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2015
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# Behavioral Risk Factor Surveillance System 

## North Dakota

January 2015<br>(CDC Core - 12/29/2014)

U.S. DEPARTMENT OF HEALTH \& HUMAN SERVICES

## Centers for Disease Control and Prevention

National Center for Chronic Disease Prevention and Health Promotion

Division of Adult and Community Health

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Intro

## INTROQST

CTELNUM
HELLO, I am calling for the North Dakota Department of Health. My name is [Interviewer Name].

We are gathering information about the health of North Dakota residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about your health and health practices.

Is this \{PHONE7\}?

| 1 | YES, CONTINUE | SKP | $\rightarrow$ | PRIVRES |
| :--- | :--- | :--- | :--- | :--- |
| 2 | NUMBER IS NOT THE SAME | SKP | $\rightarrow$ | WRONGNUM |



Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time.

INTROQST


BUSINES IF - PRIVRES $=3$
Thank you very much but we are only interviewing persons on residential phones lines at this time.
COLLEGE IF - PRIVRES $=2$ COLGHOUS

Do you live in college housing?
READ ONLY IF NECESSARY:
"By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangements provided by a college or university."

| 1 | YES, CONTINUE | SKP | $\rightarrow$ | STATRES |
| :--- | :--- | :--- | :--- | :--- |
| 2 | NO | SKP | $\rightarrow$ | NONRES |


| NONRES IF - COLLEGE $=2$ |
| :--- |
| Thank you very much, but we are only interviewing persons who |
| live in a private residence or college housing at this time. |
| DISPOS 4500 |

STATRES IF - PRIVRES $=1$ OR COLLEGE $=1 \quad$ STATERES

Do you reside in North Dakota?

| 1 | YES | SKP | $\rightarrow$ | ISCELL |
| :--- | :--- | :--- | :--- | :---: |
| 2 | NO | SKP | $\rightarrow$ | NONSTAT |

## NONSTAT IF - STATRES = 2

Thank you very much, but we are only interviewing persons who
live in the state of North Dakote at this time.
DISPOS 4100

ISCELL
IF - STATRES = 1
CELLFON3
Is this a cellular telephone?
INTERVIEWER NOTE: TELEPHONE SERVICE OVER THE INTERNET COUNTS AS LANDLINE SERVICE (INCLUDES VONAGE, MAGIC JACK AND OTHER HOMEBASED PHONE SERVICES).

READ ONLY IF NECESSARY:
"By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood."
$\begin{array}{llll}1 & \text { NO, NOT A CELLULAR TELEPHONE, CONTINUE } \\ 2 & \text { YES, A CELLULAR TELEPHONE } & \\ \text { SKP }\end{array}$

## CELLYES IF - ISCELL = 2

Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing.

DISPOS 4450

| LLADULT | IF - COLLEGE $=1$ |  | LADULT |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Are you 18 years of age or older? |  |  |  |  |  |
| NOTE: ASK GENDER IF NECESSARY |  |  |  |  |  |
| 1 | Yes and the respondent is male | SKP | $\rightarrow$ | YOURTHE1 |  |
| 2 | Yes and the respondent is female | SKP | $\rightarrow$ | YOURTHE1 |  |
| 3 | No |  | SKP | $\rightarrow$ | LLNOADLT |

LLNOADLT IF - LLADULT = 3
Thank you very much, but we are only interviewing persons aged 18 or older at this time.

$$
\text { DISPOS } 4700
$$

ADULTS IF - PRIVRES $=1$ NUMADULT

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

## _ NUMBER OF ADULTS

MEN IF - ADULTS $>1$ NUMMEN

How many of these adults are men?
$\qquad$ NUMBER OF MEN
WOMEN IF - ADULTS > 1 NUMWOMEN

How many of these adults are women?
NUMBER OF WOMEN


```
YOURTHE1 IF - SELECTED = 1 OR ONEADULT < 3
```

Then you are the person I need to speak with.
1 PERSON INTERESTED, CONTINUE SKP $\rightarrow$ INTROSCR

2 GO BACK TO ADULTS QUESTION. WARNING: A SKP $\rightarrow$ ADULTS NEW RESPONDENT MAY BE SELECTED

## GETNEWAD IF - SELECTED = 2

May I speak with the \{SRESP\}?

| 1 | YES, SELECTED RESPONDENT COMING TO THE | SKP | $\rightarrow$ | NEWADULT |
| :--- | :--- | :--- | :--- | :--- |
| PHONE | SKP | $\rightarrow$ | NEWADULT |  |
| 2 | NO, GO TO NEXT SCREEN, PRESS F3 TO | SHE |  |  |
| SCHEDULE A CALL-BACK |  |  |  |  |
| 3 | GO BACK TO ADULTS QUESTION. WARNING: | SKP | $\rightarrow$ | ADULTS |
| A NEW RESPONDENT MAY BE SELECTED |  |  |  |  |


| NEWADULT | IF - GETADULT $=1$ OR GETADULT $=2$ OR GETNEWAD $=$ |
| :--- | :--- |
|  | 1 OR GETNEWAD $=2$ |

HELLO, I am calling for the North Dakota Department of Health. My name is [Interviewer Name].

We are gathering information about the health of North Dakota residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about your health and health practices.

| 1 | PERSON INTERESTED, CONTINUE | SKP | $\rightarrow$ | INTROSCR |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 2 | GO BACK TO ADULTS QUESTION. WARNING: A | SKP | $\rightarrow$ | ADULTS |  |
|  | NEW RESPONDENT MAY BE SELECTED |  |  |  |  |

## Core Sections

## INTROSCR

I will not ask for your last name, address, or other personal
information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call (701) 328-3322.
1 PERSON INTERESTED, CONTINUE SKP $\rightarrow$ CO1INTRO
2 GO BACK TO ADULTS QUESTION. WARNING: A SKP $\rightarrow$ ADULTS NEW RESPONDENT MAY BE SELECTED

## Section 01: Health Status



```
C01Q01
Would you say that in general your health is-
PLEASE READ
1 Excellent
2 Very Good
3 Good
4 ~ F a i r ~ o r ~
5 Poor
DON'T KNOW/NOT SURE
9 REFUSED
```

C01END

## Section 02: Healthy Days - Health-Related Quality of Life

 C02INTRO
## C02Q01 <br> PHYSHLTH

```
Now thinking about your physical health, which includes physical
illness and injury, for how many days during the past 30 days was
your physical health not good?
    __ NUMBER OF DAYS
    8 8 ~ N O N E
    77 DON'T KNOW/NOT SURE
    99 REFUSED
    30 MAX
```

C02Q02
MENTHLTH

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
__ NUMBER OF DAYS
88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
30 MAX
If C02Q01 and C02Q02 = 88(none), go to next section
C02Q03 IF - NOT (C02Q01 = 88 AND C02Q02 $=88$ ) POORHLTH

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
_ NUMBER OF DAYS
88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
30 MAX

C02END

## Section 03: Health Care Access

## C03INTRO

```
C03Q01
    HLTHPLN1
Do you have any kind of health care coverage, including health
insurance, prepaid plans such as HMOs, government plans such as
Medicare, or Indian Health Service?
1 YES
2 NO
DON'T KNOW/NOT SURE
9 REFUSED
\(\mid\) C03Q02
Do you have one person you think of as your personal doctor or
health care provider?
INTERVIEWER NOTE: IF "NO," ASK:
"Is there more than one, or is there no person who you think of
as your personal doctor or health care provider?"
1 YES, ONLY ONE
2 MORE THAN ONE
3 NO
7
9
```


## C03Q03

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

1 YES
2 NO

7 DON'T KNOW/NOT SURE
9 REFUSED

```
C03Q04
CHECKUP1
About how long has it been since you last visited a doctor for a
routine checkup? A routine checkup is a general physical exam,
not an exam for a specific injury, illness, or condition.
1 Within the past year (anytime less
    than 12 months ago)
2 Within the past 2 years (1 year but
    less than 2 years ago)
3 Within the past 5 years (2 years but
    less than 5 years ago)
4 5 or more years ago
DON'T KNOW/NOT SURE
8 NEVER
9 REFUSED
```

C03END

## Section 04: Hypertension Awareness

## C04INTRO

```
C04Q01
    BPHIGH4
Have you EVER been told by a doctor, nurse, or other health
professional that you have high blood pressure?
READ ONLY IF NECESSARY:
"By 'other health professional' we mean a nurse practitioner, a
physician's assistant, or some other licensed health
professional."
IF "YES" AND RESPONDENT IS FEMALE, ASK:
"Was this only when you were pregnant?"
1 YES
2 YES, BUT FEMALE TOLD ONLY DURING SKP }->\mathrm{ CO4END
    PREGNANCY
3 NO
4 \text { TOLD BORDERLINE HIGH OR PRE- SKP } \rightarrow \text { CO4END}
        HYPERTENSIVE
7 DON'T KNOW/NOT SURE 
C04Q01V IF - RESPGEND = 1 AND C04Q01 = 2
INTERVIEWER: YOU RECORDED THAT THE RESPONDENT WAS TOLD BY A
DOCTOR DURING PREGNANCY THAT SHE HAD HIGH BLOOD PRESSURE. ARE YOU
SURE?
THE RESPONDENT SELECTED WAS THE
```


## \{SRESP\}

IS THE PREVIOUS ANSWER CORRECT?
1 YES
2 NO SKP $\rightarrow$ C04Q01

| C04Q02 | IF - C04Q01 $=1$ |
| :--- | :--- |
| Are you currently taking medicine for your high blood pressure? |  |
| 1 | YES |
| 2 | NO |
| 7 | DON'T KNOW/NOT SURE |
| 9 | REFUSED |

C04END

## Section 05: Cholesterol Awareness

C05INTRO
Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?

| 1 | YES |  |  | C05END |
| :--- | :--- | :--- | :--- | :--- |
| 2 | NO | SKP | $\rightarrow$ | COM |
| 7 | DON' T KNOW/NOT SURE | SKP | $\rightarrow$ | C05END |
| 9 | REFUSED | SKP | $\rightarrow$ | C05END |

C05Q02 IF - C05Q01 = $1 \quad$ CHOLCHK
About how long has it been since you last had your blood
cholesterol checked?
READ ONLY IF NECESSARY:
1 Within the past year (anytime less than 12 months ago)
2 Within the past 2 years (1 year but less than 2 years ago)
3 Within the past 5 years (2 years but less than 5 years ago)
45 or more years ago
7 DON'T KNOW/NOT SURE
9 REFUSED
Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

```
C05Q03 IF - C05Q01 = 1
C05Q03 IF - C05Q01 = 1
TOLDHI2

C05END

\section*{Section 06: Chronic Health Conditions}

C06INTRO
```

C06Q01 CVDINFR4
Now I would like to ask you some questions about general health
conditions.
Has a doctor, nurse, or other health professional EVER told you
that you had any of the following? For each, tell me "Yes," "No,"
or you're "Not sure."
(Ever told) you that you had a heart attack also called a
myocardial infarction?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

```
```

C06Q02
(Ever told) you had angina or coronary heart disease?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

```

(Ever told) you had a stroke?
1 YES
2 NO

7 DON'T KNOW/NOT SURE
9 REFUSED


\section*{C06Q09}
(Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

INTERVIEWER NOTE: ARTHRITIS DIAGNOSES INCLUDE:
- rheumatism, polymyalgia heumatic
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)
1 YES
2 NO

7 DON'T KNOW/NOT SURE
9 REFUSED

C06Q10
(Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?

1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

\section*{C06Q11}
(Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.

1 YES
2 NO

7 DON'T KNOW/NOT SURE
9 REFUSED

\section*{C06Q12}
(Ever told) you have diabetes?
INTERVIEWER NOTE: IF "YES" AND RESPONDENT IS FEMALE, ASK:
"Was this only when you were pregnant?"
IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.

1 YES SKP \(\rightarrow\) C06Q13
2 YES, BUT FEMALE TOLD ONLY DURING PREGNANCY
3 NO
4 NO, PRE-DIABETES OR BORDERLINE DIABETES

7 DON'T KNOW/NOT SURE
9 REFUSED
CATI NOTE: If Q6. 12 = 1 (Yes), go to next question. If any other response to Q6.12, go to PreDiabetes Optional Module (if used). Otherwise, go to next section.
```

C06Q12V IF - RESPGEND = 1 AND C06Q12 = 2

```

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT WAS TOLD BY A DOCTOR DURING PREGNANCY THAT SHE HAD DIABETES. ARE YOU SURE?

THE RESPONDENT SELECTED WAS THE

\section*{\{SRESP \}}

IS THE PREVIOUS ANSWER CORRECT?
1 YES
2 NO SKP \(\rightarrow\) C06Q12
\begin{tabular}{|ll|l|}
\hline C06Q13 & IF \(-\mathrm{C06Q12}=1\) & DIABAGE2 \\
\hline
\end{tabular}

How old were you when you were told you have diabetes?
__ CODE AGE IN YEARS [97 = 97 AND OLDER]
98 DON'T KNOW/NOT SURE
99 REFUSED
1 MIN
97 MAX
CATI NOTE: Go to Diabetes Optional Module (if used). Otherwise, go to next section.

\section*{C06END}

\section*{Section 7: Demographics}

C07INTRO


INDICATE SEX OF RESPONDENT. ASK ONLY IF NECESSARY.
1 Male
2 Female
C07Q01V IF - RESPGEND <> C07Q01

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT WAS \{C07Q01\}. ARE YOU SURE?

THE RESPONDENT SELECTED WAS THE

\section*{\{SRESP\}}

IS THE PREVIOUS ANSWER CORRECT?
1 YES
2 NO SKP \(\rightarrow\) C07Q01
C07Q02 AGE

What is your age?
__ CODE AGE IN YEARS [99 = 99 YEARS OR
OLDER]

07 DON'T KNOW/NOT SURE
09 REFUSED
18 MIN
99 MAX
\begin{tabular}{|ll}
\hline C07Q02V & \begin{tabular}{l} 
IF \(-\mathrm{C06Q13}>\mathrm{C07Q02}\) AND C06Q13 \\
\(>18\)
\end{tabular} \\
\hline
\end{tabular}

INTERVIEWER: THE RESPONDENT INDICATED THEIR AGE TO BE \{C07Q02\} YEARS OLD! YOU INDICATED EARLIER THEY WERE TOLD THEY HAD DIABETES AT AGE \{C06Q13\}! PLEASE VERIFY THAT THIS IS THE CORRECT ANSWER AND CHANGE THE AGE OF THE RESPONDENT OR MAKE A NOTE TO CORRECT THE AGE THE RESPONDENT WAS DIAGNOSED AS A DIABETIC.

1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP \(\rightarrow\) C07Q02

```

C07Q04
Which one or more of the following would you say is your race?
INTERVIEWER NOTE: IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS
SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.
CHECK ALL THAT APPLY
PLEASE READ:
10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian
4 1 ~ A s i a n ~ I n d i a n ~
42 Chinese
43 Filipino
4 4 ~ J a p a n e s e
45 Korean
46 Vietnamese
47 Other Asian
50 Pacific Islander
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
6 0 ~ O t h e r ~ [ S p e c i f y ]
77 DON'T KNOW/NOT SURE
99 REFUSED
8 8 ~ N O ~ A D D I T I O N A L ~ C H O I C E S
CATI NOTE: If more than one response to C07Q04; continue.
Otherwise, go to C07Q06.

```
    MRACE1

```

C07Q07
EDUCA
What is the highest grade or year of school you completed?
READ ONLY IF NECESSARY:
1 Never attended school or only attended
kindergarten
2 Grades 1 through 8 (Elementary)
3 Grades 9 through 11 (Some high school)
4 Grade 12 or GED (High school graduate)
5 College 1 year to 3 years (Some
college or technical school)
6 College 4 years or more (College
graduate)
9 REFUSED

```

\section*{C07Q08 RENTHOM1}
```

Do you own or rent your home?
INTERVIEWER NOTE: "OTHER ARRANGEMENT" MAY INCLUDE GROUP HOME, STAYING WITH FRIENDS OR FAMILY WITHOUT PAYING RENT.
INTERVIEWER NOTE: HOME IS DEFINED AS THE PLACE WHERE YOU LIVE MOST OF THE TIME THE MAJORITY OF THE YEAR.
INTERVIEWER NOTE:
"We ask this question in order to compare health indicators among people with different housing situations."
1 OWN
2 RENT
3 OTHER ARRANGEMENT
7 DON'T KNOW/NOT SURE
9 REFUSED

```



\section*{Module 19: Industry and Occupation}

M19INTRO IF - C07Q15 = 1 OR C07Q15 = 2 OR C07Q15 = 4
```

M19Q01

```
Now I am going to ask you about your work.
What kind of work {If CO7Q15 = 4, did, do} you do? (for example,
registered nurse, janitor, cashier, auto mechanic)
INTERVIEWER NOTE: IF RESPONDENT IS UNCLEAR, ASK
"What is your job title?"
INTERVIEWER NOTE: IF RESPONDENT HAS MORE THAN ONE JOB THEN ASK,
"What is your main job?"
\begin{tabular}{lll}
01 & SPECIFY \\
99 & REFUSED OTHER
\end{tabular}
```

| M19Q02 | IF - C07Q15 $=1$ OR C07Q15 $=2$ OR C07Q15 | 4 |
| ---: | ---: | ---: | ---: |
| TYPEINDS |  |  |

What kind of business or industry $\{I f$ CO7Q15 $=4$, did, do\} you work in? (for example, hospital, elementary school, clothing manufacturing, restaurant)

```
01 SPECIFY
OTHER
99 REFUSED
```


## M19END

CATI NOTE: If respondent refuses at ANY income level code income variable to 99 (refused).

CATI NOTE: If C07Q16 is answered, this will be considered a partial complete

How many children less than 18 years of age live in your household?
_ NUMBER OF CHILDREN
88 NONE
99 REFUSED
01 MIN
87 MAX


Is your annual household income from all sources:
Less than $\$ 25,000$ ?
1 YES
2 NO SKP $\rightarrow \quad$ C07Q17e
7 DON'T KNOW/NOT SURE SKP $\rightarrow$ C07Q17i
9 REFUSED SKP $\rightarrow$ C07Q17i

```
C07Q17c IF - C07Q17d = 1
(Is your annual household income from all sources: )
Less than $20,000?
1 YES
2 NO SKP }->\quad\mathrm{ C07Q17i
DON'T KNOW/NOT SURE SKP }->\mathrm{ C07Q17i
9 REFUSED SKP }->\mathrm{ C07Q17i
```

C07Q17b IF - C07Q17c $=1$
(Is your annual household income from all sources: )
Less than \$15,000?
1 YES
2 NO SKP $\rightarrow \quad$ C07Q17i
7 DON'T KNOW/NOT SURE SKP $\rightarrow$ C07Q17i
9 REFUSED SKP $\rightarrow$ C07Q17i

| C07Q17a IF - C07Q17b $=1$ |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| (Is your annual household income from all sources: ) |  |  |  |  |
| Less than \$10,000? |  |  |  |  |
|  | YES | SKP | $\rightarrow$ | C07Q17i |
|  | NO | SKP | $\rightarrow$ | C07Q17i |
|  | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ | C07Q17i |
|  | REFUSED | SKP | $\rightarrow$ | C07Q17i |
| C07Q17e IF - C07Q17d = 2 |  |  |  |  |
| (Is your annual household income from all sources: ) |  |  |  |  |
| Less than \$35,000? |  |  |  |  |
| $\begin{array}{ll}1 \\ 2 & \text { NOS }\end{array}$ |  |  |  |  |
|  |  |  |  |  |
|  | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ | C07Q17i |
|  | REFUSED | SKP | $\rightarrow$ | C07Q17i |
| C07Q17f IF - C07Q17e = 2 |  |  |  |  |
| (Is your annual household income from all sources: ) |  |  |  |  |
| Less than \$50,000? |  |  |  |  |
|  | YES | SKP | $\rightarrow$ | C07Q17i |
| 2 NO |  |  |  |  |
|  | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ | C07Q17i |
|  | REFUSED | SKP | $\rightarrow$ | C07Q17i |
| C07Q17g IF - C07Q17f = 2 |  |  |  |  |
| (Is your annual household income from all sources: ) |  |  |  |  |
| Less than \$75,000? |  |  |  |  |
| 1 | YES | SKP | $\rightarrow$ | C07Q17i |
| 2 |  | SKP | $\rightarrow$ | C07Q17i |
| 7 | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ | C07Q17i |
|  | REFUSED | SKP | $\rightarrow$ | C07Q17i |

ANNUAL HOUSEHOLD INCOME FROM ALL SOURCES IS:
\{If C07Q17g = 2, More than $\$ 75,000$ ? $\}$
\{If C07Q17g = $1, \$ 50,000$ to less than $\$ 75,000\}$
\{If C07Q17f = 1 , $\$ 35,000$ to less than $\$ 50,000\}$
\{If C07Q17e = 1 , $\$ 25,000$ to less than $\$ 35,000\}$
\{If C07Q17c = 2, $\$ 20,000$ to less than $\$ 25,000\}$
\{If C07Q17b $=2$, $\$ 15,000$ to less than $\$ 20,000\}$
\{If C07Q17a $=2$, $\$ 10,000$ to less than $\$ 15,000\}$
\{If CO7Q17a = 1 , Less than $\$ 10,000\}$
\{Default, REFUSED/DON'T KNOW/NOT SURE\}
IS THIS CORRECT?
1 YES
2 NO SKP $\rightarrow \quad$ C07Q17d
7 DON'T KNOW/NOT SURE
9 REFUSED

```
C07Q18
Have you used the internet in the past 30 days?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
```


## C07Q19 <br> WEIGHT2

About how much do you weigh without shoes?
NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN FRONT (EX. 65 KILOGRAMS IS "9065" OR 105 KILOGRAMS IS "9105").

ROUND FRACTIONS UP
$\qquad$ WEIGHT (POUNDS/KILOGRAMS)
7777 DON'T KNOW/NOT SURE
9999 REFUSED

```
C07Q19V IF - C07Q19 <> 7777 AND C07Q19 <> 9999 AND
    ((C07Q19 < 9000 AND (C07Q19 < 80 OR C07Q19 >
    350)) OR (C07Q19 > 9000 AND (C07Q19 < 9035 OR
    C07Q19 > 9159)))
    INTERVIEWER YOU INDICATED THE RESPONDENT WEIGHS {C07Q19}
    IS THIS CORRECT?
    1 YES, CORRECT AS IS, CONTINUE
    2 ~ N O , ~ R E A S K ~ Q U E S T I O N ~ S K P ~ \rightarrow ~ C 0 7 Q 1 9 ~
    C07Q20
        HEIGHT3
        About how tall are you without shoes?
        NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN FRONT (EX. 165
        CENTIMETERS IS "9165").
        NOTE: ENTER HEIGHT IN FEET AND INCHES (EX. 5 FEET 9 INCHES = 509)
        OR METERS AND CENTIMETERS (EX. 1 METER 75 CENTIMETERS = 9175)
        ROUND FRACTIONS DOWN
        ___ HEIGHT (FT/INCHES/METERS/CENTIMETERS)
    7 7 7 7 ~ D O N ' T ~ K N O W / N O T ~ S U R E
    9999 REFUSED
    |C07Q20V 
    INTERVIEWER YOU INDICATED THE RESPONDENT IS {C07Q20}
    IS THIS CORRECT?
    1 YES, CORRECT AS IS, CONTINUE
    2 NO, REASK QUESTION SKP -> C07Q20
    If male, go to 7.22, If female respondent is 45 years old or
    older, go to Q7.22
    C07Q21 IF - C07Q01 = 2 AND C07Q02 < 45 PREGNANT
    To your knowledge, are you now pregnant?
    1 YES
    2 NO
    7 DON'T KNOW/NOT SURE
    9 REFUSED
```

```
C07Q22
QLACTLM2
The following questions are about health problems or impairments you may have.
Are you limited in any way in any activities because of physical, mental, or emotional problems?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
\begin{tabular}{|l|l|}
\hline C07Q23 \\
Do you now have any health problem that requires you to use \\
special equipment, such as a cane, a wheelchair, a special bed, \\
or a special telephone? \\
NOTE: INCLUDE OCCASIONAL USE OR USE IN CERTAIN CIRCUMSTANCES. \\
\(1 \quad\) YES \\
2 NO \\
7 & DON'T KNOW/NOT SURE \\
\(9 \quad\) REFUSED
\end{tabular}
```


## C07Q24

```
BLIND
Are you blind or do you have serious difficulty seeing, even when wearing glasses?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
```


## C07Q25

```
DECIDE
Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
```

| C07Q26 | DIFFWALK |
| :---: | :---: |
| Do you have serious difficulty walking or climbing stairs? |  |
| 1 YES |  |
| 2 NO |  |
| 7 DON'T KNOW/NOT SURE |  |
| 9 REFUSED |  |
| C07Q27 | DIFFDRES |
| Do you have difficulty dressing or bathing? |  |
| 1 YES |  |
| 2 NO |  |
| 7 DON'T KNOW/NOT SURE9 REFUSED |  |
|  |  |
| C07Q28 | DEFFALON |
| Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping? |  |
| $\begin{array}{ll} 1 & \text { YES } \\ 2 & \text { NO } \end{array}$ |  |
|  |  |
| 7 DON'T KNOW/NOT SURE 9 REFUSED |  |
|  |  |
| C07END |  |

## Section 8: Tobacco Use

## C08INTRO

## C08Q01

Have you smoked at least 100 cigarettes in your entire life?
INTERVIEWER NOTE: IF NECESSARY SAY:
"For cigarettes, do not include: electronic cigarettes (e-
cigarettes, NJOY, Bluetip), herbal cigarettes, cigars,
cigarillos, little cigars, pipes, bidis, kreteks, water pipes
(hookahs), or marijuana."
NOTE: 5 PACKS = 100 CIGARETTES

| 1 |
| :--- |
| 2 |
| YES |

7 DON'T KNOW/NOT SURE
9 REFUSED

| C08Q02 | IF - C08Q01 $=1$ |  | SMOKDAY2 |  |
| :--- | :--- | :--- | :--- | :--- |
| Do you now smoke cigarettes every day, some days, or not at all? |  |  |  |  |
| 1 | Every day |  |  |  |
| 2 | Some days |  |  |  |
| 3 | Not at all |  |  |  |
|  |  |  |  |  |
| 7 | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ | C08Q04 |
| 9 | REFUSED | SKP | $\rightarrow$ | C08Q05 |


| C08Q03 | IF - C08Q01 = 1 AND (C08Q02 = 1 OR C08Q02 = 2) STOPSMK2 |
| :---: | :---: |

During the past 12 months, have you stopped smoking for one day
or longer because you were trying to quit smoking?
1
YES
2 NO

```
C08Q04 IF - C08Q02 = 3
LASTSMK2
How long has it been since you last smoked a cigarette, even one
or two puffs?
0 1 ~ W i t h i n ~ t h e ~ p a s t ~ m o n t h ~ ( l e s s ~ t h a n ~ 1 ~
    month ago)
0 2 \text { Within the past } 3 \text { months (1 month but}
    less than 3 months ago)
03 Within the past }6\mathrm{ months (3 months
    but less than 6 months ago)
0 4 \text { Within the past year (6 months but}
    less than 1 year ago)
0 5 \text { Within the past } 5 \text { years (1 year but}
    less than 5 years ago)
0 6 \text { Within the past } 1 0 \text { years (5 years but}
    less than 10 years ago)
0 7 1 0 ~ y e a r s ~ o r ~ m o r e
0 8 ~ N e v e r ~ s m o k e d ~ r e g u l a r l y ~
7 7 \text { DON'T KNOW/NOT SURE}
99 REFUSED
```

C08Q05 ..... USENOW3

```
Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?
INTERVIEWER NOTE: SNUS (RHYMES WITH 'GOOSE')
SNUS (SWEDISH FOR SNUFF) IS A MOIST SMOKELESS TOBACCO, USUALLY SOLD IN SMALL POUCHES THAT ARE PLACED UNDER THE LIP AGAINST THE GUM.
1 Every day
2 Some days
3 Not at all
7 DON'T KNOW/NOT SURE
9 REFUSED
```


## C08END

## Section 9: Alcohol Consumption

## C09INTRO

## C09Q01 <br> ALCDAY5

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

101-107 = DAYS PER WEEK 201-230 = DAYS IN PAST 30 DAYS
$\qquad$ DAYS

| 888 | NO DRINKS IN PAST 30 DAYS | SKP | $\rightarrow$ | C09END |
| :--- | :--- | :--- | :--- | :--- |
| 777 | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ | C09END |
| 999 | REFUSED | SKP | $\rightarrow$ | C09END |
| 101 | MIN |  |  |  |
| 230 | MAX |  |  |  |

## C09Q02 IF - C09Q01 < 777 AVEDRNK2

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?
NOTE: A 40 OUNCE BEER WOULD COUNT AS 3 DRINKS, OR A COCKTAIL DRINK WITH 2 SHOTS WOULD COUNT AS 2 DRINKS.
_ NUMBER OF DRINKS
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX

| C09Q02V | IF - C09Q02 $>15$ AND C09Q02 $<77$ |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| INTERVIEWER YOU INDICATED $\{C 09 Q 02\}$ | DRINKS PER DAY |  |  |  |
| IS THIS CORRECT? |  |  |  |  |
| 1 | YES, CORRECT AS IS, CONTINUE |  |  |  |
| 2 | NO, REASK QUESTION | SKP | $\rightarrow$ | $\mathbf{C 0 9 Q 0 2}$ |

Considering all types of alcoholic beverages, how many times during the past 30 days did you have $\left\{\begin{array}{l}\text { IF } \mathbf{C O 7 Q 0 1}=1,5,4\} \text { or }\end{array}\right.$ more drinks on an occasion?
__ NUMBER OF TIMES
88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
76 MAX
C09Q03V IF - C09Q03 > 15 AND C09Q03 < 77

INTERVIEWER YOU INDICATED \{CO9Q03\} OCCASIONS WHEN THE RESPONDENT HAD 4/5 OR MORE DRINKS.

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP $\rightarrow$ C09Q03
C09Q04 IF - C09Q01 < 777 MAXDRNKS

During the past 30 days, what is the largest number of drinks you had on any occasion?
_ NUMBER OF DRINKS
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX

| C09Q04 | IF - (C09Q04 <> 99 AND C09Q04 <> 77) AND C09Q04 < 77 AND ( $(\mathrm{COPQ01}=1$ AND $(\mathrm{CO9Q04}<5$ AND (C09Q03 < 88 AND C09Q03 <>77)) OR (C09Q03 = 88 AND (C09Q04 > 4 AND C09Q04 < 77)) ) OR (C07Q01 = 2 AND (C09Q04 < 4 AND $(\mathrm{CO9Q03}<88$ AND C09Q03 <>77)) OR (C09Q03 = 88 AND (C09Q04 > 3 AND C09Q04 < 77)))) |
| :---: | :---: |

INTERVIEWER YOU INDICATED \{C09Q04\} DRINKS IS THE LARGEST NUMBER OF DRINKS THE RESPONDENT HAD ON ANY OCCASION BUT THE NUMBER OF TIMES THE RESPONDENT HAD \{IF CO7Q01 = 1, 5, 4\} IS \{C09Q03\}.

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP $\rightarrow \quad$ C09Q04
$\xrightarrow{\operatorname{cosenv}}$

## Section 10: Fruits and Vegetables

```
C10INTRO IF - USEC10 = TRUE
These next questions are about the fruits and vegetables YOU ate
or drank during the past 30 days. Please think about all forms of
fruits and vegetables including cooked or raw, fresh, frozen or
canned. Please think about all meals, snacks, and food consumed
at home and away from home.
I will be asking how often YOU ate or drank each one: for
example, once a day, twice a week, three times a month, and so
forth.
INTERVIEWER NOTE: IF RESPONDENT RESPONDS LESS THAN ONCE PER
MONTH, PUT "O" TIMES PER MONTH. IF RESPONDENT GIVES A NUMBER
WITHOUT A TIME FRAME, ASK:
```

"Was that per day, week, or month?"

During the past month, how many times per day, week or month did you drink 100\% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include $100 \%$ juice
INTERVIEWER NOTE: DO NOT INCLUDE FRUIT DRINKS WITH ADDED SUGAR OR OTHER ADDED SWEETENERS LIKE KOOL-AID, HI-C, LEMONADE, CRANBERRY COCKTAIL, TAMPICO, SUNNY DELIGHT, SNAPPLE, FRUITOPIA, GATORADE, POWER-ADE, OR YOGURT DRINKS.

DO NOT INCLUDE FRUIT JUICE DRINKS THAT PROVIDE 100\% DAILY VITAMIN C BUT INCLUDE ADDED SUGAR.

DO NOT INCLUDE VEGETABLE JUICES SUCH AS TOMATO AND V8 IF RESPONDENT PROVIDES BUT INCLUDE IN "OTHER VEGETABLES" QUESTION C10Q06.

DO INCLUDE 100\% PURE JUICES INCLUDING ORANGE, MANGO, PAPAYA, PINEAPPLE, APPLE, GRAPE (WHITE OR RED), OR GRAPEFRUIT. ONLY COUNT CRANBERRY JUICE IF THE R PERCEPTION IS THAT IT IS 100\% JUICE WITH NO SUGAR OR ARTIFICIAL SWEETENER ADDED. 100\% JUICE BLENDS SUCH AS ORANGE-PINEAPPLE, ORANGE-TANGERINE, CRANBERRY-GRAPE ARE ALSO ACCEPTABLE AS ARE FRUIT-VEGETABLE 100\% BLENDS. 100\% PURE JUICE FROM CONCENTRATE (I.E., RECONSTITUTED) IS COUNTED.

```
101-199 = PER DAY 201-299 = PER WEEK 300-399 = PER MONTH
```

$\qquad$ TIMES

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX


During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit.

READ ONLY IF NECESSARY:

```
"Your best guess is fine. Include apples, bananas, applesauce,
oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk
melon, papaya, lychees, star fruit, pomegranates, mangos, grapes,
and berries such as blueberries and strawberries."
INTERVIEWER NOTE: DO NOT COUNT FRUIT JAM, JELLY, OR FRUIT
PRESERVES.
DO NOT INCLUDE DRIED FRUIT IN READY-TO-EAT CEREALS.
DO INCLUDE DRIED RAISINS, CRAN-RAISINS IF RESPONDENT TELLS YOU -
BUT DUE TO THEIR SMALL SERVING SIZE THEY ARE NOT INCLUDED IN THE
PROMPT.
DO INCLUDE CUT UP FRESH, FROZEN, OR CANNED FRUIT ADDED TO YOGURT,
CEREAL, JELLO, AND OTHER MEAL ITEMS.
INCLUDE CULTURALLY AND GEOGRAPHICALLY APPROPRIATE FRUITS THAT ARE
NOT MENTIONED (E.G. GENIP, SOURSOP, SUGAR APPLE, FIGS, TAMARIND,
BREAD FRUIT, SEA GRAPES, CARAMBOLA, LONGANS, LYCHEES, AKEE,
RAMBUTAN, ETC.).
```

101-199 = PER DAY 201-299 = PER WEEK 300-399 = PER MONTH
$\qquad$
TIMES
555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX


INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS FRUIT \{C10Q02 SHOWTIME $\}$

IS THIS CORRECT?

| 1 |  |  |
| :--- | :--- | :--- | :--- |
| 2 | YES, CORRECT AS IS, CONTINUE |  |
| NO, REASK QUESTION | SKP $\quad$ C10Q02 |  |

During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do $\mathbb{N O T}$ include long green beans.

READ ONLY IF NECESSARY:
"Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."

INTERVIEWER NOTE: INCLUDE SOYBEANS ALSO CALLED EDAMAME, TOFU (BEAN CURD MADE FROM SOYBEANS), KIDNEY, PINTO, HUMMUS, LENTILS, BLACK, BLACK-EYED PEAS, COW PEAS, LIMA BEANS AND WHITE BEANS.

INCLUDE BEAN BURGERS INCLUDING GARDEN BURGERS AND VEGGIE BURGERS.
INCLUDE FALAFEL AND TEMPEH.
101-199 = PER DAY 201-299 = PER WEEK 300-399 = PER MONTH
$\qquad$ TIMES

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX

## C10Q03V IF - (C10Q03 > 105 AND C10Q03 < 201) OR (C10Q03 > <br> 235 AND C10Q03 < 300)

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS COOKED OR CANNED BEANS \{C10Q03 SHOWTIME\}

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP $\rightarrow$ C10Q03

During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?
INTERVIEWER NOTE: EACH TIME A VEGETABLE IS EATEN IT COUNTS AS ONE TIME.

INTERVIEWER NOTE: INCLUDE ALL RAW LEAFY GREEN SALADS INCLUDING SPINACH, MESCLUN, ROMAINE LETTUCE, BOK CHOY, DARK GREEN LEAFY LETTUCE, DANDELIONS, KOMATSUNA, WATERCRESS, AND ARUGULA.

DO NOT INCLUDE ICEBERG (HEAD) LETTUCE IF SPECIFICALLY TOLD TYPE OF LETTUCE. INCLUDE ALL COOKED GREENS INCLUDING KALE, COLLARD GREENS, CHOYS, TURNIP GREENS, MUSTARD GREENS.

101-199 = PER DAY 201-299 = PER WEEK 300-399 = PER MONTH
$\qquad$ TIMES

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX

| C10Q04V | IF $-(C 10 Q 04>105$ AND C10Q04 < 201) OR (C10Q04 > |
| :--- | :--- | :--- | :--- |
|  | 235 AND C10Q04 < 300) |

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS DARK GREEN VEGETABLES \{C10Q04 SHOWTIME\}
IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP $\rightarrow$ C10Q04

## C10Q05

During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?
READ ONLY IF NEEDED:
"Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: INCLUDE ALL FORMS OF CARROTS INCLUDING LONG OR BABY-CUT.

INCLUDE CARROT-SLAW (E.G. SHREDDED CARROTS WITH OR WITHOUT OTHER VEGETABLES OR FRUIT).

INCLUDE ALL FORMS OF SWEET POTATOES INCLUDING BAKED, MASHED, CASSEROLE, PIE, OR SWEET POTATOES FRIES.

INCLUDE ALL HARD-WINTER SQUASH VARIETIES INCLUDING ACORN, AUTUMN CUP, BANANA, BUTTERNUT, BUTTERCUP, DELICATE, HUBBARD, KABOCHA (ALSO KNOWN AS AN EBISU, DELICA, HOKA, HOKKAIDO, OR JAPANESE PUMPKIN; BLUE KURI), AND SPAGHETTI SQUASH. INCLUDE ALL FORMS INCLUDING SOUP.

INCLUDE PUMPKIN, INCLUDING PUMPKIN SOUP AND PIE. DO NOT INCLUDE PUMPKIN BARS, CAKE, BREAD OR OTHER GRAIN-BASED DESERT-TYPE FOOD CONTAINING PUMPKIN (I.E. SIMILAR TO BANANA BARS, ZUCCHINI BARS WE DO NOT INCLUDE).

101-199 = PER DAY 201-299 = PER WEEK 300-399 = PER MONTH
$\qquad$ TIMES

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX


INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS ORANGE COLORED VEGETABLES \{C10Q05 SHOWTIME\}

IS THIS CORRECT?

| 1 |  |  |
| :--- | :--- | :--- | :--- |
| 2 | YES, CORRECT AS IS, CONTINUE |  |
| NO, REASK QUESTION | SKP $\quad \rightarrow \quad$ C10205 |  |

Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.
READ ONLY IF NEEDED:
"Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: INCLUDE CORN, PEAS, TOMATOES, OKRA, BEETS, CAULIFLOWER, BEAN SPROUTS, AVOCADO, CUCUMBER, ONIONS, PEPPERS (RED, GREEN, YELLOW, ORANGE) ; ALL CABBAGE INCLUDING AMERICANSTYLE COLE-SLAW; MUSHROOMS, SNOW PEAS, SNAP PEAS, BROAD BEANS, STRING, WAX-, OR POLE-BEANS.

INCLUDE ANY FORM OF THE VEGETABLE (RAW, COOKED, CANNED, OR FROZEN) .

DO INCLUDE TOMATO JUICE IF RESPONDENT DID NOT COUNT IN FRUIT JUICE.

INCLUDE CULTURALLY AND GEOGRAPHICALLY APPROPRIATE VEGETABLES THAT ARE NOT MENTIONED (E.G. DAIKON, JICAMA, ORIENTAL CUCUMBER, ETC.).

DO NOT INCLUDE RICE OR OTHER GRAINS.
DO NOT INCLUDE PRODUCTS CONSUMED USUALLY AS CONDIMENTS INCLUDING KETCHUP, CATSUP, SALSA, CHUTNEY, RELISH.

101-199 = PER DAY 201-299 = PER WEEK 300-399 = PER MONTH
$\qquad$ TIMES

555 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX

```
C10Q06V IF - (C10Q06 > 105 AND C10Q06 < 201) OR (C10Q06 > 235 AND C10Q06 < 300)
```

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS OTHER VEGETABLES \{C10Q06 SHOWTIME\}

IS THIS CORRECT?

| 1 |  |  |
| :--- | :--- | :--- | :--- |
| 2 | YES, CORRECT AS IS, CONTINUE |  |
| NO, REASK QUESTION | SKP $\quad \rightarrow \quad$ C10206 |  |

$\xrightarrow{c l u}$

## Section 11: Exercise (Physical Activity)

## C11INTRO

## C11Q01 EXERANY2

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER NOTE: IF RESPONDENT DOES NOT HAVE A "REGULAR JOB DUTY" OR IS RETIRED, THEY MAY COUNT THE PHYSICAL ACTIVITY OR EXERCISE THEY SPEND THE MOST TIME DOING IN A REGULAR MONTH.

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

1 YES
2 NO SKP $\rightarrow$ C11Q08

7 DON'T KNOW/NOT SURE $\quad$ SKP $\rightarrow$ C11Q08
9 REFUSED $\quad$ SKP $\rightarrow$ C11Q08

| C11Q02 IF $-\mathrm{C11Q01}=1$ | EXRACT11 |
| :--- | :--- | :--- |

What type of physical activity or exercise did you spend the most time doing during the past month?
INTERVIEWER NOTE: IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE CODING LIST A, CHOOSE THE OPTION LISTED AS "OTHER".
__ (Specify) [See Coding List A]

| 77 | DON'T KNOW/NOT SURE | SKP | $\rightarrow$ C11Q08 |
| :--- | :--- | :--- | :--- |
| 99 | REFUSED | SKP | $\rightarrow$ C11Q08 |



How many times per week or per month did you take part in this activity during the past month?

101-199 = PER WEEK 201-299 = PER MONTH
$\qquad$ TIMES

777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
299 MAX


```
INTERVIEWER: YOU RECORDED THAT THE RESPONDENT TAKES PART IN THE
ACTIVITY RECORDED IN C11Q02 {C11Q03 SHOWTIME}
IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP 隹 C11Q03
```



And when you took part in this activity, for how many minutes or hours did you usually keep at it?

EXAMPLE 1 HOUR 30 MINUTES ENTER AS "130"
_ HOURS AND MINUTES
777 DON'T KNOW/NOT SURE
999 REFUSED
001 MIN
659 MAX

| C11Q04V | IF $-\mathrm{C11Q04}>430$ AND C11Q04 $<777$ |
| :--- | :--- | :--- | :--- | :--- |

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT KEEPS AT THIS ACTIVITY FOR \{C11Q04 HOURMIN\}

IS THIS CORRECT?

| 1 | YES, CORRECT AS IS, CONTINUE |  |
| :--- | :--- | :--- | :--- |
| 2 | NO, REASK QUESTION |  |
| SKP |  |  |

## C11Q05 <br> IF - C11Q02 > 0 AND C11Q02 <> 77 AND CQ11Q02 <> <br> 99 <br> EXRACT21

What other type of physical activity gave you the next most exercise during the past month?

INTERVIEWER NOTE: IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE CODING LIST A, CHOOSE THE OPTION LISTED AS "OTHER".

- (Specify) [See Coding List A]

| 88 | NO OTHER ACTIVITY | SKP | $\rightarrow$ C11Q08 |
| :--- | :--- | :--- | :--- | :--- |
| 77 | DON' T KNOW/NOT SURE | SKP | $\rightarrow$ C11Q08 |
| 99 | REFUSED | SKP | $\rightarrow$ C11Q08 |

```
C11Q05V IF - C11Q02 = C11Q05
```

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT TAKES PART IN THE SAME ACTIVITY RECORDED IN C11Q02.

FIRST ACTIVITY $($ C11Q02 $)=\{$ C11Q02 $\}$
SECOND ACTIVITY (C11Q05) $=$ \{C11Q05\}
IS THIS CORRECT?
1 NO, CHANGE ACTIVITY IN QUESTION C11Q05 SKP $\rightarrow$ C11Q05
2 NO, CHANGE ACTIVITY IN QUESTION C11Q02 SKP $\rightarrow$ C11Q02
3 YES, CORRECT AS IS, CONTINUE

| C11Q06 | IF $-\mathrm{C11Q05}>$ | 0 | AND | $\mathrm{C11Q05}$ | $<>$ | 77 | AND C11Q05 $<>$ |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | 99 AND C11Q05 | $<>88$ | 88 |  | EXEROFT2 |  |  |

How many times per week or per month did you take part in this activity during the past month?
101-199 = PER WEEK 201-299 = PER MONTH
$\qquad$ TIMES

777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
299 MAX


INTERVIEWER: YOU RECORDED THAT THE RESPONDENT TAKES PART IN THE ACTIVITY RECORDED IN C11Q05 \{C11Q06 SHOWTIME\}

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION $\quad$ SKP $\rightarrow \quad$ C11Q06


And when you took part in this activity, for how many minutes or hours did you usually keep at it?

EXAMPLE 1 HOUR 30 MINUTES ENTER AS "130"
$\qquad$ HOURS AND MINUTES

777 DON'T KNOW/NOT SURE
999 REFUSED
001 MIN
659 MAX


## Section 12: Arthritis Burden

If C06Q09 = 1 (yes) then continue, else go to next section.
$\square$
C12Q01 IF - C06Q09 = 1 LMTJOIN3

Next, I will ask you about your arthritis.
Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

INTERVIEWER NOTE: IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN SAY:
"Please answer the question based on your current experience,
regardless of whether you are taking any medication or
treatment."
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
C12Q02 should be asked of all respondents regardless of employment status.

## C12Q02

In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?
INTERVIEWER NOTE: IF RESPONDENT GIVES AN ANSWER TO EACH ISSUE (WHETHER RESPONDENT WORKS, TYPE OF WORK, OR AMOUNT OF WORK), THEN IF ANY ISSUE IS "YES" MARK THE OVERALL RESPONSE AS "YES."

IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN SAY:
"Please answer the question based on your current experience, regardless of whether you are taking any medication or
treatment."
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

| C12Q03 IF $-\mathrm{C06Q09}=1$ | ARTHSOCL |
| :--- | :--- | :--- |

During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?
INTERVIEWER NOTE: IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN SAY:
"Please answer the question based on your current experience, regardless of whether you are taking any medication or
treatment."
PLEASE READ:
1 A lot
2 A little
3 Not at all
7 DON'T KNOW/NOT SURE
9 REFUSED

CATI NOTE: C12Q04 should export to variable C12Q04XX where if C12Q04 = 88, variable C12Q04XX = 00.

## C12Q04

Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken
medication. DURING THE PAST 30 DAYS, how bad was your joint pain
ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.
__ ENTER NUMBER [01-10]

88 ZERO
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
10 MAX
$\xrightarrow{\square l l l}$

Section 13: Seatbelt Use
C13INTR0

```
C13Q01 SEATBELT
How often do you use seat belts when you drive or ride in a car?
Would you say-
PLEASE READ:
1 Always
2 Nearly always
3 Sometimes
4 Seldom
5 Never
DON'T KNOW/NOT SURE
8 NEVER DRIVE OR RIDE IN A CAR
9 REFUSED
```


## C13END

## Section 14: Immunization

## C14INTRO

## C14Q01

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist ${ }^{T M}$.

During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

READ IF NECESSARY:
"A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot."
1 YES
2 NO $\quad$ SKP $\rightarrow$ C14Q04
7 DON' T KNOW/NOT SURE $\quad$ SKP $\quad \rightarrow \quad$ C14Q04
9 REFUSED $\quad$ SKP $\rightarrow$ C14Q04

## C14Q02 <br> $\mathrm{IF}-\mathrm{C} 14 \mathrm{Q} 01=1$

SLSHTMY2
During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
$\qquad$ MONTH/YEAR
777777 DON'T KNOW/NOT SURE
999999 REFUSED
012014 MIN
122015 MAX
CATI NOTE: Do not allow 77 for first two month digits. Please set MIN to no more than 12 months from the current month. Ex: Call made in $06 / 2015$, response can be no older than $06 / 2014$.

At what kind of place did you get your last flu shot/vaccine?
INTERVIEWER NOTE: IF RESPONDENT SAYS DON'T KNOW/NOT SURE, PROBE WITH:
"How would you describe the place where you went to get your most recent flu vaccine?"
READ ONLY IF NECESSARY
01 A doctor's office or health maintenance organization (HMO)
02 A health department
03 Another type of clinic or health center (Example: a community health center)
04 A senior, recreation, or community center
05 A store (Examples: supermarket, drug store)
06 A hospital (Example: inpatient)
07 An emergency room
08 Workplace
09 Some other kind of place
10 RECEIVED VACCINATION IN CANADA/MEXICO (VOLUNTEERED - DO NOT READ)
11 A school
77 DON'T KNOW/NOT SURE
99 REFUSED

## C14Q04

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

## C14END

## Section 15: HIV/AIDS

## C15INTRO

## C15Q01

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

| 1 | YES |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| 2 | NO | SKP | $\rightarrow$ | C15END |
| 7 | DON' T KNOW/NOT SURE |  |  | C15END |
| 9 | REFUSED | SKP | $\rightarrow$ | C15END |

C15Q02 IF - C15Q01 = 1 HIVTSTD3

Not including blood donations, in what month and year was your last HIV test?

NOTE: IF RESPONSE IS BEFORE JANUARY 1985, CODE "DON'T KNOW."
CATI INSTRUCTION: IF THE RESPONDENT REMEMBERS THE YEAR BUT CANNOT REMEMBER THE MONTH, CODE THE FIRST TWO DIGITS 77 AND THE LAST FOUR DIGITS FOR THE YEAR.
$\qquad$ CODE MONTH AND YEAR
777777 DON'T KNOW/NOT SURE
999999 REFUSED
011985 MIN
772015 MAX

```
C15Q03 IF - C15Q01 = 1 WHRTST10
Where did you have your last HIV test - at a private doctor or
HMO office, at a counseling and testing site, at an emergency
room, as an inpatient in a hospital, at a clinic, in a jail or
prison, at a drug treatment facility, at home, or somewhere else?
0 1 ~ P r i v a t e ~ d o c t o r ~ o r ~ H M O ~ o f f i c e
02 Counseling and testing site
09 Emergency room
03 Hospital inpatient
04 Clinic
0 5 ~ J a i l ~ o r ~ p r i s o n ~ ( o r ~ o t h e r ~ c o r r e c t i o n a l ~
        facility)
06 Drug treatment facility
07 At home
08 Somewhere else
77 DON'T KNOW/NOT SURE
99 REFUSED
```

C15END

Transition to Modules and/or State-Added Questions

| TRANS |
| :--- | :--- |
| Next, I have just a few questions about some other health topics. |

## Module 6: Cognitive Decline Module

CATI Note: If respondent is 45 years of age or older continue, else go to next module

M06INTRO IF - C07Q02 $>44$ OR C07Q02 $=07$ OR C07Q02 $=09$

## M06Q01

The next few questions ask about difficulties in thinking or remembering that can make a big difference in everyday activities. This does not refer to occasionally forgetting your keys or the name of someone you recently met, which is normal. This refers to confusion or memory loss that is happening more often or getting worse, such as forgetting how to do things you've always done or forgetting things that you would normally know. We want to know how these difficulties impact you.

During the past 12 months, have you experienced confusion or memory loss that is happening more often or is getting worse?

1 YES
2 NO SKP $\rightarrow$ M06END

7 DON'T KNOW
9 REFUSED SKP $\rightarrow$ M06END

## M06Q02 <br> IF - M06Q01 = 1 OR M06Q01 = 7 <br> CDHOUSE

During the past 12 months, as a result of confusion or memory loss, how often have you given up day-to-day household activities or chores you used to do, such as cooking, cleaning, taking medications, driving, or paying bills?

PLEASE READ
1 Always
2 Usually
3 Sometimes
4 Rarely
5 Never

7 DON'T KNOW
9 REFUSED


| M06Q06 $\quad$ IF - M06Q01 $=1$ OR M06Q01 $=7$ |
| :--- |
| Have you or anyone else discussed your confusion or memory loss |
| with a health care professional? |
| PLEASE READ |
| $1 \quad$ YES |
| $2 \quad$ NO |
| $7 \quad$ DON'T KNOW |
| $9 \quad$ REFUSED |
| M06END |

## Module 25: Anxiety and Depression

## M25INTRO

## M25Q01 <br> ADPLEASR

Now, I am going to ask you some questions about your mood. When answering these questions, please think about how many days each of the following has occurred in the past 2 weeks.

Over the last 2 weeks, how many days have you had little interest or pleasure in doing things?
_ 01-14 DAYS

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
14 MAX

## M25Q02

Over the last 2 weeks, how many days have you felt down, depressed or hopeless?
_ 01-14 DAYS

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
14 MAX

| M25Q03 | ADSLEEP |
| :--- | :--- |
| Over the last 2 weeks, how many days have you had trouble falling |  |
| asleep or staying asleep or sleeping too much? |  |
| - $01-14$ DAYS |  |
| 88 |  |
| 77 | NONE |
| 99 | REFUSED |
| 01 | MIN |
| 14 | MAX |



Over the last 2 weeks, how many days have you felt bad about yourself or that you were a failure or had let yourself or your family down?
_ 01-14 DAYS

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
14 MAX

```
M25Q07
ADTHINK
Over the last 2 weeks, how many days have you had trouble concentrating on things, such as reading the newspaper or watching the TV?
_ 01-14 DAYS
88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
14 MAX
```

```
M25Q08 ADMOVE
```

M25Q08 ADMOVE
Over the last 2 weeks, how many days have you moved or spoken so
Over the last 2 weeks, how many days have you moved or spoken so
slowly that other people could have noticed? Or the opposite -
slowly that other people could have noticed? Or the opposite -
being so fidgety or restless that you were moving around a lot
being so fidgety or restless that you were moving around a lot
more than usual?
more than usual?
__ 01-14 DAYS
__ 01-14 DAYS
8 NONE
8 NONE
77 DON'T KNOW/NOT SURE
77 DON'T KNOW/NOT SURE
9 9 ~ R E F U S E D
9 9 ~ R E F U S E D
01 MIN
01 MIN
14 MAX
14 MAX
Are you now taking medicine or receiving treatment from a doctor or other health professional for any type of mental health condition or emotional problem?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

```
```

M25Q10
ADANXEV
Has a doctor or other healthcare provider EVER told you that you have an anxiety disorder (including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, posttraumatic stress disorder, or social anxiety disorder)?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED

```

M25END

\section*{State Added Section 01: Residence}

\section*{ND01INTRO}

Cati Note: On cell phone. ND01Q01 will be auto filled with 888 if ND06Q01 is asked.
\begin{tabular}{|ll|l|}
\hline ND01Q01 & IF - QSTPATH \(=10\) OR (QSTPATH \(=20\) \& CPState \(=\) \\
\hline
\end{tabular}

How long have you lived in North Dakota?
INTERVIEWER NOTE: THIS QUESTION REFERS TO CONSECUTIVE TIME. IF RESPONDENT WAS A RESIDENT, LEFT AND HAS NOW COME BACK, WE ARE INTERESTED IN HOW LONG THEY HAVE BEEN BACK.

101-199 NUMBER OF DAYS 201-299 NUMBER OF WEEKS
301-399 NUMBER OF MONTHS 401-499 NUMBER OF YEARS
\(\qquad\) ENTER AMOUNT OF TIME
555 ALL MY LIFE
888 DO NOT LIVE IN NORTH DAKOTA FULL TIME
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
499 MAX

ND01END

\section*{State Added Section 02: Occupation}

\section*{ND02INTRO}
```

ND02Q01 IF - C07Q15 = 1 OR C07Q15 = 2
In what county do you work?
INTERVIEWER NOTE: IF SOMEONE WORKS FROM HOME, WE ARE INTERESTED
IN THEIR HOME COUNTY RATHER THAN THE COMPANY'S COUNTY.
ENTER FIRST LETTER OF COUNTY NAME
___ ANSI COUNTY CODE (FORMERLY FIPS
COUNTY CODE)
888 OTHER
7 7 7 DON'T KNOW/NOT SURE
999 REFUSED
001 MIN
775 MAX

```
ND02Q02 IF - C07Q15 = 1 OR C07Q15 = 2
Is your job primarily related to the oil and gas industry? This
would include truckers who primarily haul products or waste for
the oil fields.
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
ND02Q03 IF - C07Q15 = 1 OR C07Q15 = 2
About how many hours do you work per week at all of your jobs and
businesses combined?
\(\qquad\)
    NUMBER OF HOURS (01-76 OR MORE)
7676 OR MORE
98 DON'T WORK
77 DON'T KNOW/NOT SURE
99 REFUSED
76 MAX
\(\xrightarrow{\text { NOOZNO }}\)

\section*{State Added Section 03: Indian Health}

\section*{ND03INTRO}
```

ND03Q01 IF - C07Q04 = 30
Do you live on a reservation or Indian Service Area?
1 Yes, reservation
2 Yes, Indian Service Area
3 No, neither
DON'T KNOW/NOT SURE
9 REFUSED

```


Which tribe?
```

INTERVIEWER NOTE: THREE AFFILIATED TRIBES = MANDAN + ARIKARA +
HIDATSA. CODE INDIVIDUAL TRIBE IF PROVIDED

```
READ IF NECESSARY
01 Mandan
02 Arikara
03 Hidatsa
04 Three Affiliated Tribes
05 Spirit Lake Sioux
06 Standing Rock Sioux
07 Other Sioux
08 Chippewa
09 Other
77 DON'T KNOW/NOT SURE
99 REFUSED
\begin{tabular}{l}
\begin{tabular}{|ll|}
\hline ND03Q04 & IF - ND03Q02 \(=1\) \\
\hline How much of your health care do you obtain from an Indian Health \\
Service (IHS) clinic? \\
1 & All \\
2 & Most \\
3 & Some \\
4 & Little \\
5 & None \\
7 & DON'T KNOW/NOT SURE \\
9 & REFUSED
\end{tabular} \\
\hline ND03END
\end{tabular}

\section*{State Added Section 04: Health Insurance}

ND04INTRO


\section*{State Added Section 05: Social Context}

ND05INTR0

\section*{ND05Q01}

Are you using alcohol or drugs to cope with stress?
1 YES
2 NO
7 DON'T KNOW/NOT SURE
9 REFUSED
```

ND05Q02
In the past }12\mathrm{ months, have you been intentionally harmed or hurt
by another person? This might include minor physical injuries
such as bruises, welts or small cuts.
1 YES
2 NO
DON'T KNOW/NOT SURE
9 REFUSED

```
```

ND05Q03
At any time of the day or night, do you feel safe in your
neighborhood...
1 Always
2 Usually
3 Sometimes
4 Rarely, or
5 Never
DON'T KNOW/NOT SURE
9 REFUSED

```
ND05END

\section*{State Added 06: Out of State Residence}

ND06INTRO
\begin{tabular}{|ll|l|l|}
\hline ND06Q01 & IF - CPState \(=2\) AND QSTPATH \(=20\) \\
\hline
\end{tabular}
During the past twelve months, how many days, weeks or months have you spent in the state of North Dakota?

101-199 NUMBER OF DAYS 201-299 NUMBER OF WEEKS
301-399 NUMBER OF MONTHS
_ ENTER AMOUNT OF TIME

888 NONE/NO TIME IN NORTH DAKOTA
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
399 MAX

ND06END

\section*{Closing Statement}

\section*{CLOSING}

That was my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.```

