



SB 2012

Senate Appropriations Committee
Senator Bekkedahl, Chairman

Life Skills and Transition Center | January 17, 2023

NORTH
Dakota
Be Legendary.

| Health & Human Services

Who we are

LSTC serves as a specialized resource to the network of approximately 120 private residential facilities and thousands of families who have a loved one with an intellectual or developmental disability for whom they are a caregiver or guardian.

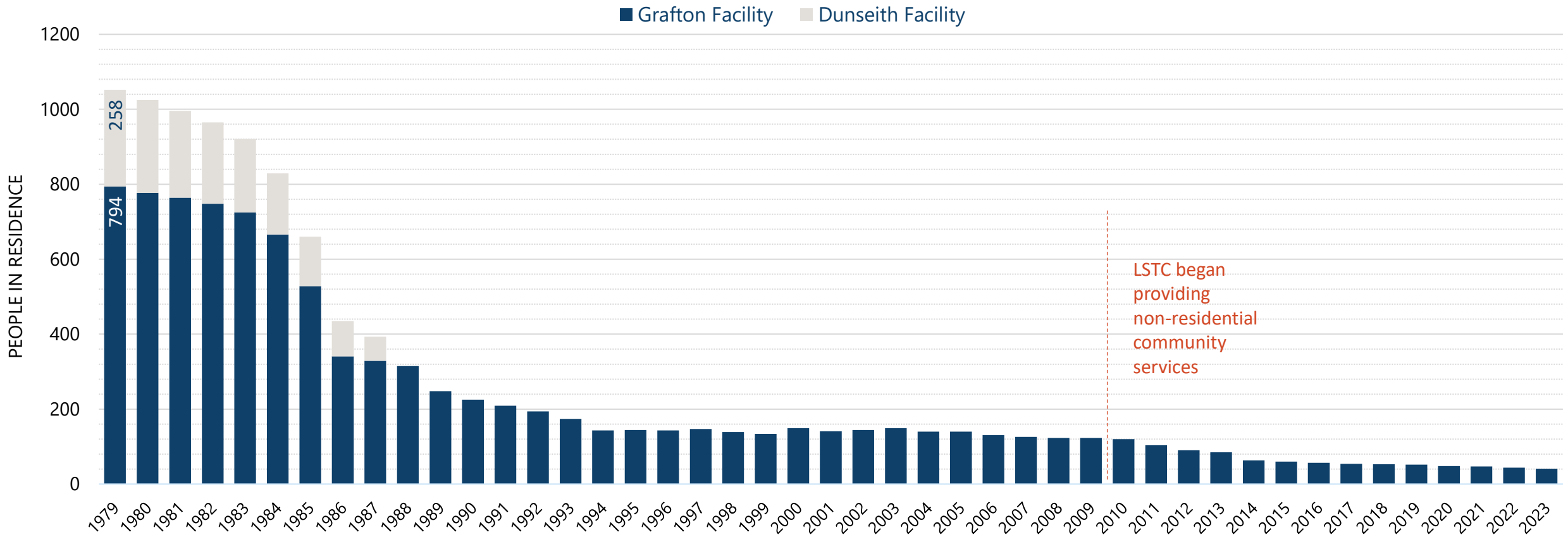
Who we serve

Children and adults with complex and co-occurring disabilities who are not always well-served by the current continuum of services.

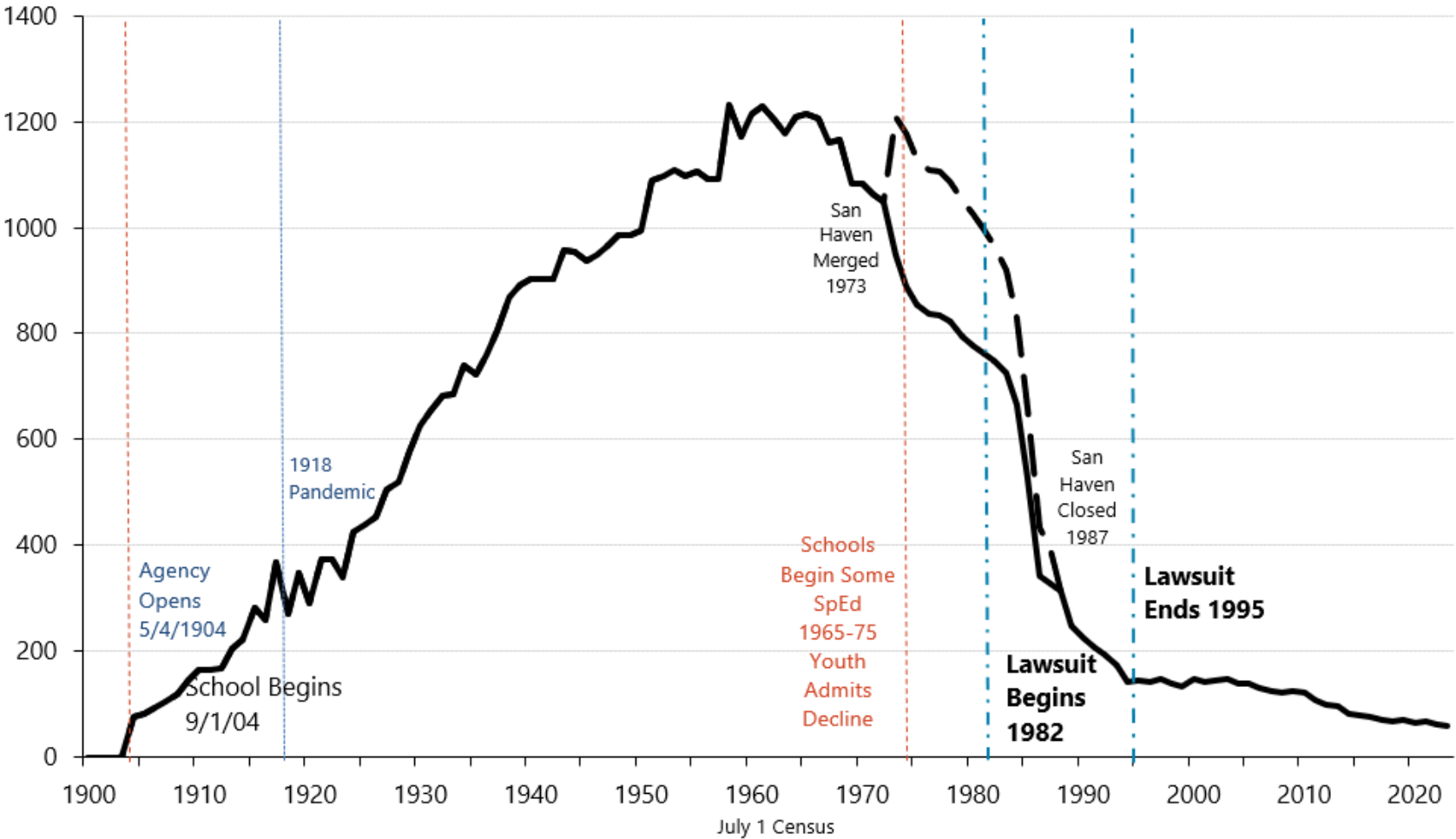


LSTC's role in ND has changed significantly in the last 40 years

1979 -2023 CENSUS | GRAFTON & DUNSEITH



LSTC reached its peak census in 1958, when 1,231 children and adults lived in the state's residential institution



LSTC Program & Services

What we do

Provide specialty care and support for people experiencing crisis and/or who need stabilization; work together with guardians to identify opportunities for each person to live in a community setting of their choice wherever and whenever possible.

RESIDENTIAL Crisis / Stabilization (Specialized ICF)

Crisis Residential

Short-term Stabilization
Residential

Transitioning to Community
Residential

Vocational Services

Long-term specialized residential

NON-RESIDENTIAL Statewide Stabilization Supports

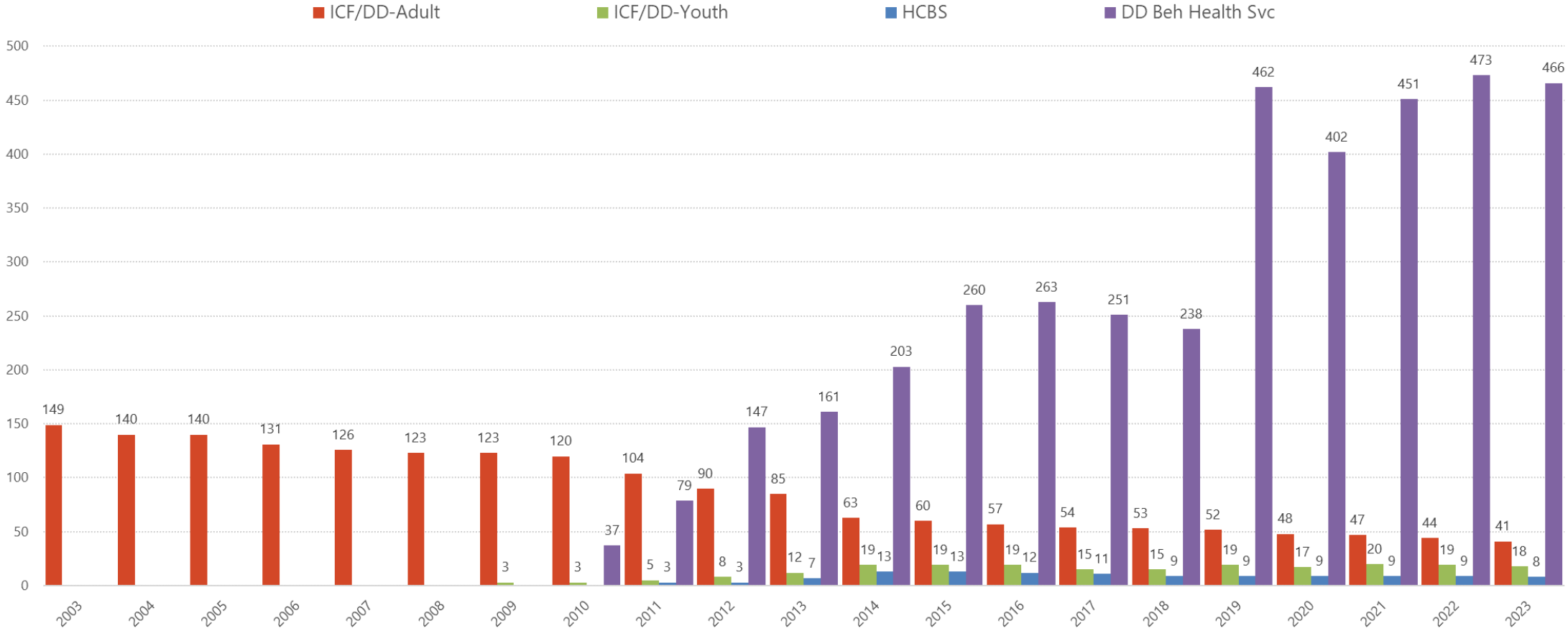
Applied Behavioral Analysts

Statewide crisis/stabilization
team

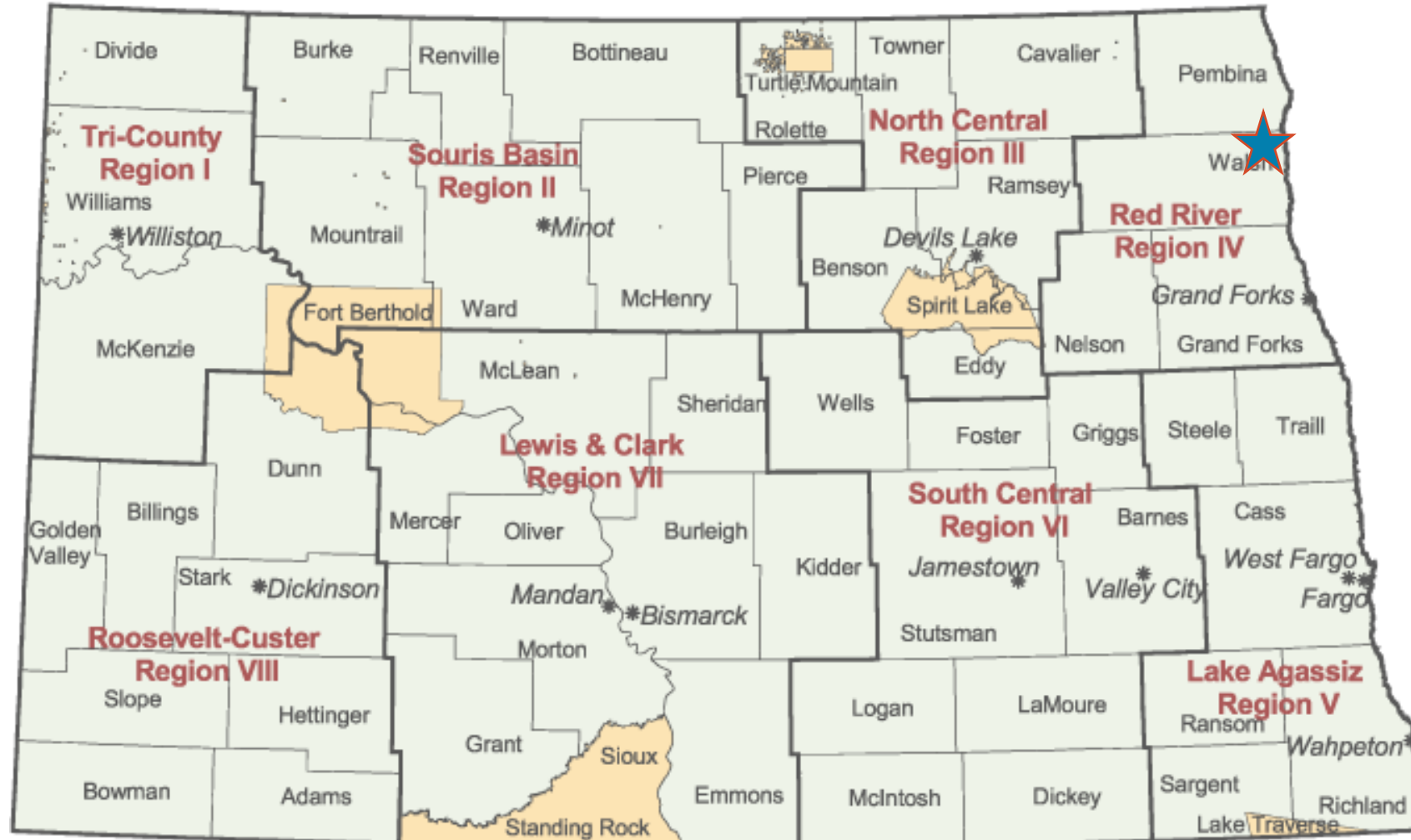
Therapeutic Clinic

Adaptive Equipment Center

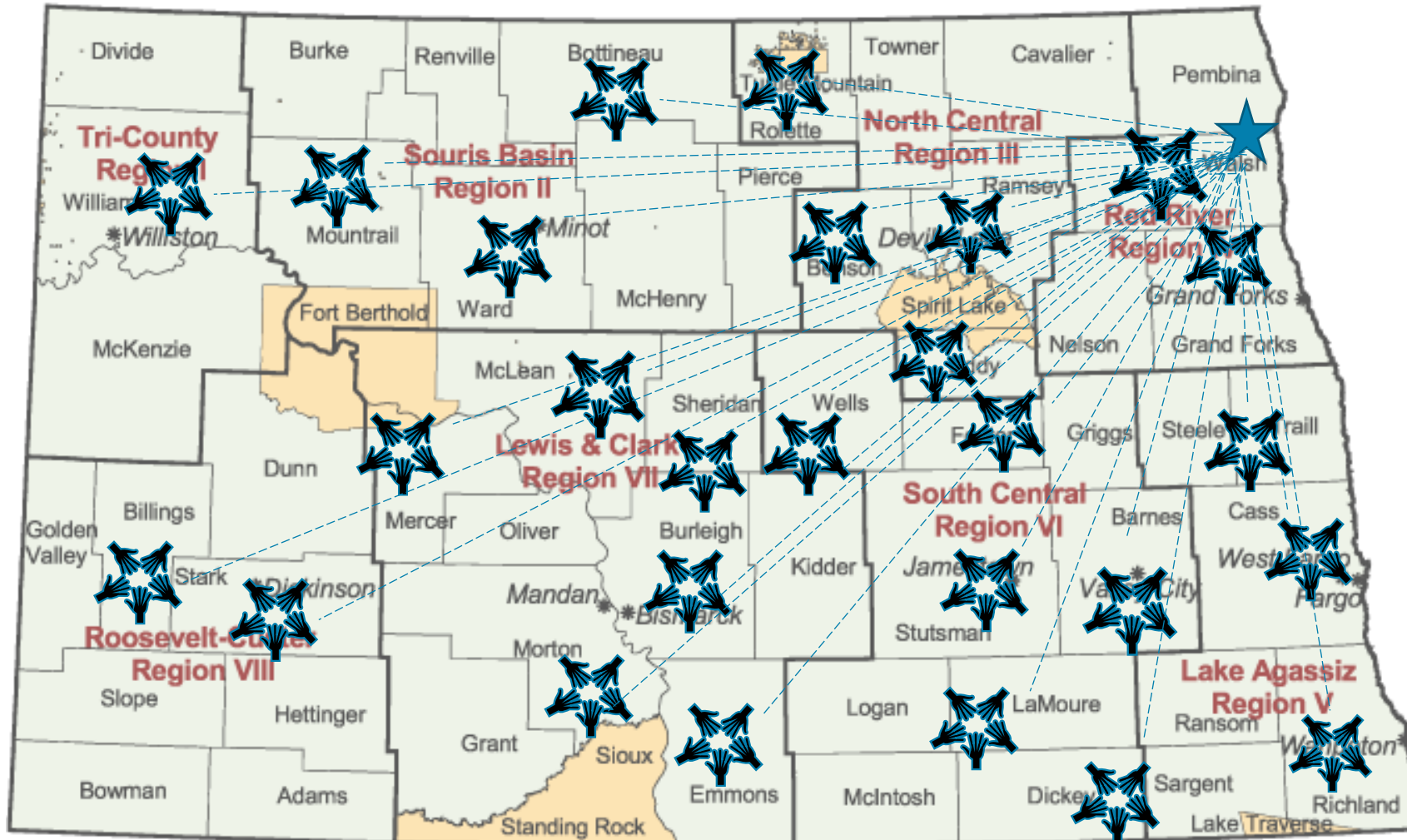
Role of LSTC in state DD system continues to evolve with greater investment in community supports



Historically LSTC was a campus-based residential facility



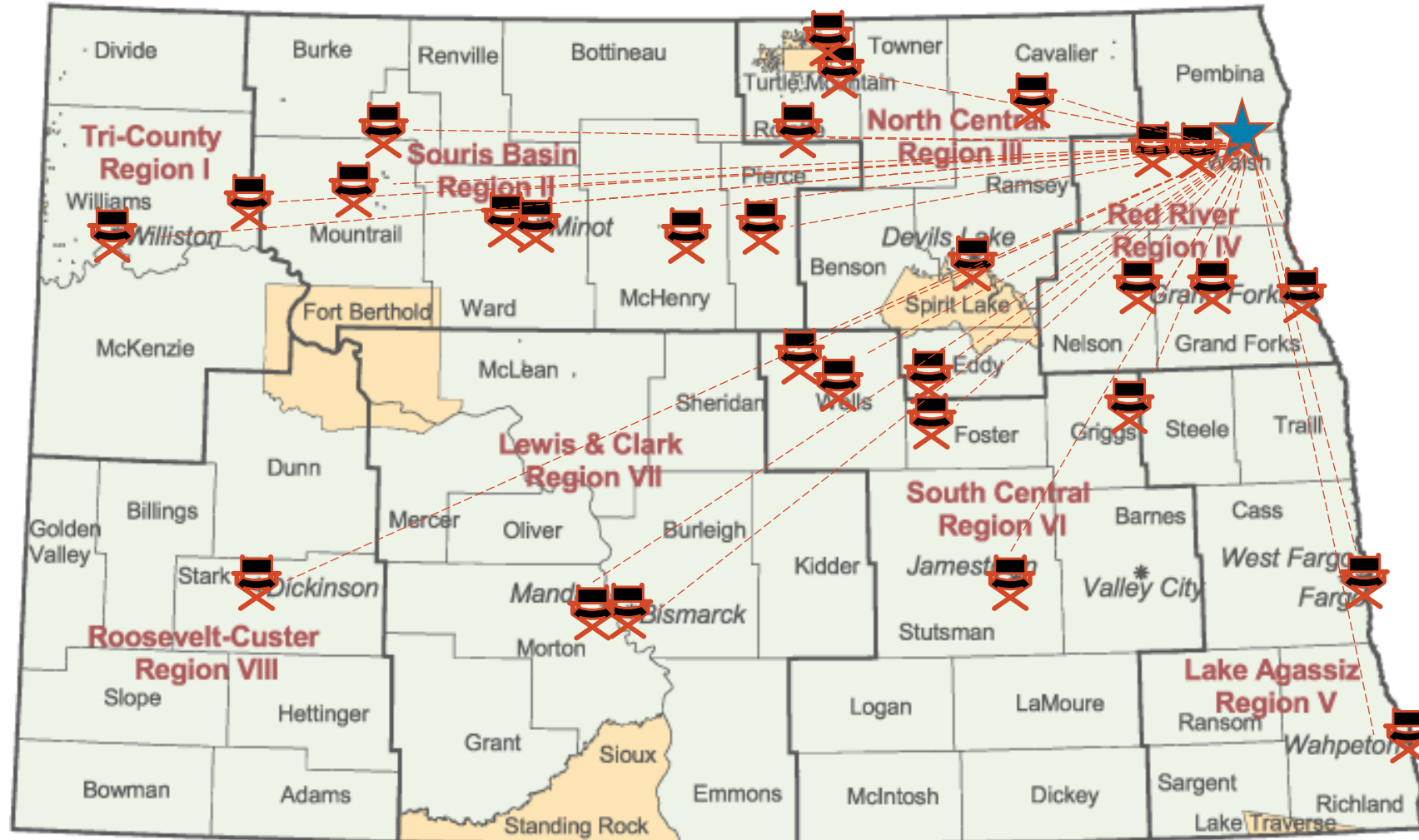
LSTC provided in-community transition and stabilization support to 129 people living in 21 different communities



County – People served (# of services provided July 2021 – Dec 2022)

Barnes - 3 (47)	Ramsey - 7 (42)
Bottineau - 1 (36)	Richland - 8 (42)
Burleigh - 12 (71)	Rolette - 1 (14)
Cass - 24 (457)	Stark - 3 (23)
Eddy - 1 (1)	Stutsman - 13 (63)
Foster - 1 (17)	Walsh - 23 (130)
Grand Forks - 14 (258)	Ward - 12 (119)
Morton - 2 (9)	Wells - 1 (2)
Mountrail - 2 (3)	Williams - 1 (2)

219 people had their ability to move about their home and community enhanced by LSTC's Customized Adaptive Equipment service



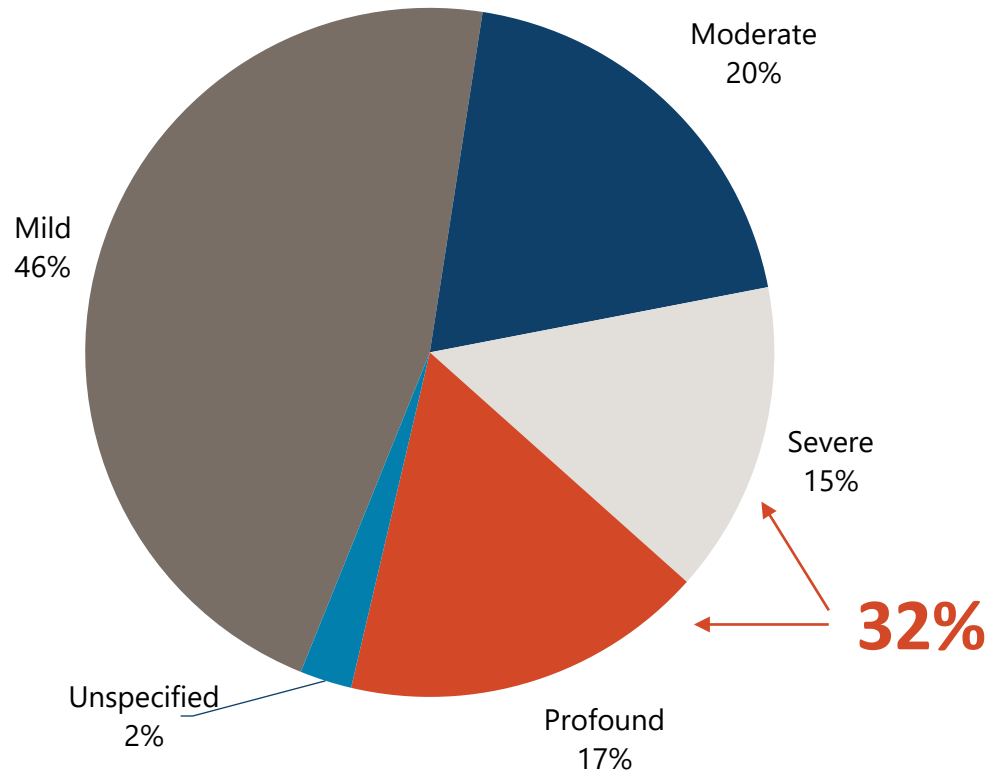
Customized Adaptive Equipment July 2021 – Dec 2022

- | | |
|-------------|--------------|
| Aneta | Kenmare |
| Arvilla | Langdon |
| Bismarck | Mandan |
| Burlington | Minot |
| Carrington | New Rockford |
| Cooperstown | Park River |
| Devils Lake | Rolette |
| Dickinson | Rolla |
| Edinburg | Rugby |
| Fargo | St. John |
| Fessenden | Stanley |
| Grafton | Tioga |
| Grand Forks | Velva |
| Harvey | Wahpeton |
| Jamestown | Williston |

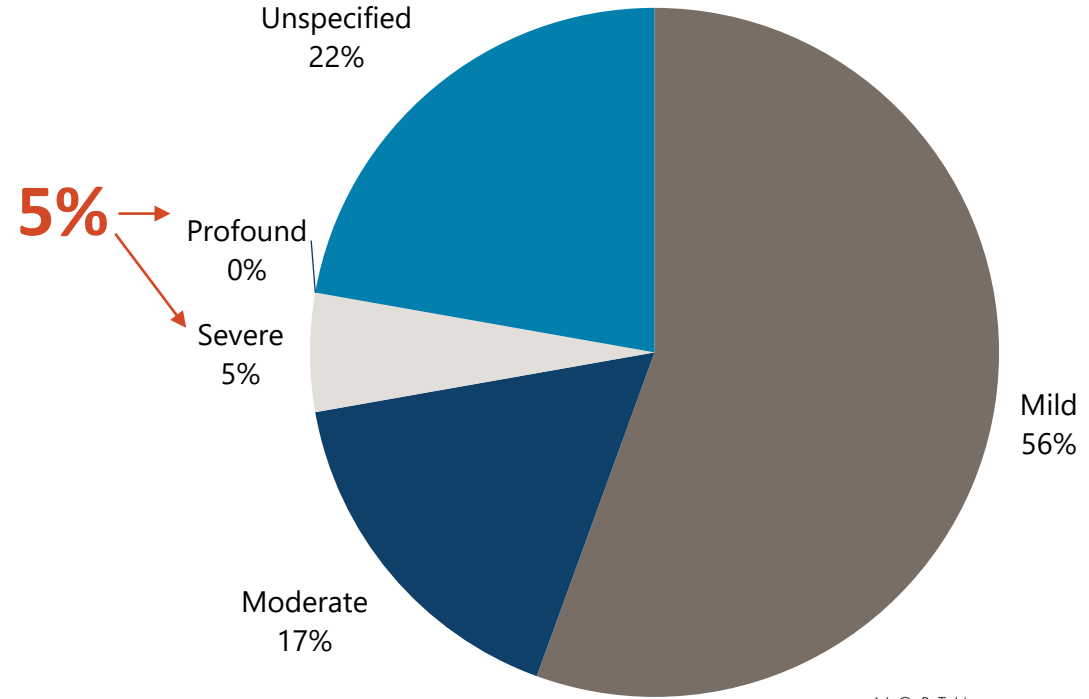
Prevalence of Severe and Profound Intellectual Disability is low for youth

Disability Level – Adult and Youth

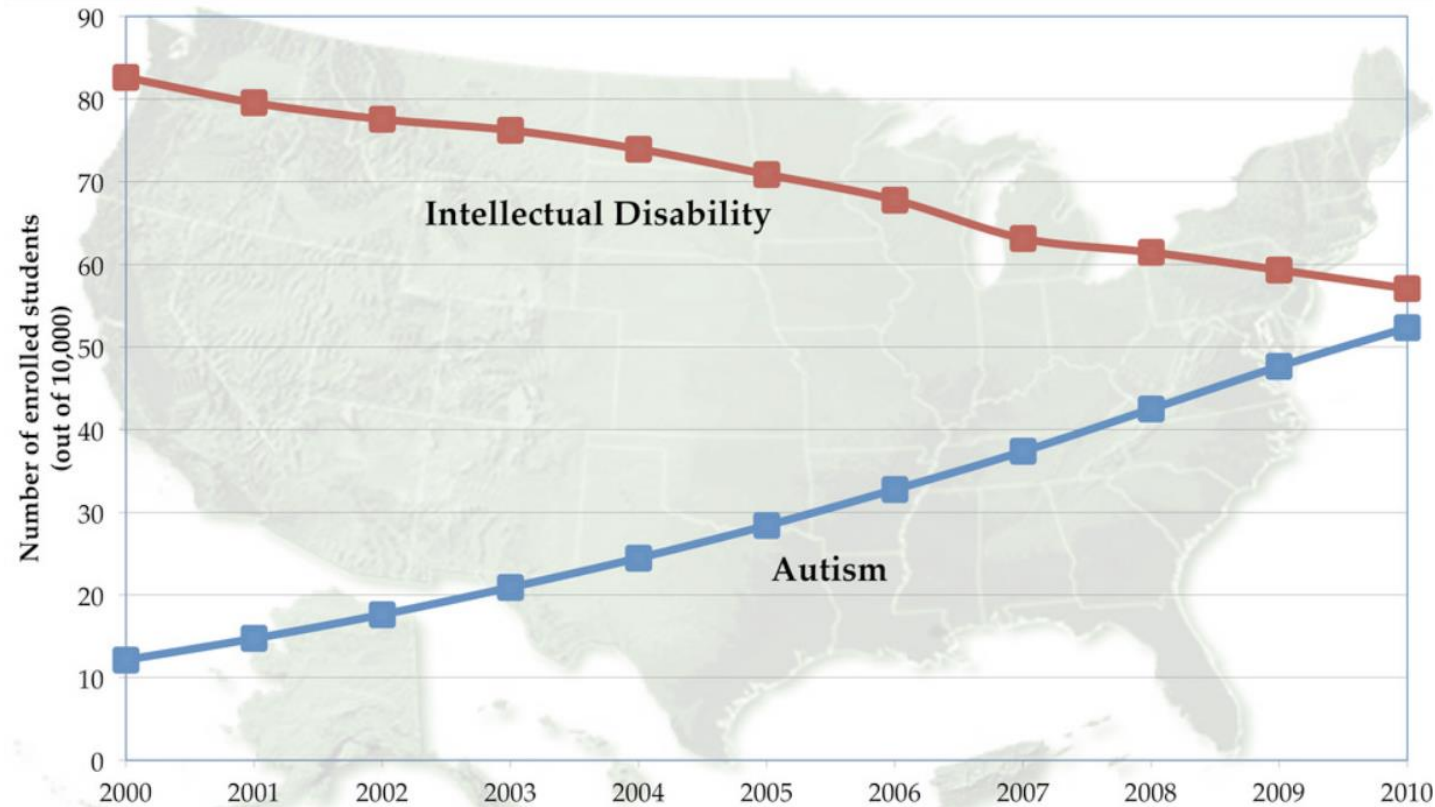
2023 LSTC **Adult** by Level of Intellectual and Dev. Disability



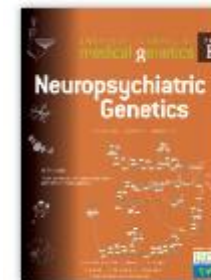
2023 LSTC **Youth** by Level of Intellectual & Dev. Disability



Increasing prevalence of autism is due, in part, to changing diagnoses



- Overall = 65% of increase in ASD attributable to decrease in ID
- 8 year olds = 59% of increase in ASD attributable to decrease in ID
- 15 year olds = 97% of increase in ASD attributable to decrease in ID

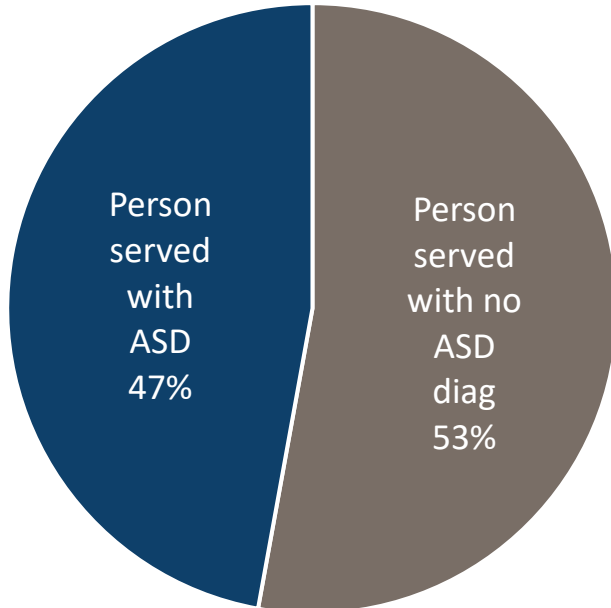


[Volume 168, Issue 7](#)
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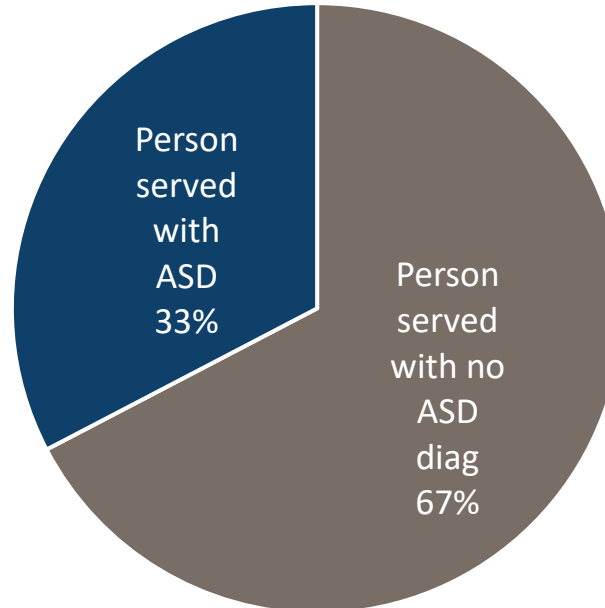
Prevalence of Autism Spectrum disorder is much higher for youth than adult

Prevalence of Autism Spectrum Diagnoses (ASD) | 2022

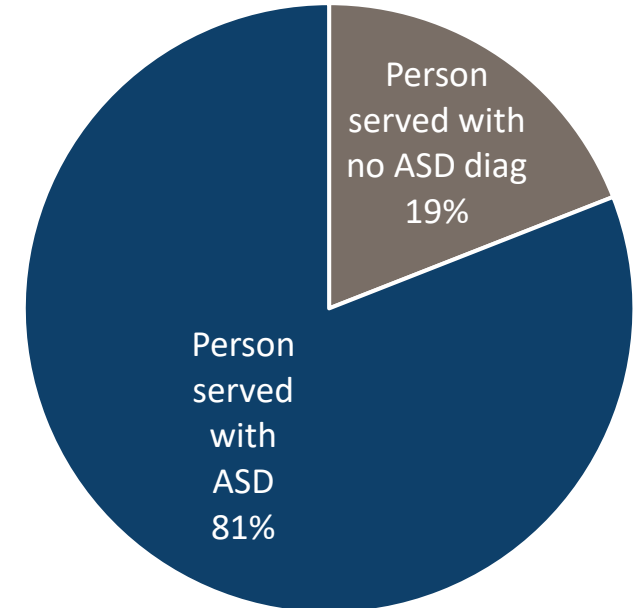
Proportion of TOTAL LSTC Population July 2022 (n=70)



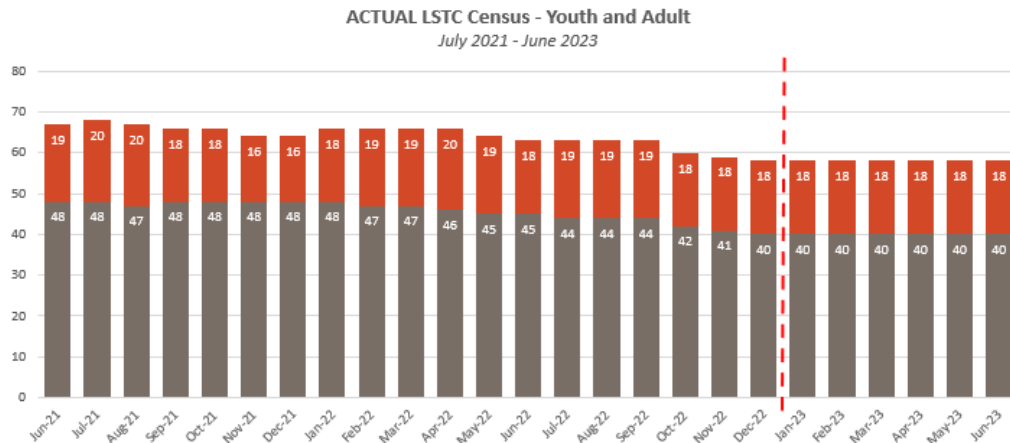
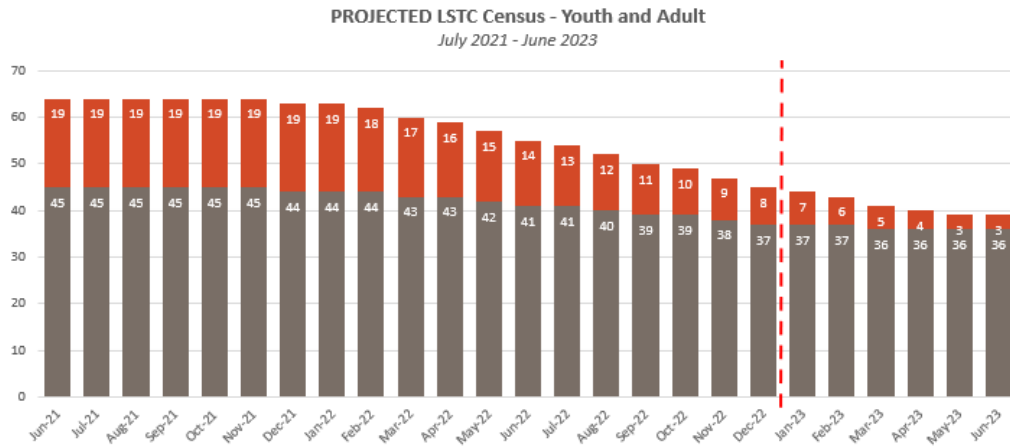
Proportion of ADULT LSTC Population July 2022 (n=49)



Proportion of YOUTH LSTC Population July 2022 (n=21)



Admissions to LSTCs Residential Services have many behavioral attributes in common



Reasons provided for admission by those referring the person

(people admitted to LSTC as of July 2022)

- Harm to Self – 25%
- Harm to Others – 82%
- Harm to Property – 4%
(> \$20,000 in one case)
- Elopement – 6%
- Sexual Offending – 9%

Progress?

"Census" is More than a Number...

67

July 2021



58

December 2022

Progress?

"Census" is More than a Number...

+13

Admissions

-17

Transitions Completed

-5

Deaths

-31

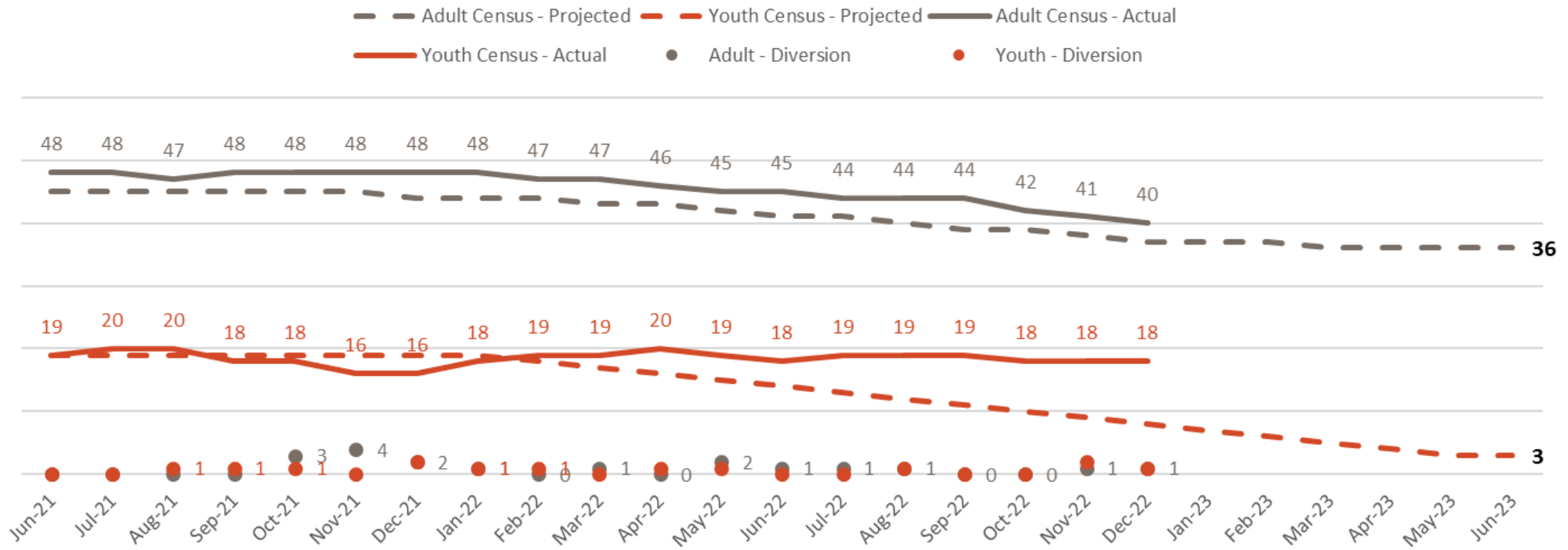
Admissions
Diverted

7

Transitions Planned /
On Hold / Cancelled

Movement through Transition & Diversion

Monthly Diversions and Projected v Actual Census for Adults and Youth at LSTC
21-23 Biennium Transition/Diversion initiative



Improving the lives of North Dakotans

Our “Everyday Philosophy” for Services & Supports



People are served in the **lowest level of care necessary** which will return **better outcomes.**



People have **the opportunity to learn about their options** and **make an informed choice** about the **most integrated setting** that **is right for them**



System partners work together to create **robust options** for non-institutional living, optimizing autonomy, choice, self-direction and community integration.

LSTC: Overview of budget changes

Description	2021 - 2023 Budget Base		Increase/ (Decrease)		2023 - 2025 Executive Budget
Salaries and Benefits	\$	40,600,567	\$	14,670,358	\$ 55,270,925
Operating		7,787,912		1,591,286	9,379,198
IT Services		212,392		(15,500)	196,892
Capital Asset Expense		638,076		44,903	682,979
Capital Assets		208,055		(44,903)	163,152
Grants		-		-	-
Total	\$	49,447,002	\$	16,246,144	\$ 65,693,146

General Fund	\$	22,312,455	\$	6,418,086	\$ 28,730,541
Federal Funds		24,572,832		9,471,983	34,044,815
Other Funds		2,561,715		356,075	2,917,790
Total Funds	\$	49,447,002	\$	16,246,144	\$ 65,693,146

Full Time Equivalent (FTE)		303.34		-	303.34
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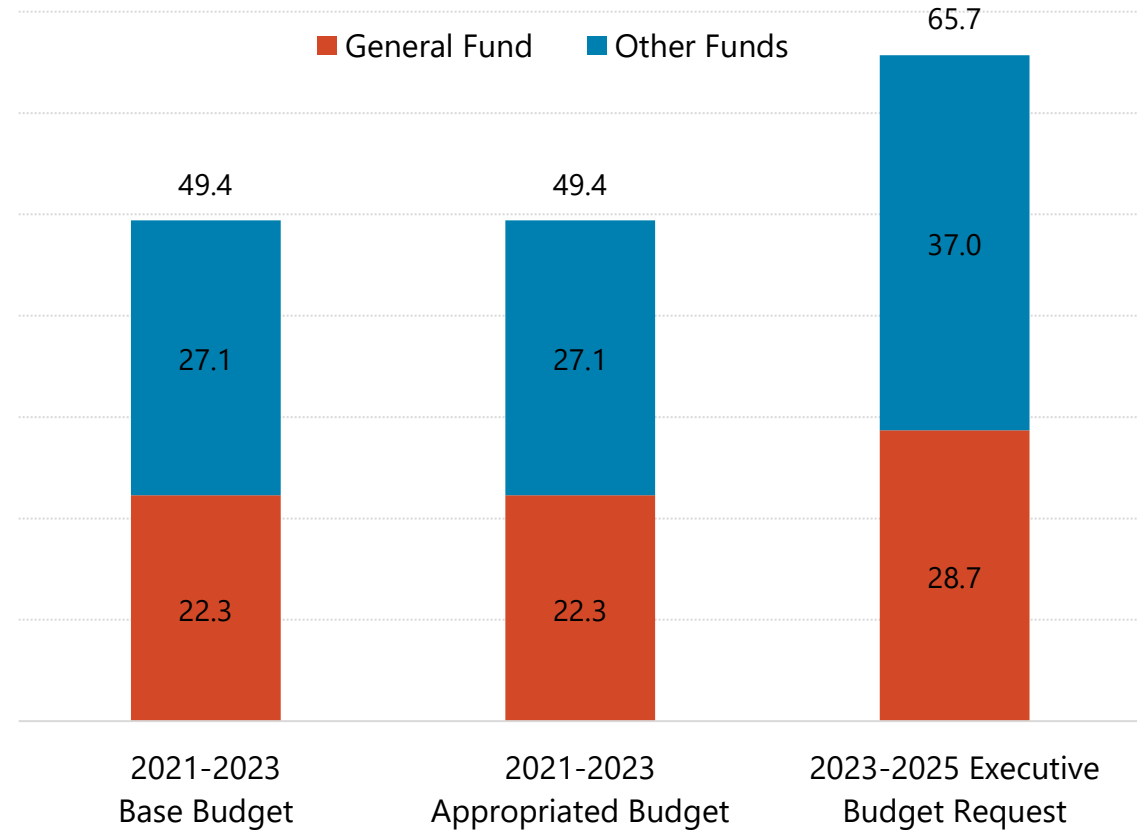
LSTC: Overview of budget changes (IN MILLIONS)

INCREASE FROM BASE TO EXECUTIVE RECOMMENDATION

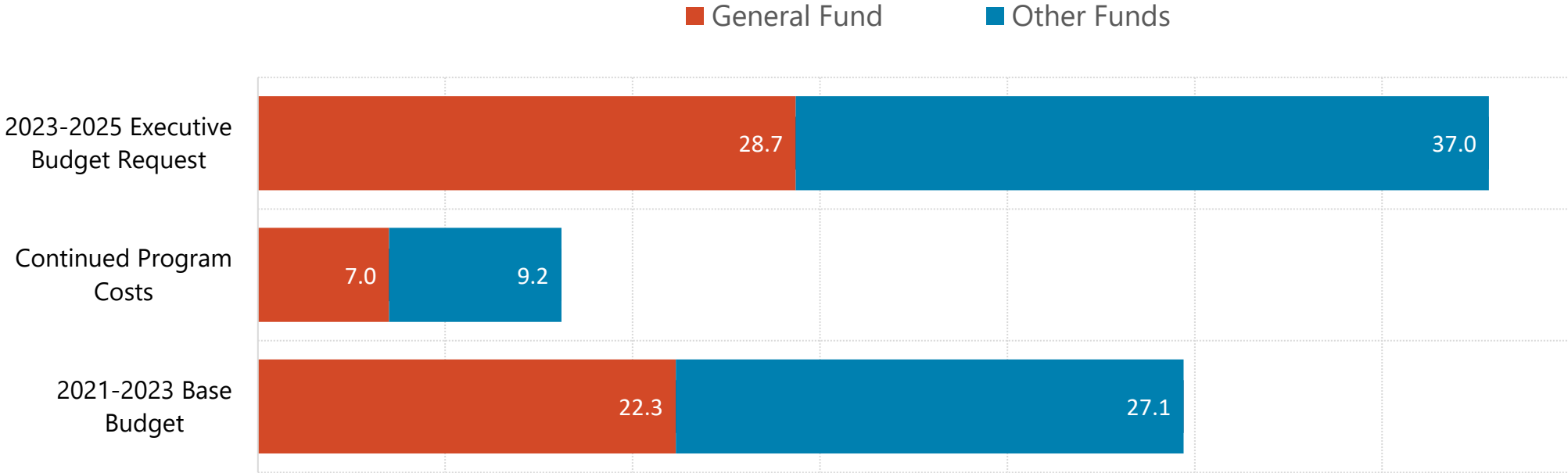
\$ 16.2 MILLION

LSTC Budget includes 280.64 FTE

- Salaries - \$55.2 million (84%) of total budget
 - Salaries-Other includes shift differential for staff working nights and weekends
 - Temp-status employees in a variety of positions (direct care staff who cover sick leave and vacations of the full-time direct care staff, activity assistants)
 - Salaries include no under-fund to allow for possible salary roll-up
- Operating costs - \$9.57million (15%) of total budget
 - Food & Clothing
 - Utilities
 - Operating Fees & Services (Contracts & Bed Assessment)
 - Pharmacy
- Capital repairs & equipment >\$5,000 - \$846,131 (1%) of budget



LSTC: Overview of budget changes (IN MILLIONS)



Continued progress includes an enhanced focus on crisis/stabilization resources across North Dakota

- Community Settings with capacity for people with complex care needs
- Build Capacity for LSTC to focus more Heavily on Stabilization and diversion
- Inter-connected and aligned discharge/transition/diversion planning



A photograph of a field of purple flowers, likely prairie sunflowers, with a bright sun in the background, creating a warm, golden glow. The sun is positioned in the upper left quadrant, and the field extends to the horizon.

Contact information

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Appendix: Summary of HHS Strategy for LSTC Transformation

We can't achieve our stated policy goals until...

1

We have community settings with capacity for clients with complex care needs.

2

We have interconnected and aligned discharge and diversion planning.

3

We build capacity for LSTC to focus more heavily on stabilization and diversion.

1

We have Community settings with capacity for clients with complex care needs

- Enhanced shared living options
- Places that offer short-term crisis stabilization
- Stronger in-community system supports
 - Informal support networks
 - Educational services
 - Special needs child care
 - Rental assistance
 - Transition supports
 - Mobile crisis
 - Team composition
- Payment options to support return to home post-crisis
- Open the door to non-institutional living arrangements wherever appropriate



2

We Embrace interconnected and aligned discharge / transition / diversion planning

- Formalize expectation of transition supports from LSTC / SH to community setting
- Infuse case management practices with tools, approaches and skills that support early identification of triggering events
- Establish expectations for Medicaid providers related to discharge and admission
- Examine policies related to intervention strategies providers can use to appropriately de-escalate emergent situations



3

We build capacity for LSTC to focus more heavily on stabilization and diversion

- Refine admission criteria to further define role of LSTC
- Build staffing model and operational processes to support admission to LSTC within 48 hours
- Build LSTC crisis support team capacity to provide on-site response to emergency crisis in various community settings within 24 hours
- Communicate clearly the options for crisis and pre-crisis services that are available to people in the I/DD system (including but not limited to LSTC)

