms must be signed by a conference team member at the end of each day.

At the end of the conference, please leave the first page (front) of this form in designated area and keep the second page (back) of this form as the "certificate of attendance" for your records.

Individuals seeking continuing education units are responsible for keeping this copy of the form for their records.

Virtual

Login to the virtual Conference Hub through an internet browser to view virtual sessions.

Near the end of the conference, you will receive an email with a link to select the sessions you attended. Once you submit that form, you will receive an email certificate for your records.

Individuals seeking continuing education units are responsible for keeping this email certificate for their records.

Overwhelmed?
Hope is closer
than you think.

Suicide & Crisis Lifeline

988
CALL, TEXT OR CHAT



GENERAL INFORMATION



QUESTIONS

If you have any questions throughout the conference, please look for a conference team member with a "STAFF" lanyard!



LUNCH/SNACKS

- Lunch is on your own. A list of nearby restaurants is included in this conference booklet.
- Coffee & break stations can be found in Hall B and outside of Prairie Rose. Water towers are located inside Hall B and the Prairie Rose Rooms.



DOWNLOAD THE CONFERENCE APP

Download the Conference App here and view the session descriptions, speaker bios, and more!



ANDROID



APPLE



WIFI

1. Click on BIS_Guest.
2. Click "Create Account."
 - Enter your name and email address.
 - Click the box to accept the terms of use.
 - Click "Register."
 - Your email address will be your username.
 - You will be presented with a 6-digit code for your password.
3. This information can be used for the next 24 hours if you leave the building.



ONE-TIME REGISTRATION

Once you have received your name badge you are checked-in for the remaining days of the conference.



EXHIBITORS AND SPONSORS

Thank you to our conference exhibitors and sponsors. Please be sure to visit the exhibit booths in Hall B during your time at the conference.



HANDOUTS

Session materials for the sessions can be downloaded on the virtual Conference Hub.



HASHTAG

Use the conference hashtag, #Unite2023 to help spread the word about the event, things you are learning and people you are networking with!



GET ENGAGED

Did you know you can get points by engaging in different parts of the conference?

Check out the leaderboard on the conference app or Conference Hub.

Get ready to have fun, make connections, get valuable resources, and score points while you are at it!





WHERE TO EAT FOR LUNCH?

#Unite2023

COFFEE SHOPS

Caribou (drive thru) *0.4 Miles*
601 S 3rd Street

Starbucks (drive thru) *0.3 Miles*
600 S 3rd Street

Bitty Bean (drive thru) *0.7 Miles*
1019 E Main Ave

Coffee Break (drive thru) *0.4 Miles*
301 Main Street

Steep Me a Cup of Tea - *0.2 Miles*
311 S 3rd Street

FAST-FOOD

Arby's (drive thru) - *1.8 Miles*
3000 Rock Island Place

Chick-fil-A (drive thru) - *0.7 Miles*
703 S 3rd Street

Blaze Pizza - *0.5 Miles*
805 S 3rd Street

Five Guys - *0.5 Miles*
809 S 3rd Street

Pancheros Mexican Grill -
0.5 Miles
711 S 3rd Street

QDOBA Mexican Eats - *0.3 Miles*
312 S 3rd Street

Burger King (drive thru) -
0.3 Miles
315 S 3rd Street

McDonald's (drive thru) -
0.4 Miles
605 E Main Ave

Jimmy John's - *0.2 Miles*
301 S 3rd Street

Noodles & Company -
0.2 Miles
303 S 3rd Street

Panera Bread - *0.7 miles*
1016 S 7th Street

SIT DOWN

The Firepit - *0.6 Miles*
307 N 3rd Street

The Blarney Stone - *0.3 Miles*
408 E Main Ave

Brick Oven Bakery - *0.4 Miles*
112 N 4th Street

Buffalo Wild Wings - *0.3 Miles*
218 S 3rd Street

Ground Round - *0.4 Miles*
526 S 3rd Street

Applebee's - *0.3 Miles*
434 S 3rd Street

HuHot Mongolian Grill -
0.3 Miles
409 S 3rd Street

La Carreta Mexican - *0.9 Miles*
505 E Bismarck Expy

Lucky 13 - *0.7 Miles*
915 S 3rd Street

Broadway Grill - *0.7 Miles*
100 W Broadway

Denny's - *0.3 Miles*
405 S 7th Street

Jimmy V's - *0.3 Miles*
512 E Main Ave

JL Beers - *0.5 Miles*
217 N 3rd Street

Nara Ramen - *0.6 Miles*
309 N 3rd Street

Famous Dave's Bar-B-Que -
1.1 Miles
401 E Bismarck Expy

A&B Pizza (delivery & dine-in) -
0.3 Miles
311 S 7th St, Bismarck, ND 58504

Kirkwood Mall - *0.6 Miles*
706 Kirkwood Mall
Ginna's Cafe
Starbucks (Target)
Mighty Missouri Coffee
Suzzy's Island Twist (Jamaican)
Mama Bear Cafe
Auntie Anne's
Ja Bomb (Japanese)

Additional options can
be found in the **B-M**
CVB booklet at the
registration table or
scan the QR code below.

Bismarck-Mandan  **SAVINGS PASS**

Get Your Free Bismarck-Mandan Savings Pass

 **SCAN ME**
noboundariesnd.com/savings-pass

HOW IT WORKS

-  Receive a text or e-mail with a link to your passport
-  Stop in at locations included in the passport
-  Show your phone at checkout to redeem savings

FOOD DELIVERY SERVICES

Event Center Address: 315 S 5th St, Bismarck, ND 58504
Send drivers to the main entrance.

**Most require an account to order and pay online.
Check online for delivery options directly from various restaurants.*

Bite Squad
bitesquad.com

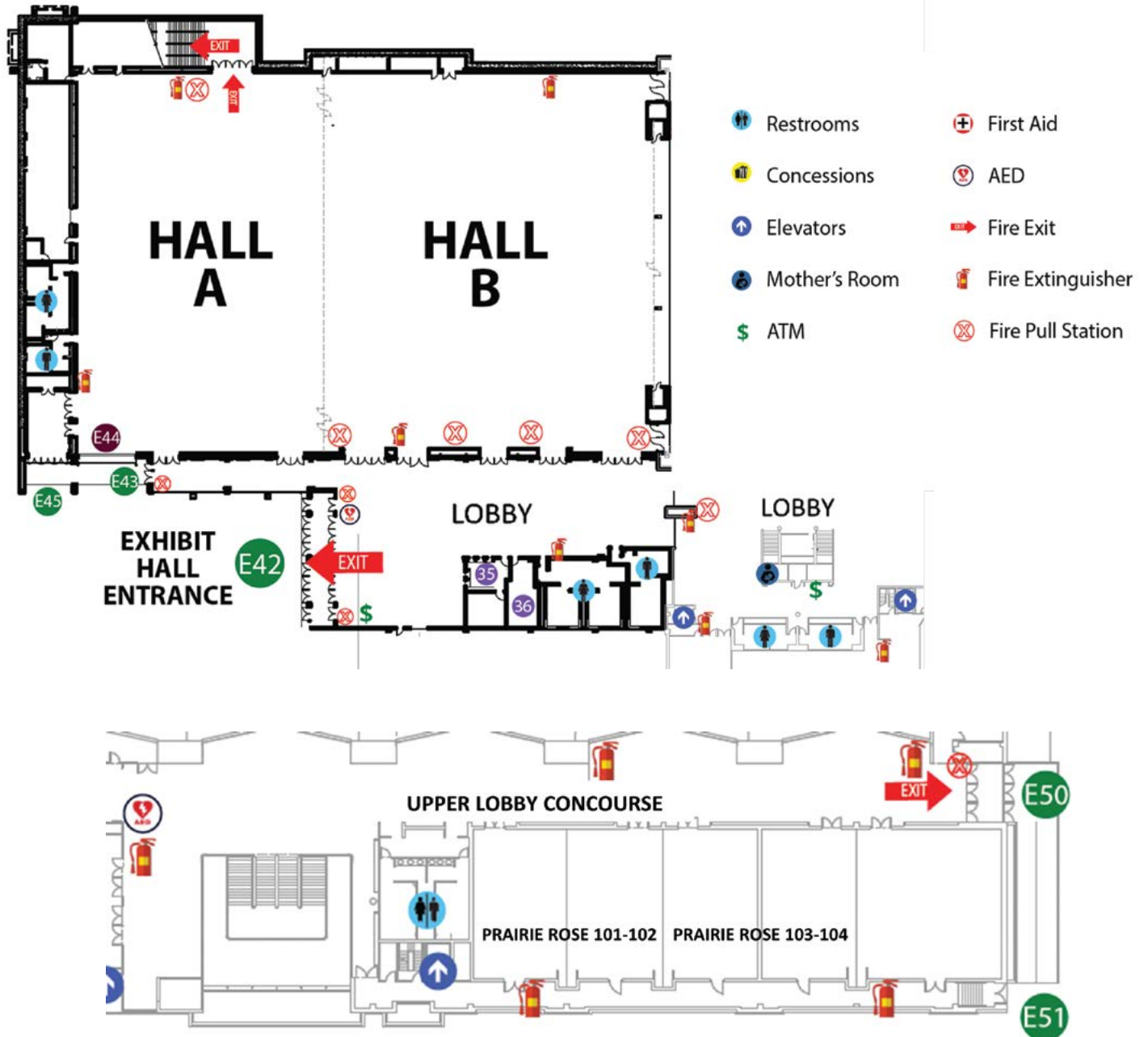
DoorDash
doordash.com

Food Dudes
fooddudesdelivery.com

Grubhub
grubhub.com

Uber Eats
ubereats.com

VENUE MAP



BEHAVIORAL HEALTH **AND THE ARTS**

#Unite2023



TRACY MAESSE

This is a picture of two sisters playing outside on a fall evening, not overly noticeable but the sister on the left is Caucasian, the sister on the right is African American. Both adopted into a family at the age of 3. The girl on the left is about 5 the girl on right is 6 and a half. They have learned to hope together, become a family together, and have started to learn and understand what gratitude is all about as they have become thankful for what they have now and grieve the loss of what was. As they play outside, they are experiencing a sense of wellness, connection, and unity with each other.



CHRIS GREYWATER

When I'm doing my Native artwork it gives me time to pray, to give thanks to the Great Spirit for all things in life, I am blessed he gave me a talent to share with others. May the Great Spirit watch over all, Father Sky, Mother Earth, We all come from one Creator. Let us all walk in "peace" and "Harmony". Love one another. We are all brothers and sisters. Nature is our Spirituality Family. We are all together. Live – learn – peace – love - harmony



See the art. Snap the art. Share the art. Win the prizes!

We invite you to download our free pass and start exploring over 80 locations on the Bismarck-Mandan Art Trail today. Check-in and share your pictures to track your progress and win prizes.

Use **#BisManArtTrail** for more chances to win!

Locations are public points of interest, attractions and merchant locations, some offering special deals for you!

Scan the QR code or visit **www.noboundariesnd.com/art-trail** for more information!

HOW IT WORKS



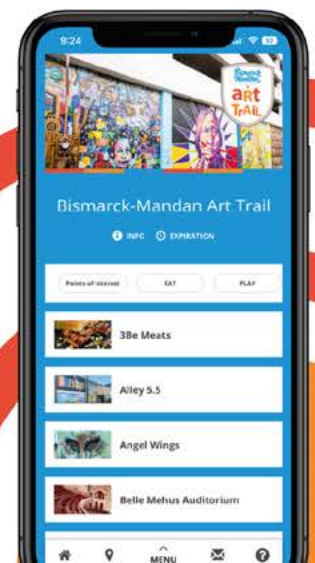
Receive a text or e-mail with a link to your passport



Check-in at included locations to qualify for prizes



Allow the pass to validate your location when prompted for easy check-in



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THANK YOU to our SPONSORS

PLATINUM



GOLD



SILVER



BRONZE

