SB 2012
Senate Appropriations Committee
Senator Bekkedahl, Chairman

Behavioral Health Division, **Policy** | January 17, 2023

NORTH
Dakota
Be Legendary. | Health & Human Services

HHS Goal: Help ND become the healthiest state in the nation

We'll focus on three actions to accomplish this:

Invest in the **FOUNDATIONS** of well-being

- Economic Health
- Behavioral Health
- Physical Health

Ensure everyone has the opportunity to realize their **POTENTIAL**

- Strong, Stable Families
- Services Closer to Home
- Early Childhood Experiences

Efficiency Through Redesign

High-Performing Team

Give everyone the **OPPORTUNITY** to decide to:

- Be Healthy
- Be Active
- Find & Prevent Disease Early

NORTH Dakota | Health & Human Services
Be Legendary.

What is Behavioral Health?

A state of mental/emotional being and/or choices and actions that affect WELLNESS.

Preventing and treating depression and anxiety

Preventing and treating substance use disorder or other addictions

Supporting recovery

Creating healthy communities

Promoting overall well-being

NORTH Dakota | Health & Human Services
Be Legendary.

Behavioral Health is Health!

NORTH Dakota | Health & Human Services
Be Legendary.

# Mental Health and Physical Health is Fundamentally Linked.

The average lifespan for individuals with serious mental illness is 25-30 years less than the general public.

Individuals with depression have a 40% higher risk of developing heart diseases than the general population.

NORTH
Dakota | Health & Human Services
Be Legendary.

Behavioral Health in North Dakota

Research shows the importance of using data to guide effective and targeted behavioral health efforts.

Find the 2023 Behavioral Health in North Dakota Data Book and other resources at www.hhs.nd.gov/behavioral-health/data.
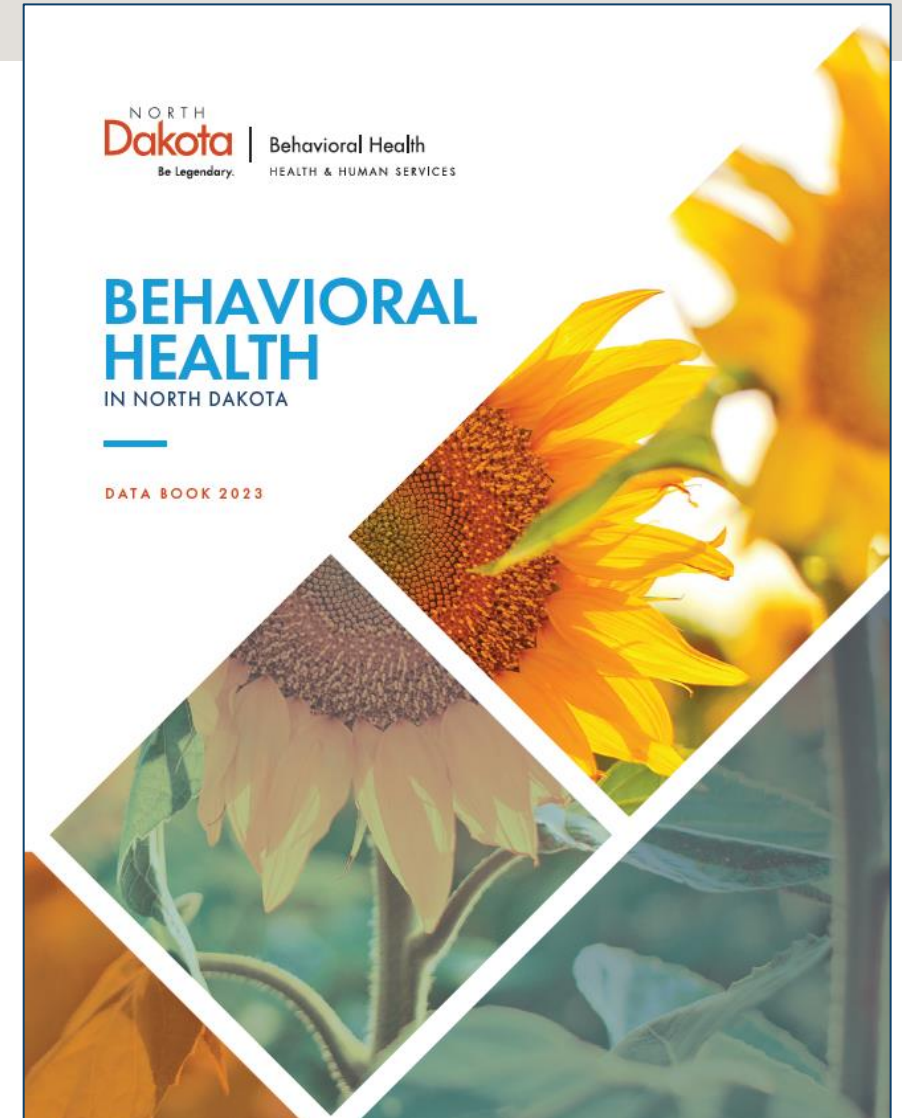
Adult Substance Use Disorder

16.4%

An estimated 16.4% of ND adults (18+) **met the criteria for a Substance Use Disorder** within the last year.[3]
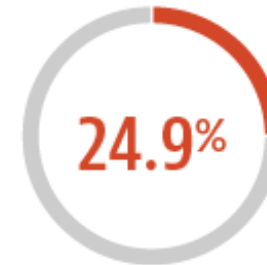
Adult Substance Use
(Age 18+; past 30 days)

NORTH DAKOTA

29.9% BINGE ALCOHOL USE*	**25.7%** TOBACCO
8.5% MARIJUANA	**3.2%** ILLICIT DRUGS (other than marijuana)

UNITED STATES

24.9% BINGE ALCOHOL USE*	**21.6%** TOBACCO
12.2% MARIJUANA	**3.5%** ILLICIT DRUGS (other than marijuana)

NORTH Dakota | Health & Human Services
Be Legendary.

Prevention Works!

Current Alcohol Use (past 30 days) among ND High School Students
Youth Risk Behavior Survey

60.5% 59.2% 54.2% 49.0% 46.1% 43.3% 38.8% 35.3% 30.8% 29.1% 27.6% 23.7%

1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021

NORTH
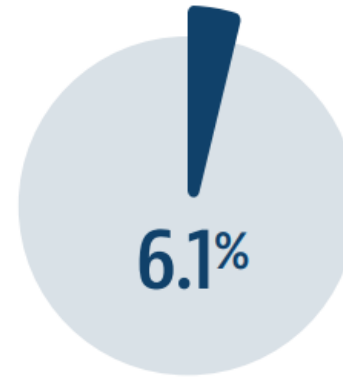Dakota | Health & Human Services
Be Legendary.
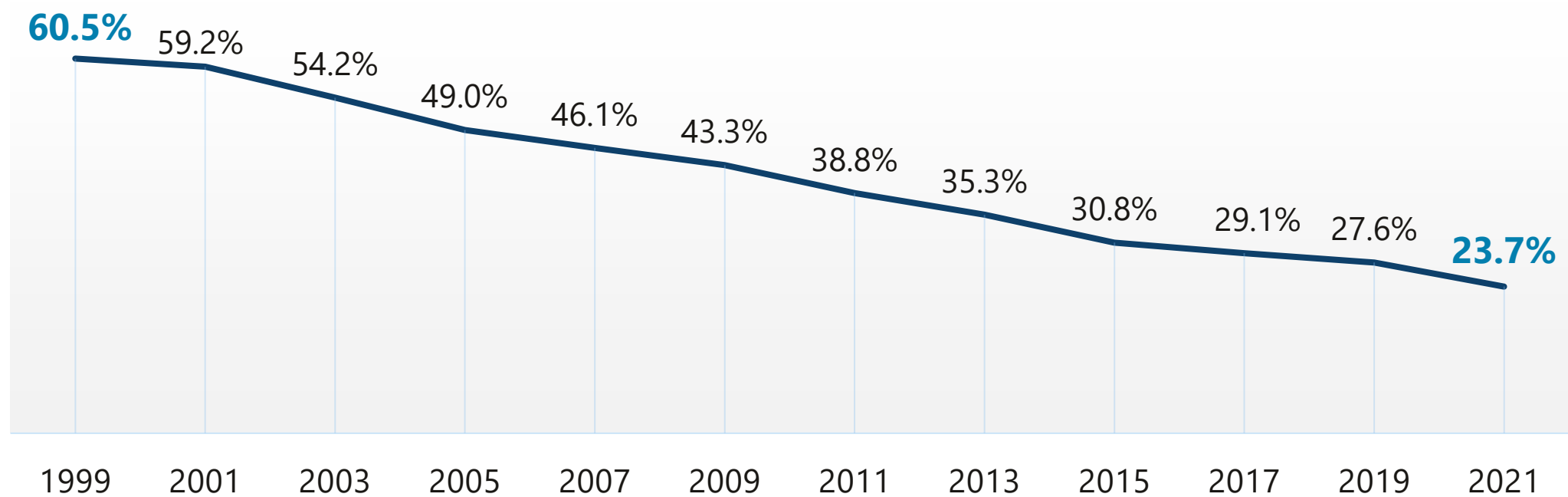
Adult Mental Illness
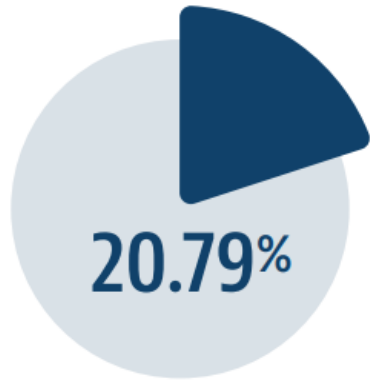
20.79% had any **mental illness** in the past year.[3]

Approximately 118,000 ND adults (18+) had any mental illness in the past year.[3]

6.1% reported a **serious mental illness**s in the past year.[3]

Approximately 34,000 ND adults (18+) have serious mental illness in the past year.[3]

20.79%

6.1%

Youth Mental Health

ND Youth Risk Behavior Survey, 2021

YOUTH

35.1% of ND **middle school** students report feeling sad or hopeless (almost every day for 2 weeks or more in a row during the past year).[1]

36% of ND **high school** students report feeling sad or hopeless (almost every day for 2 weeks or more in a row during the past year).[1]

increase from 23.8% in 2011

Among those who report feeling sad, hopeless, angry or anxious, **21%** of ND **high school** students report they would most likely talk with their parent or other adult member about their feelings[1].

NORTH Dakota | Health & Human Services
Be Legendary.

Mental Health

36.4%

36.4% of ND **high school** students report living with someone who was depressed, mentally ill, or suicidal at some point in their life.[1]

NORTH Dakota | Health & Human Services
Be Legendary.

Criminal Justice Involvement

Active **Substance Use Disorder** diagnosis when entering correctional facilities:

- 95% of women
- 91% of men

Active **Mental Health** diagnosis when entering correctional facilities:

- 52% of women
- 40% of men

NORTH
Dakota | Health & Human Services
Be Legendary.

ROADMAP
The Behavioral Health Systems Study, April 2018

North Dakota
Behavioral Health
System Study

Final Report
April 2018

North Dakota Behavioral Health System Study
TIMELINE

1/1/2017 to 6/30/2018

Behavioral Health Division in contract with Human Services Research Institute (HSRI) to conduct an in-depth review of North Dakota's behavioral health system.

Final report released April 2018

8/1/2018 to 6/30/2019

Behavioral Health Division in contract with HSRI to initiate and facilitate the implementation of a strategic plan based off the recommendations from the comprehensive study of ND's behavioral health system published April 2018.
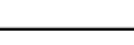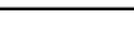
2019 - Present

Behavioral Health Division in contract with HSRI to prioritize and refine the strategic plan, including goals and objectives. Initiation of the strategic plan and monitoring and sustaining this implementation.

Implementation Summary

After learning from the community about their priorities for systems change, the Behavioral Health Planning Council selected 13 aims with 28 goals.

	Objectives	Complete or In Progress and On Time
1.	Develop and implement a comprehensive strategic plan	91%
2.	Invest in prevention and early intervention	86%
3.	Ensure all North Dakotans have timely access to behavioral health services	81%
4.	Expand outpatient and community-based service array	92%
5.	Enhance and streamline system of care for children and youth	47%
6.	Continue to implement and refine the current criminal justice strategy	71%
7.	Engage in targeted efforts to recruit and retain a qualified and competent behavioral health workforce	92%
8.	Continue to expand the use of telebehavioral health interventions	82%
9.	Ensure the system reflects its values of person-centeredness, health equity, and trauma-informed approaches	78%
10.	Encourage and support communities to share responsibility with the state for promoting high-quality behavioral health services	100%
11.	Partner with tribal nations to increase health equity for American Indian populations	78%
12.	Diversify and enhance funding for behavioral health	100%
13.	Conduct ongoing, system-wide, data-driven monitoring of need and access	80%

Behavioral Health Division

Who we are

NORTH
Dakota | Health & Human Services
Be Legendary.
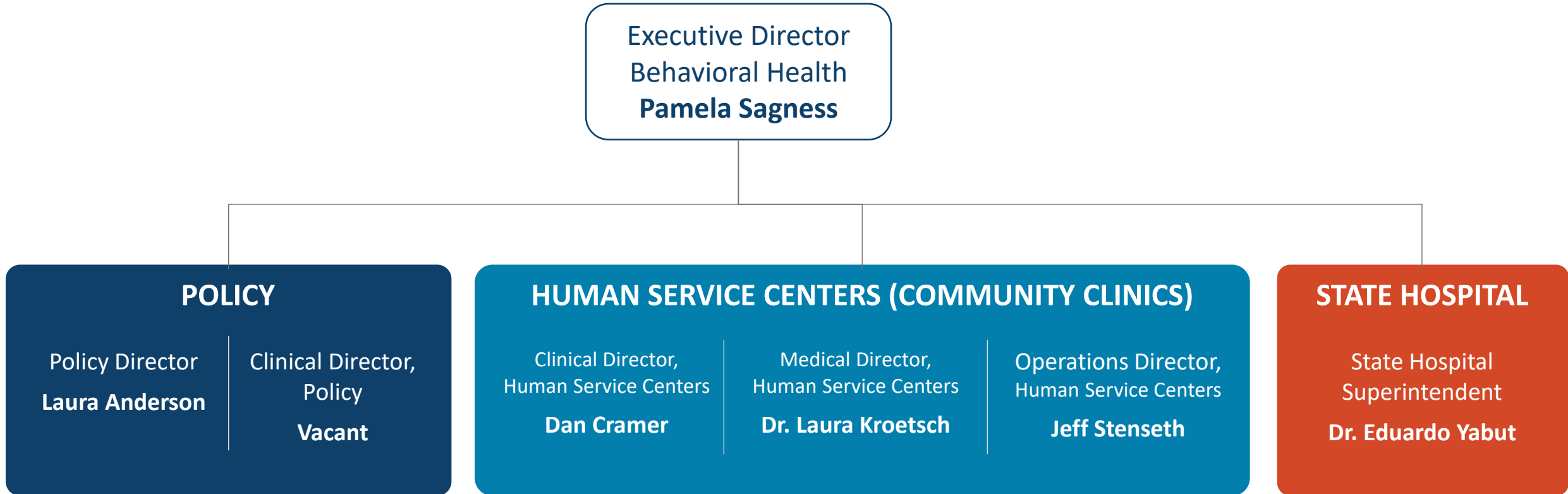
North Dakota Department of Health and Human Services

Core Functions of the SHO
1. Governor's Cabinet Member
2. Lead Tribal Health Engagement
3. Health Liaison to the Legislature
4. External Stakeholder Engagement
5. Advisor to specific DHHS focus areas, including:
   a. Community Engagement
   b. Health Care Workforce Development
   c. Emergency Preparedness & Response
6. Developer of Wellness Strategies for North Dakota

Core Functions of the DC
1. **Day-to-Day Operations**
   a. Constituent Services/Appeals Review
   b. Facilities Planning/Operations Management
   c. Criminal Background Check Services
   d. Document Management
   e. Contact Center Operations Coordination
   f. Refugee Support Services
   g. DD Council
2. **Transformation Centers**
   a. Portfolio and Project Management
   b. Process Improvement & Quality Management
   c. Change Management
   d. Customer Experience Management
   e. IT and Data Governance

Governor's Office
Doug Burgum

State Health Officer
Dr. Nizar Wehbi

DHHS Commissioner
Chris Jones

Deputy Commissioner
Sara Stolt

Executive Director Public Health
Dirk Wilke
- Disease Control and Forensic Pathology
- Healthy & Safe Communities
- Health Response and Licensure
- Laboratory Services
- Health Statistics and Performance

Executive Director Medical Services
Krista Fremming, Interim
- Medicaid

Executive Director Behavioral Health
Pamela Sagness
- Human Service Centers
- State Hospital
- Behavioral Health Policy

Executive Director Human Services
Jessica Thomasson
- Disability Determination Srvc
- Human Service Zone Operations
- Economic Asst
- Vocational Rehabilitation
- Children & Family Services
- Child Support
- Early Childhood
- Life Skills and Transition Center
- Aging Services
- Developmental Disabilities

Chief Financial Officer
Arnold Strebe
- Assistant CFOs for each Division
- Budget Management
- Audit Management
- Procurement and Contracts
- Logistics Management
- Performance and Data Management
- Supply Chain Operations

Chief Human Resources Officer
Marcie Wuitschick
- HR Business Partners for each Division
- Operations and Digital
- Talent Acquisition
- Talent Management and Development
- Total Rewards
- Risk Management/ Employee Health
- Safety/Disaster Preparedness

Chief Communications Officer
Lynn Bargmann
- Communications Managers for each Division
- Internal Communications
- External Communications
- Marketing, Outreach, and Education
- Multi-Media Support

Chief Legal Officer
Jon Alm
- Legal Advisory
- Attorney General Office Coordination regarding the Public Health Division and Litigation

Behavioral Health Organizational Chart

Executive Director
Behavioral Health
Pamela Sagness

POLICY

Policy Director	Clinical Director, Policy
Laura Anderson	**Vacant**

HUMAN SERVICE CENTERS (COMMUNITY CLINICS)

Clinical Director, Human Service Centers	Medical Director, Human Service Centers	Operations Director, Human Service Centers
Dan Cramer	**Dr. Laura Kroetsch**	**Jeff Stenseth**

STATE HOSPITAL

State Hospital Superintendent

Dr. Eduardo Yabut

NORTH Dakota Be Legendary. | Health & Human Services

Behavioral Health Organizational Chart

Executive Director
Behavioral Health
Pamela Sagness

POLICY

Policy Director	Clinical Director, Policy
Laura Anderson	**Vacant**

HUMAN SERVICE CENTERS (COMMUNITY CLINICS)

Clinical Director, Community Clinics	Medical Director, Community Clinics	Operations Director, Community Clinics
Dan Cramer	**Dr. Laura Kroetsch**	**Jeff Stenseth**

STATE HOSPITAL

State Hospital Superintendent
Dr. Eduardo Yabut

NORTH Dakota | Health & Human Services
Be Legendary.

The Behavioral Health Division - Policy Team Responsibilities
NDCC 50-06-01.43 and NDCC 50-31

Reviewing and **identifying service needs and activities** in the state's behavioral health system in an effort to:
- ensure health and safety,
- access to services, and
- quality services.

Establishing **quality assurance standards** for the licensure of substance use disorder program services and facilities

Providing **policy leadership** in partnership with public and private entities

We want to see:

Individuals, families and communities with positive behavioral health.

Individuals struggling with behavioral health conditions achieve independence and live a self-directed life in recovery.

We achieve this by:

Supporting the Full Continuum of Care

Increasing Community-Based Services

Preventing Criminal Justice Involvement for Individuals with a Behavioral Health Condition

Our role is to provide policy leadership, regulate providers, administer programs, and provide training and technical assistance to meet the following goals:

PREVENTION AND PROMOTION	CHILDREN'S BEHAVIORAL HEALTH	ADULT ADDICTION	ADULT MENTAL HEALTH	COMMUNITY SUPPORTS

PREVENTION AND PROMOTION

Supporting the full continuum of care

Increase implementation of effective prevention statewide [2/3/10]

Decrease underage drinking[2]

Decrease adult binge drinking and related consequences[2]
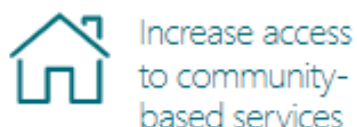
Decrease opioid misuse and overdose[2]

Increase access to community-based services

Promote mental health[2]

Decrease death by suicide[2/3/4/5]

CHILDREN'S BEHAVIORAL HEALTH

Supporting the full continuum of care

Partner with schools to support children's behavioral health across the continuum[5]

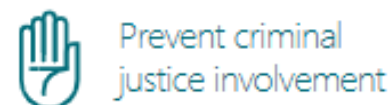**Increase access to community-based services**

Develop early intervention capacity[2/3]

Increase capacity for community-based services[3/4/8/10]

Improve access to quality services[10]

Improve family-driven services and supports[5]

Prevent criminal justice involvement

Develop diversion capacity and support children with behavioral health conditions in the justice system[5]

ADULT ADDICTION

Supporting the full continuum of care

Develop and enhance recovery support services[4]

Develop early intervention capacity[2/3]

Increase access to community-based services
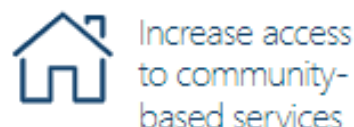
Improve access to quality services[10]

Increase capacity for community-based services[3, 4, 7, 8]

Stop shame and stigma surrounding addiction[10]

ADULT MENTAL HEALTH

Supporting the full continuum of care

Develop and enhance recovery support services[4]

Develop early intervention capacity[2/3]

Increase access to community-based services

Increase capacity for community-based services [3, 4, 7, 8]

Stop shame and stigma surrounding mental health[10]

COMMUNITY SUPPORTS

Supporting the full continuum of care

Develop and enhance recovery support services[4]

Increase access to community-based services

Increase capacity for community-based services[3/4/8/10/12]

Prevent criminal justice involvement

Develop diversion capacity and support individuals with behavioral health conditions in the justice system[5]

The superscript numbers referenced behind each goal align with the ND Behavioral Health System Study 13 Recommendations.

Accomplishments

Mental Health Directory

Recovery Housing Assistance Program

Virtual Behavioral Health Professional Development – Education System (Kognito)

SUD Voucher Grant

Permanent Supportive Housing

988 Launch

NORTH Dakota | Health & Human Services
Be Legendary.

Behavioral Health and Education

- Behavioral Health School Grant

- Prevention and Early Intervention Pilot

- Behavioral Health Resource Coordinators (B-HERO)

- Virtual Behavioral Health Professional Development – Education System (Kognito)

NORTH Dakota | Health & Human Services
Be Legendary.

FREE THROUGH Recovery

Free Through Recovery is a community based behavioral health program designed to increase recovery support services to individuals involved with the criminal justice system who have behavioral health concerns.

The mission of Free Through Recovery is to:
- improve healthcare outcomes
- reduce recidivism

4,973 participants since **February 2017**

1,311 active participants

38 providers

Overall, from March 2018 through October 2022, **68%** of the time participants achieved 3 of 4 outcomes.

NORTH Dakota | Health & Human Services
Be Legendary.

CommunityConnect
My Recovery. My Story.

Community Connect is a community based behavioral health program designed to increase recovery support services to individuals who have behavioral health concerns.

The mission of Community Connect is to provide quality, community-based behavioral health services to meet the needs of each person.

4,025 participants since **February 2021**

1,899 active participants

46 providers
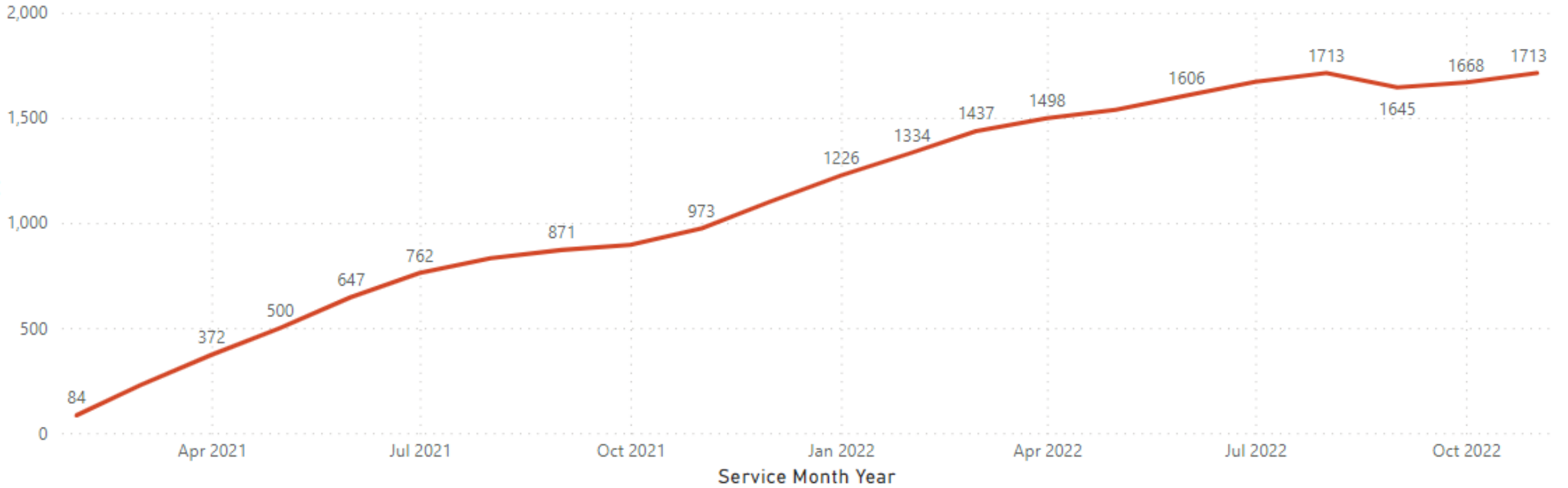
Overall, from February 2021, through December 2022, **66%** of the time participants achieved 3 of 4 outcomes.

NORTH **Dakota** | Health & Human Services
Be Legendary.

Program Growth

2023-2025 Budget request

The **program, systems and workforce support** necessary to continue to serve North Dakotans

NORTH Dakota | Health & Human Services
Be Legendary.

Overview of Budget Changes

Description	2021 - 2023 Budget Base	Increase/ (Decrease)	2023 - 2025 Executive Budget
Salaries and Benefits	$7,193,820	$1,256,196	$8,450,016
Operating	56,684,267	12,074,085	68,758,352
IT Services	-	-	-
Capital Asset Expense	-	-	-
Capital Assets	-	-	-
Grants	28,220,135	5,932,356	34,152,491
Total	$92,098,222	$19,262,637	$111,360,859
General Fund	**$42,025,043**	**$9,877,067**	**$51,902,110**
Federal Funds	**42,297,585**	**(1,774,062)**	**40,523,523**
Other Funds	**7,775,594**	**11,159,632**	**18,935,226**
Total Funds	**$92,098,222**	**$19,262,637**	**$111,360,859**
Full Time Equivalent (FTE)	37.00	2.00	39.00

NORTH
Dakota | Health & Human Services
Be Legendary.

Overview of Budget Changes (IN MILLIONS)
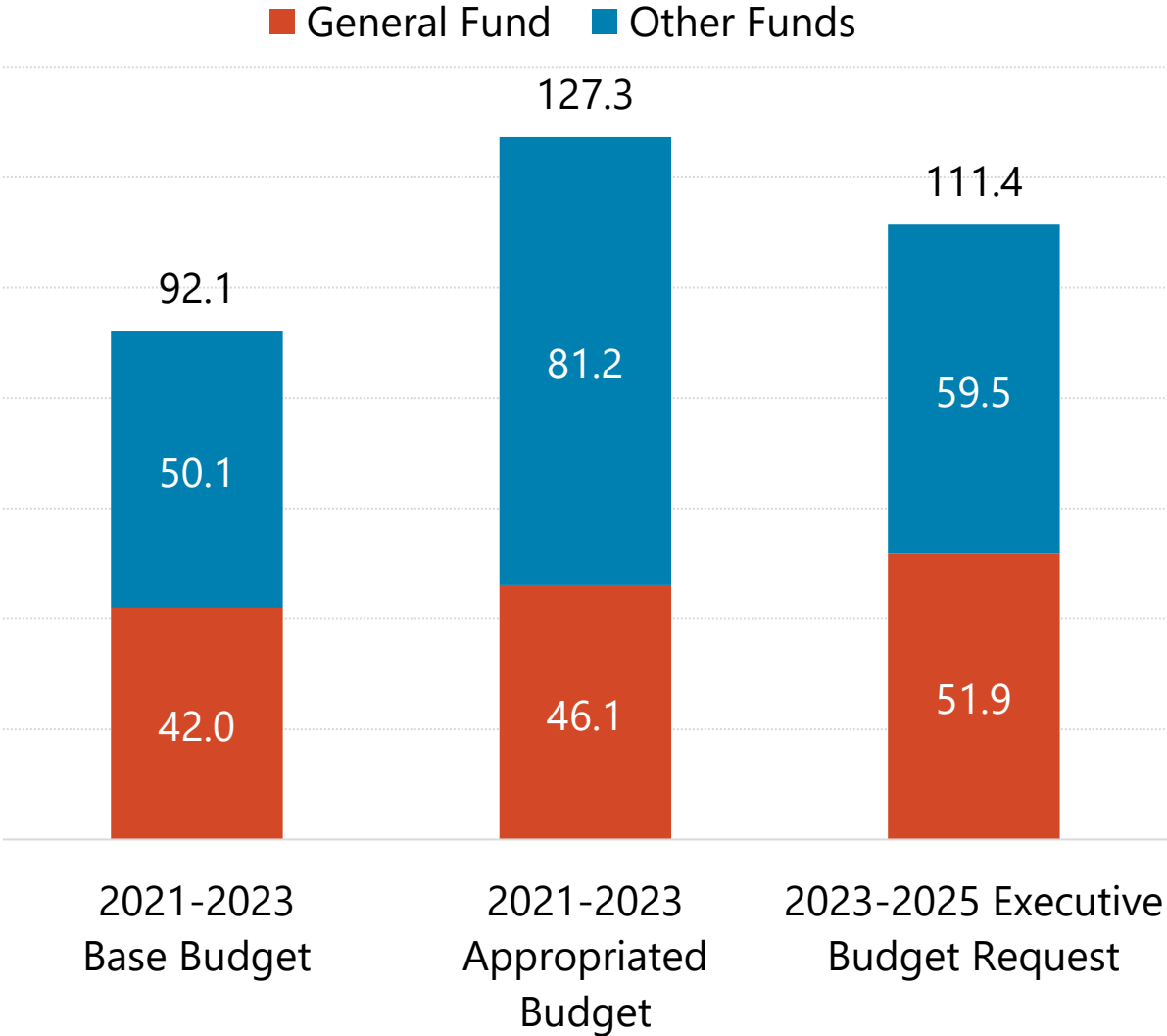
Overview of Budget Changes (IN MILLIONS)
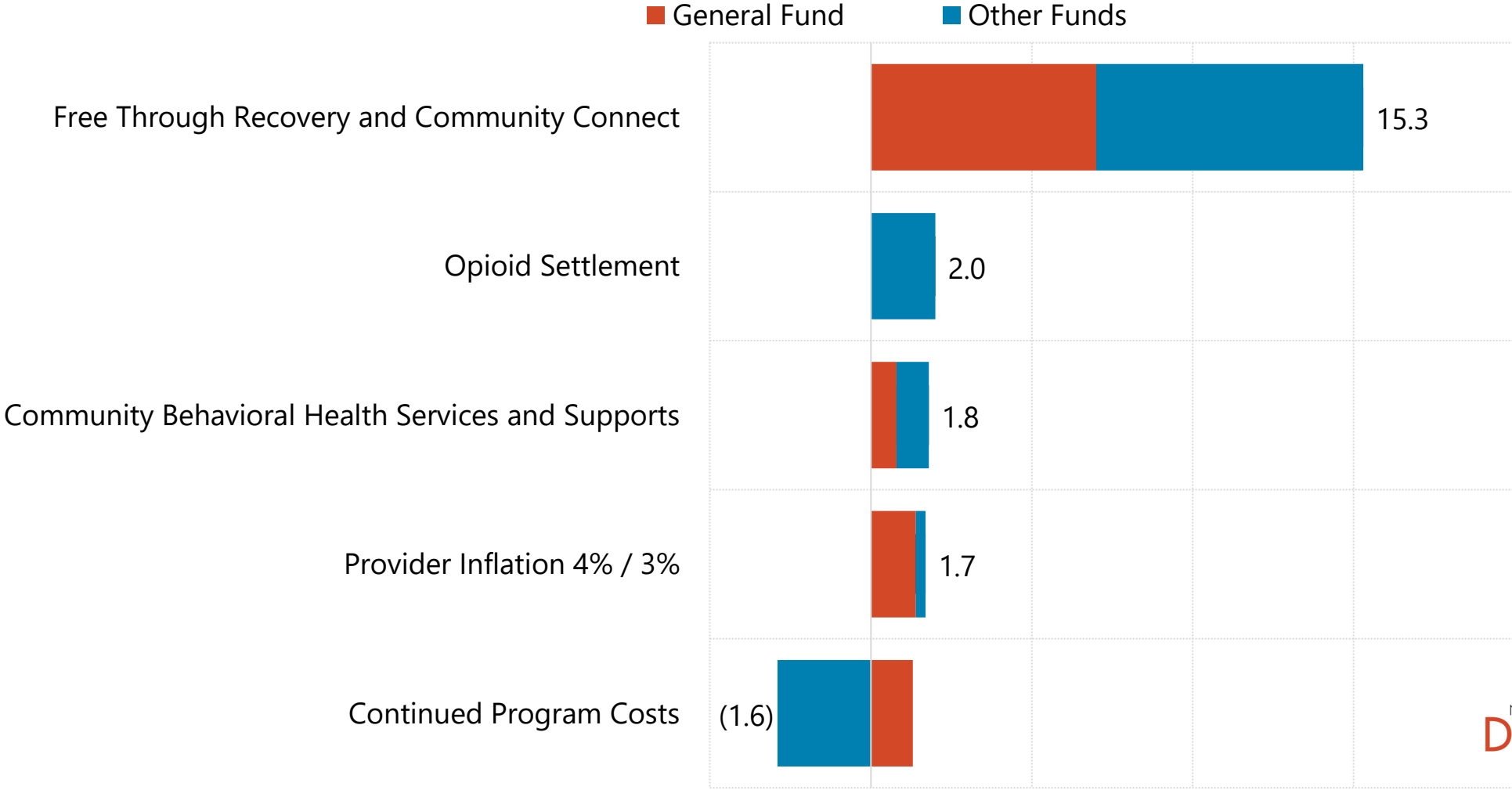
Contact Information

Behavioral Health Executive Director

- Pamela Sagness
- psagness@nd.gov

Policy Director

- Laura Anderson
- lauranderson@nd.gov

www.behavioralhealth.nd.gov

NORTH
Dakota | Health & Human Services
Be Legendary.

SB 2012
Senate Appropriations Committee
Senator Bekkedahl, Chairman

Behavioral Health Division, **Human Service Centers** | January 17, 2023

Roadmap

- **HSC Clinic Leadership Restructure**
- HSC Location Overview
- Services
  - Assessments
  - Treatment Services
  - Behavioral Health Crisis Care
- Essential Elements to Align with Future Vision
- Budget Overview

NORTH
Dakota | Health & Human Services
Be Legendary.

Behavioral Health Organizational Chart

Behavioral Health Organizational Chart

Executive Director
Behavioral Health
Pamela Sagness

POLICY

Policy Director
Laura Anderson

Clinical Director,
Policy

Vacant

HUMAN SERVICE CENTERS (COMMUNITY CLINICS)

Clinical Director,
Human Service Centers

Dan Cramer

Medical Director,
Human Service Centers

Dr. Laura Kroetsch

Operations Director,
Human Service Centers

Jeff Stenseth

STATE HOSPITAL

State Hospital
Superintendent

Dr. Eduardo Yabut

NORTH
Dakota | Health & Human Services
Be Legendary.

Human Service Center Leadership Structure

Clinical Director, Human Service Centers **Dan Cramer**	Medical Director, Human Service Centers **Dr. Laura Kroetsch**	Operations Director, Human Service Centers **Jeff Stenseth**

Region 1

Clinical Director **VACANT**	Medical Director **Dr. Thomas Eick**	Regional Director **Char Ferrell**

Region 2

Clinical Director **Lecia Lintvelt**	Medical Director **Dr. Thomas Eick**	Regional Director **John Butgereit**

Region 3

Clinical Director **Heather Wilson**	Medical Director **Dr. Lori Esprit**	Regional Director **Julie Baumgam**

Region 4

Clinical Director **Nichole Fontaine-Vonesh**	Medical Director **Dr. Rose Julius**	Regional Director **Jeff McKinnon**

Region 5

Clinical Director **Dr. Shauna Eberhardt**	Medical Director **Dr. Lori Esprit**	Regional Director **Alanna Zeller (Interim)**

Region 6

Clinical Director **Dr. Stacey Hunt**	Medical Director **Dr. Diana Robles**	Regional Director **LeAnn Pollert (Interim)**

Region 7

Clinical Director **Ariana Best**	Medical Director **Dr. Michael Capan**	Regional Director **Brad Brown**

Region 8

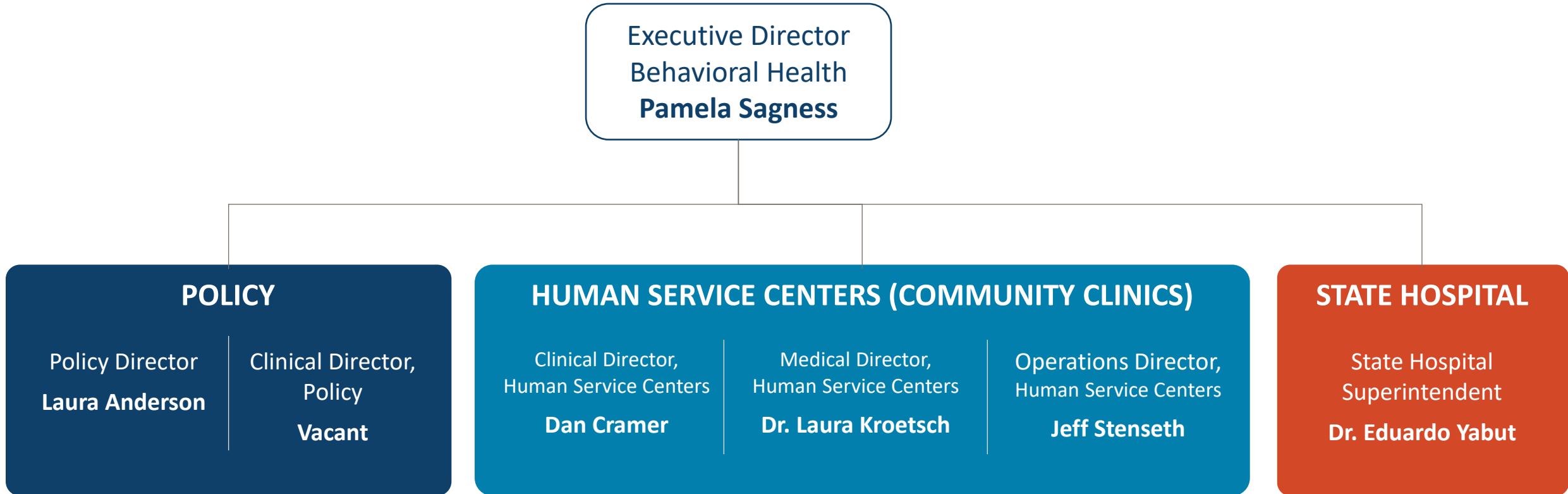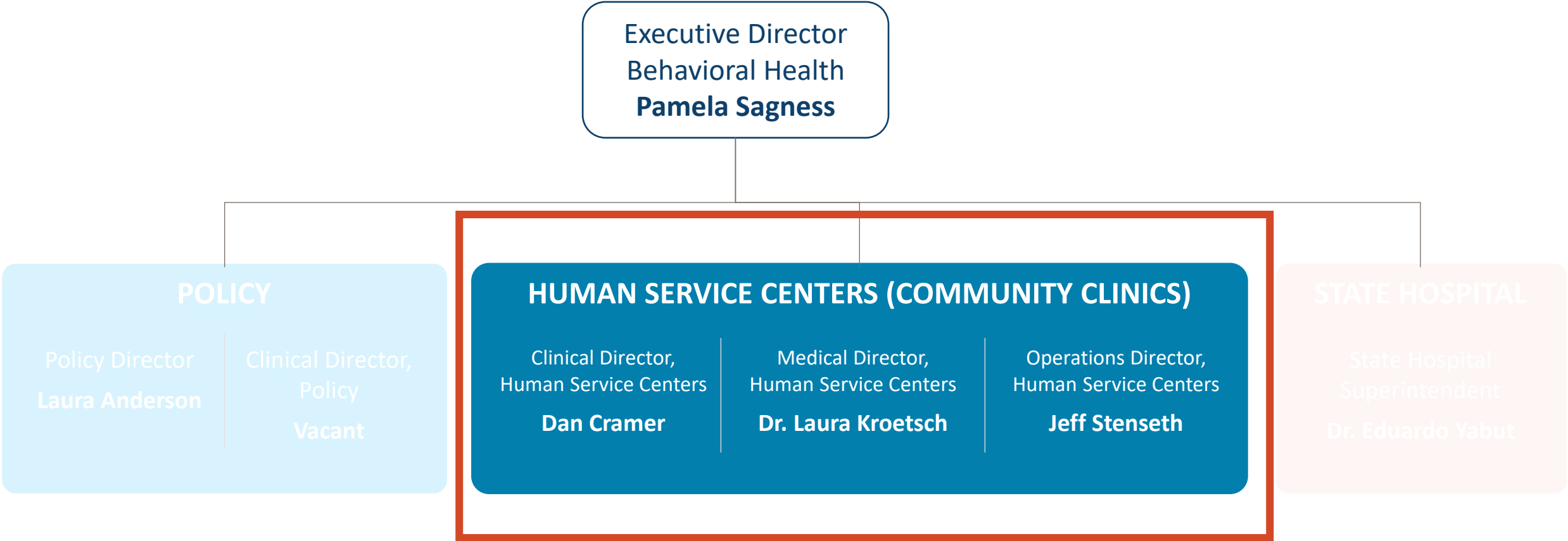| Clinical Director **Dr. Stacey Hunt (Interim)**	Medical Director **Dr. Laura Kroetsch (Interim)**	Regional Director **Jessica Odermann**

Roadmap

- HSC Clinic Leadership Restructure
- **HSC Location Overview**
- Services
  - Assessments
  - Treatment Services
  - Behavioral Health Crisis Care
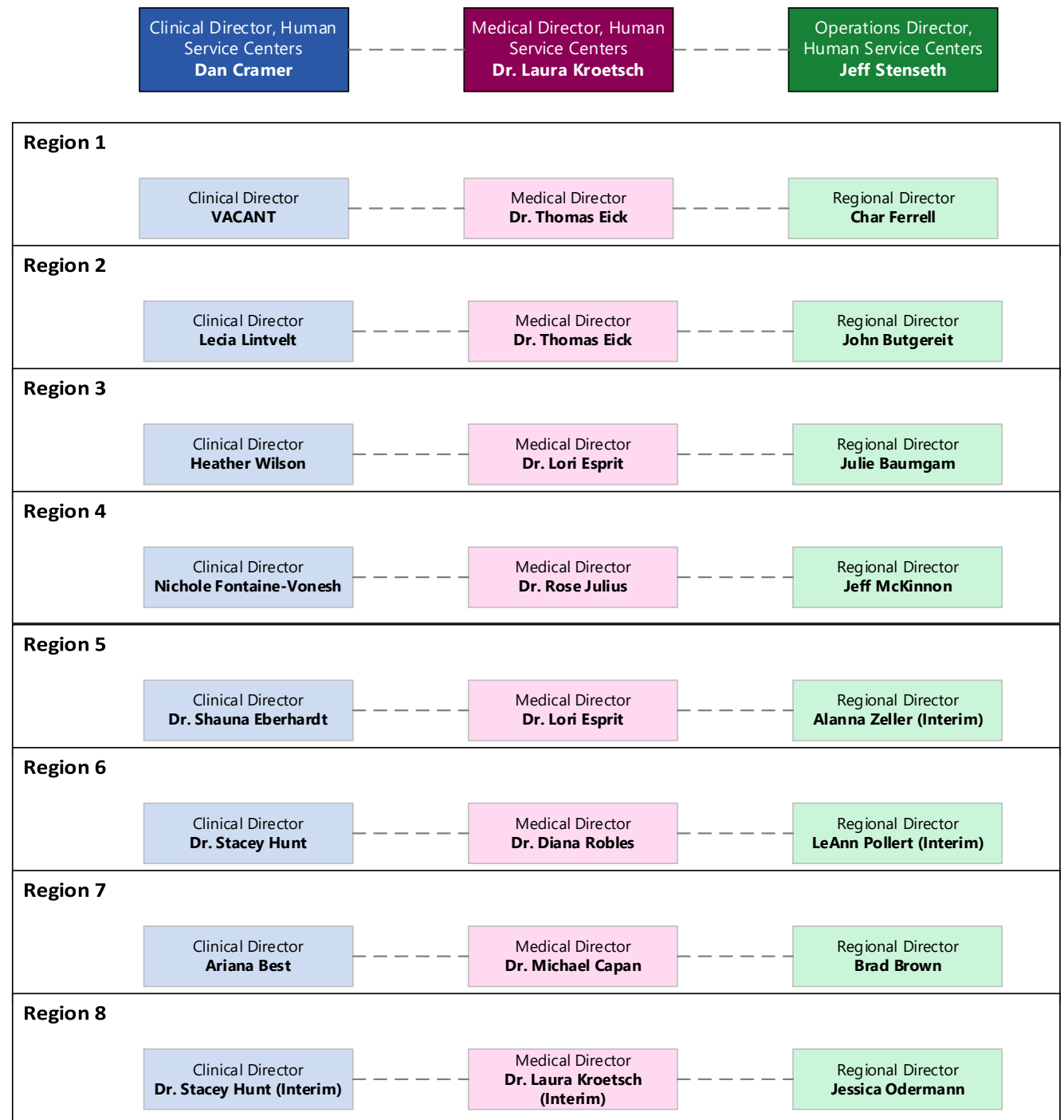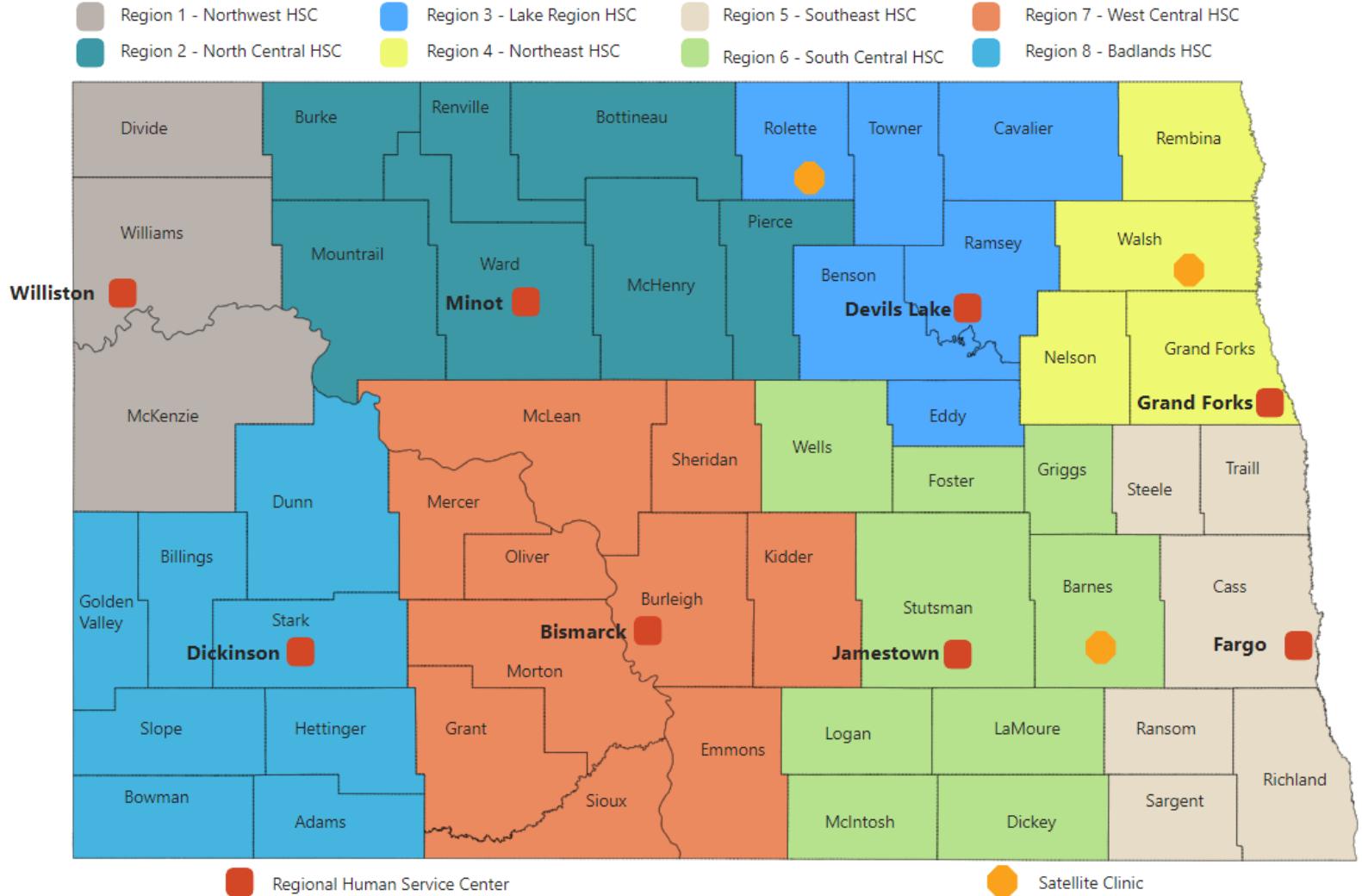- Essential Elements to Align with Future Vision
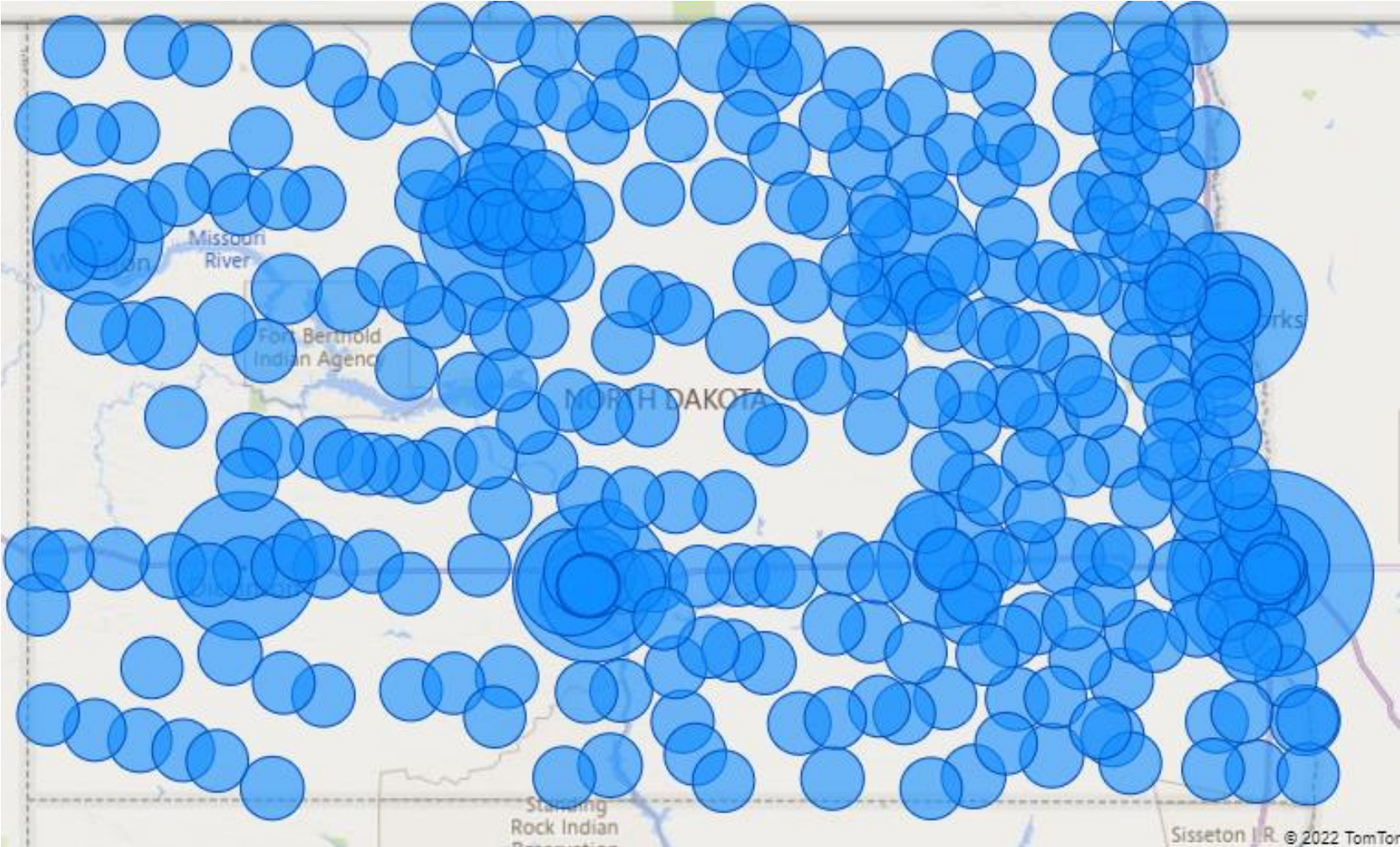- Budget Overview

NORTH
Dakota
Be Legendary. | Health & Human Services

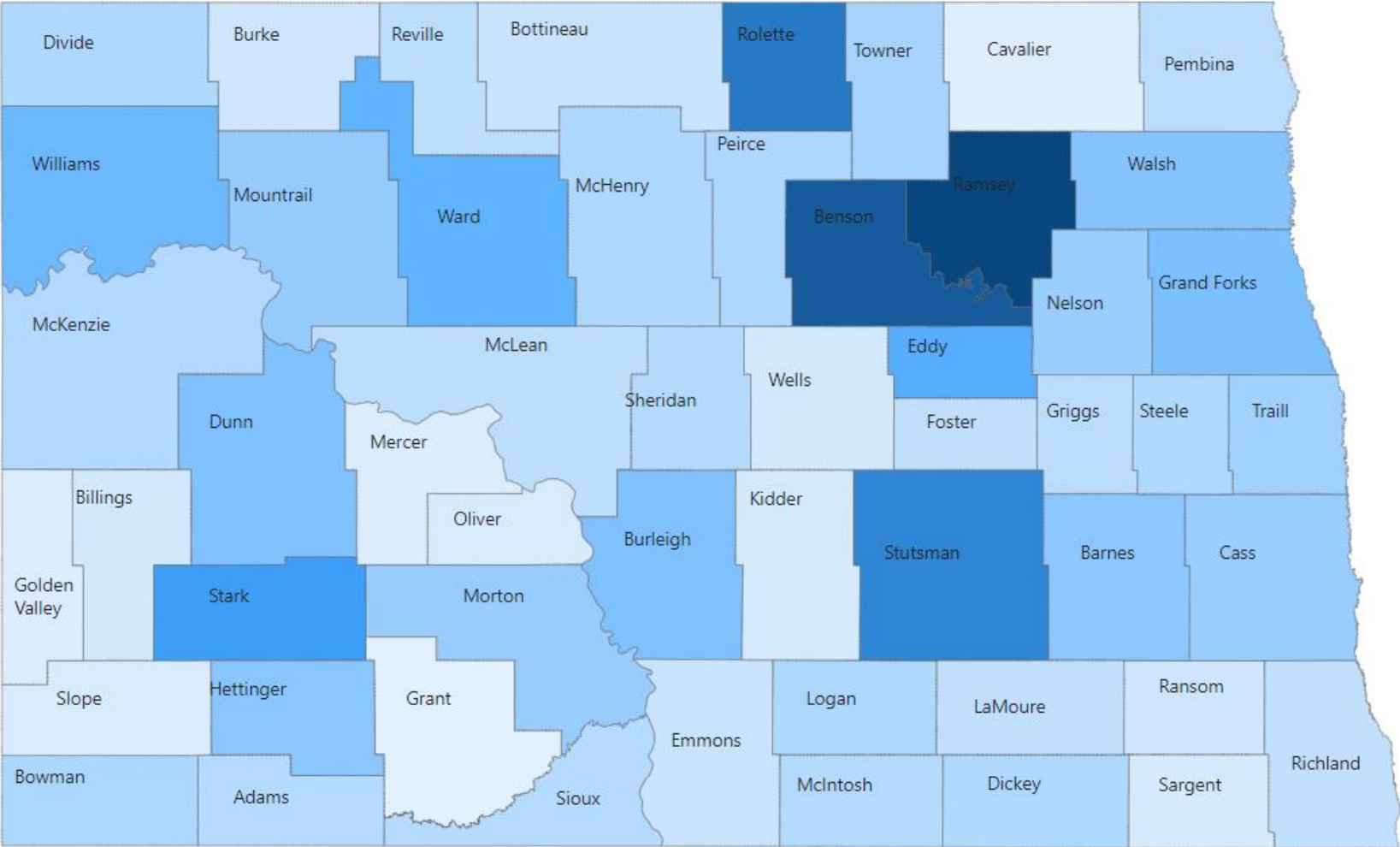# Human Service Center Locations

Behavioral health care penetration of services
July 2021 – December 2022

Rate of Clients Served by County
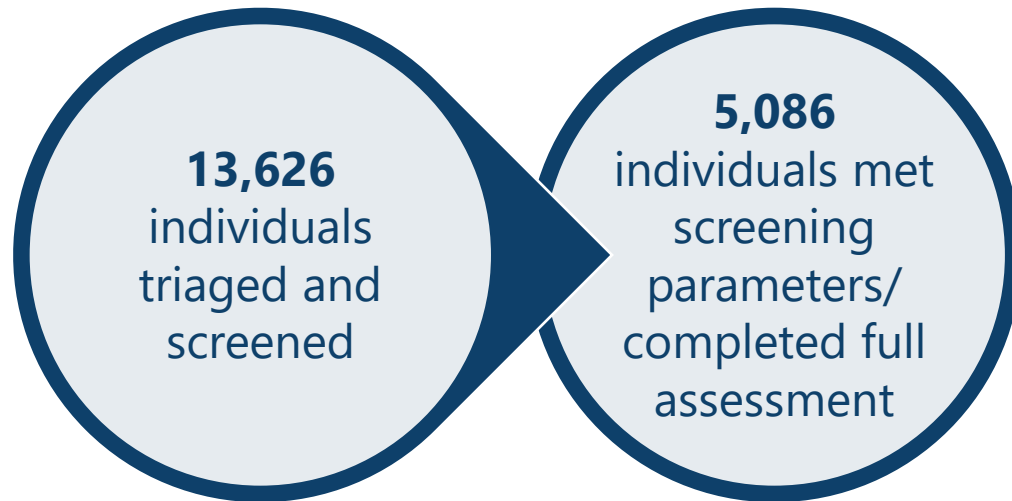*July 2021 – December 2022*

Roadmap

- HSC Clinic Leadership Restructure
- HSC Location Overview
- **Services**
  - **Assessments**
  - Treatment Services
  - Behavioral Health Crisis Care
- Essential Elements to Align with Future Vision
- Budget Overview

NORTH
Dakota | Health & Human Services
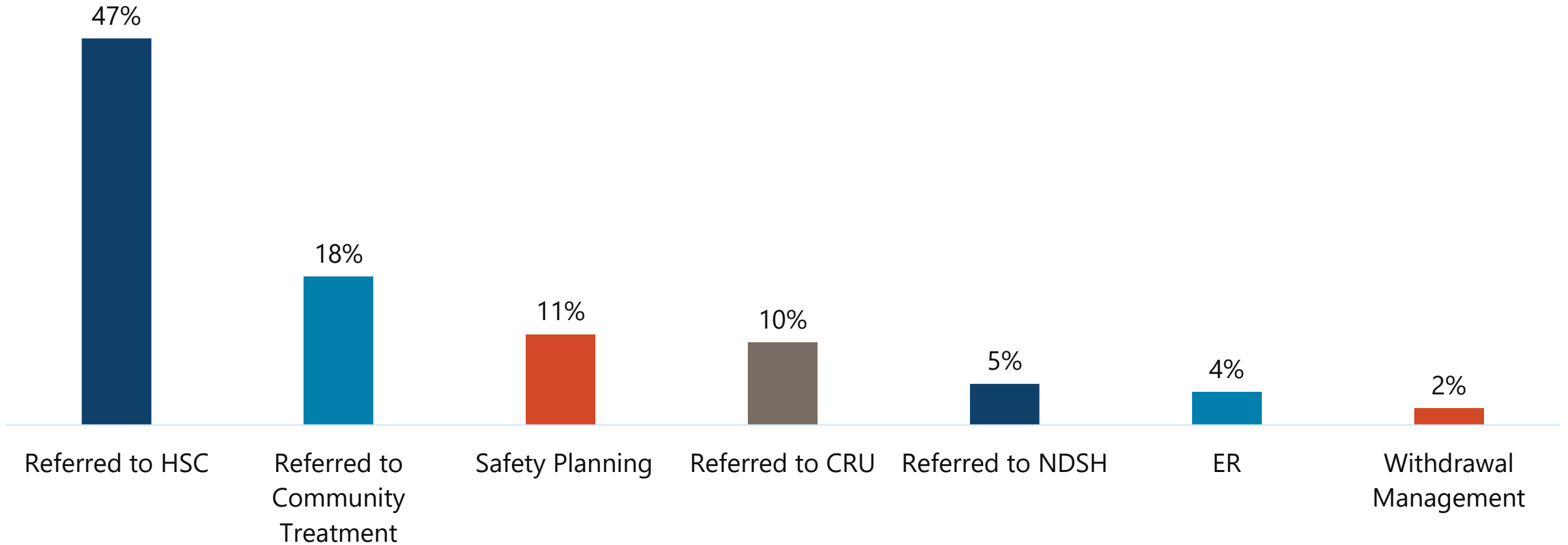Be Legendary.

Assessments - Walk-In
July 2021 - December 2022

- Available from 8am to 5pm Monday to Friday at all 8 Community Behavioral Health Clinic Locations.

- Purpose: To rapidly assess need and connect individuals to the right services. This may include entry into the local Clinic or referral to an outside agency.

13,626 individuals triaged and screened

5,086 individuals met screening parameters/ completed full assessment

NORTH Dakota | Health & Human Services
Be Legendary.

Assessments - Psychological
Statutorily Required: NDCC 75-05-03-07

- Sex Offender Risk Assessment (In support of Pre-Sentence Investigation)

- County Referred Parental Evaluations

- Developmental Disability Evaluations

- Multidisciplinary Case Conference

NORTH
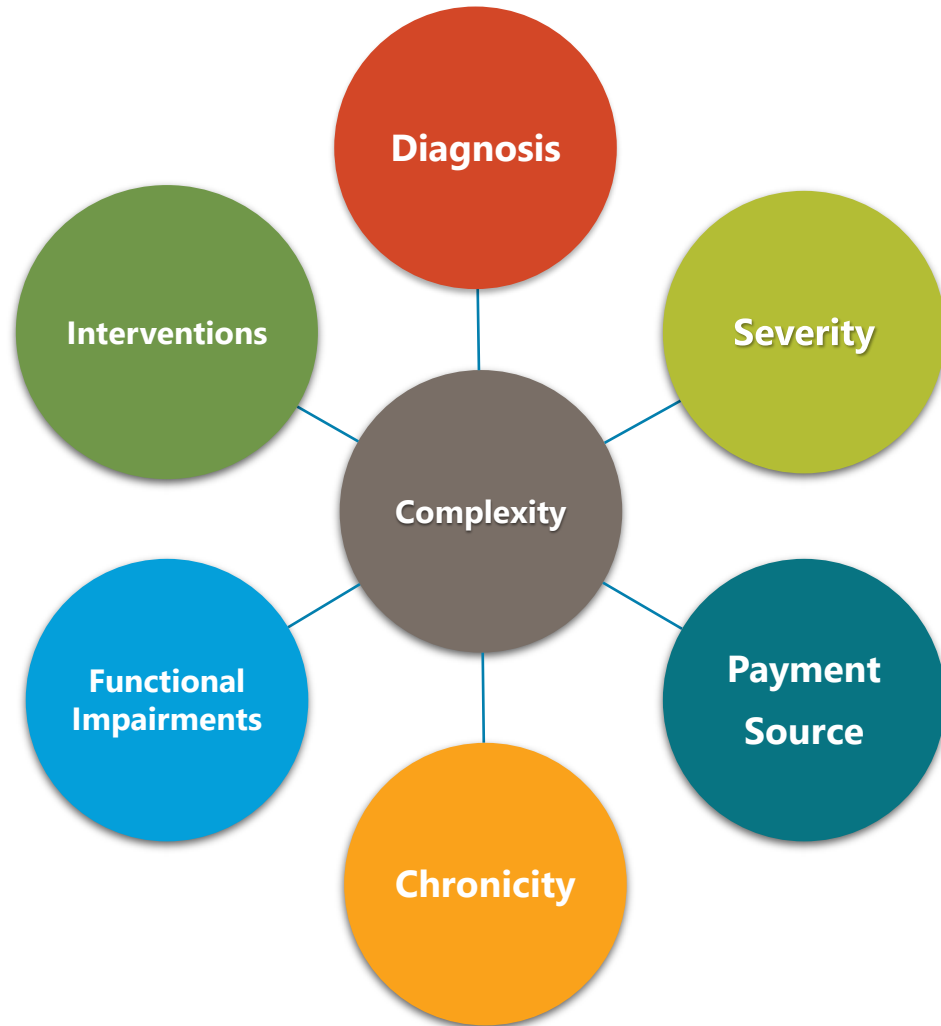Dakota | Health & Human Services
Be Legendary.

Roadmap

- HSC Clinic Leadership Restructure
- HSC Location Overview
- **Services**
  - Assessments
  - **Treatment Services**
  - Behavioral Health Crisis Care
- Essential Elements to Align with Future Vision
- Budget Overview

NORTH
Dakota | Health & Human Services
Be Legendary.

Treatment Services
Serving those with greatest need

- **Complexity:** Individuals who are experiencing moderate to severe/extreme functional impairment secondary to a behavioral health condition

- **Safety Net:** Individuals and families with limited access to other services or resources in their community.

Treatment Services
Struggling to find community options

Significant functional impairment	High risk factors	Complex and severe diagnoses
• Those with significant functional impairment. • Inability to maintain safety in the community. • Difficulty maintaining a home environment. • Difficulty being managed by caregivers. • Struggle with adhering to medications and appointments.	• Requiring higher levels of care, such as crisis bed, partial hospital, inpatient, safe beds, detention centers, etc. • Utilization of crisis services, alternative treatment orders (ATOs), petitions, etc. • Significant risk of harm to self or others. • Unmanageable in the home or school. • Complex unavoidable psychotropic polypharmacy.	• Serious Mental Illness • Children with Severe Emotional Disturbance • Dual diagnosis – active symptoms and current usage. Prison reentry substance use severity prior to incarceration consideration. • IV drug use within 1 year. • Pregnant and using substances. • First episode psychosis.

NORTH Dakota | Health & Human Services
Be Legendary.

Treatment Services
78% of clients with Severe and Extreme Impairments

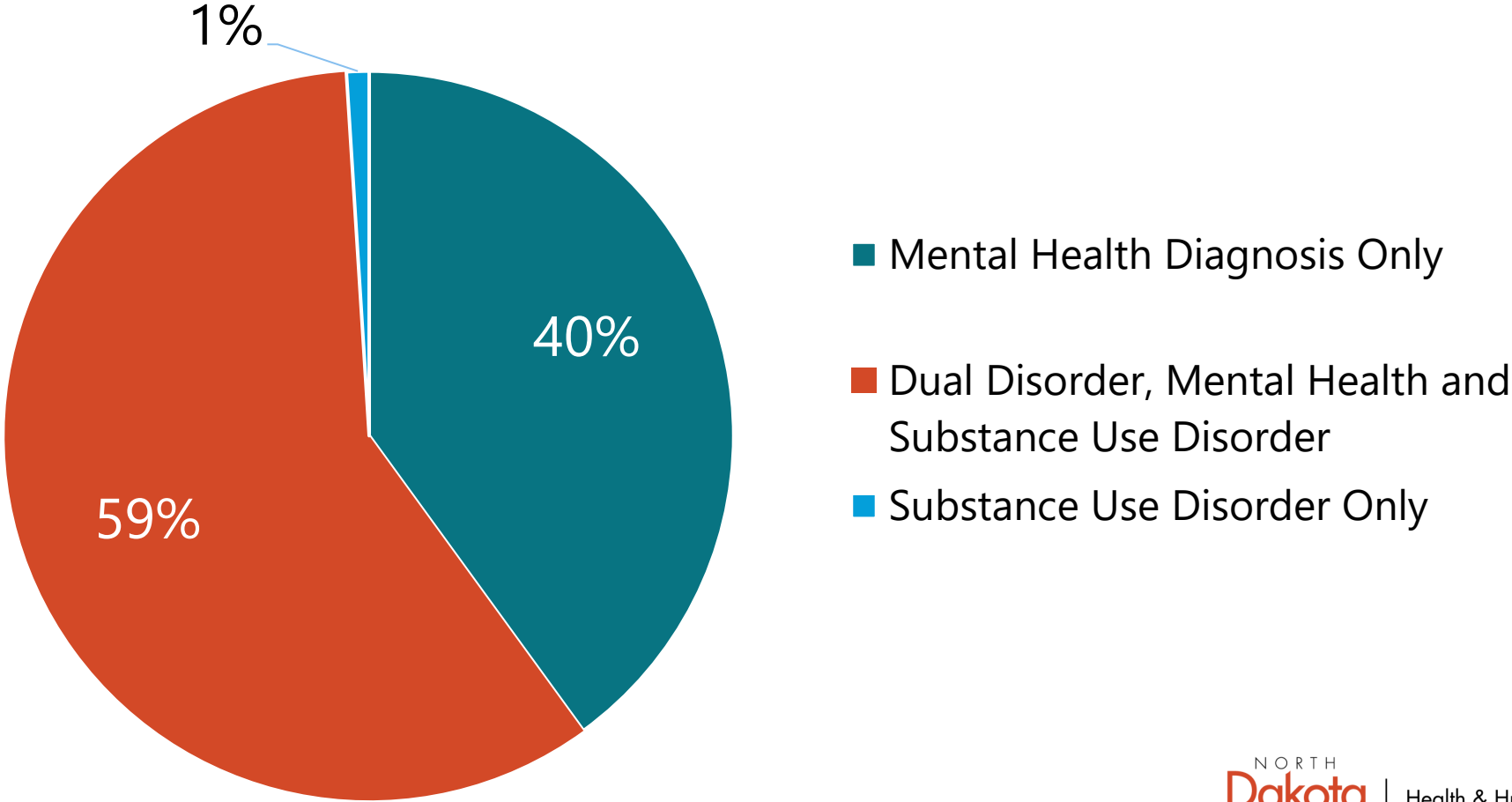For these individuals at the beginning of care:

- 28% were homeless
- 3% were residing in correctional facility
- 12% lived with parents
- 4% were in residential/ transitional living

For these individuals in last 30 days:

- 5% arrested
- 12% no show
- 3.30 average hours of service
- 85% of crisis residential admissions

Treatment Services
Diagnosis of People We Serve

1%

40%

59%

- Mental Health Diagnosis Only
- Dual Disorder, Mental Health and Substance Use Disorder
- Substance Use Disorder Only

NORTH Dakota Be Legendary. | Health & Human Services

Treatment Services
Limited payment options

- Accept major third-party payor insurance plans, Medicare, Medicaid, Medicaid expansion.
- Sliding fee scale available.
- Prioritize youth and family without payment source.

Treatment Services
Working differently to connect clients to what they need

People

Help foster growth of natural and community connections

Place

Help connect to safe and supportive living environments

Purpose

Help connect to work, community groups, or activities which facilitate meaning

NORTH Dakota | Health & Human Services
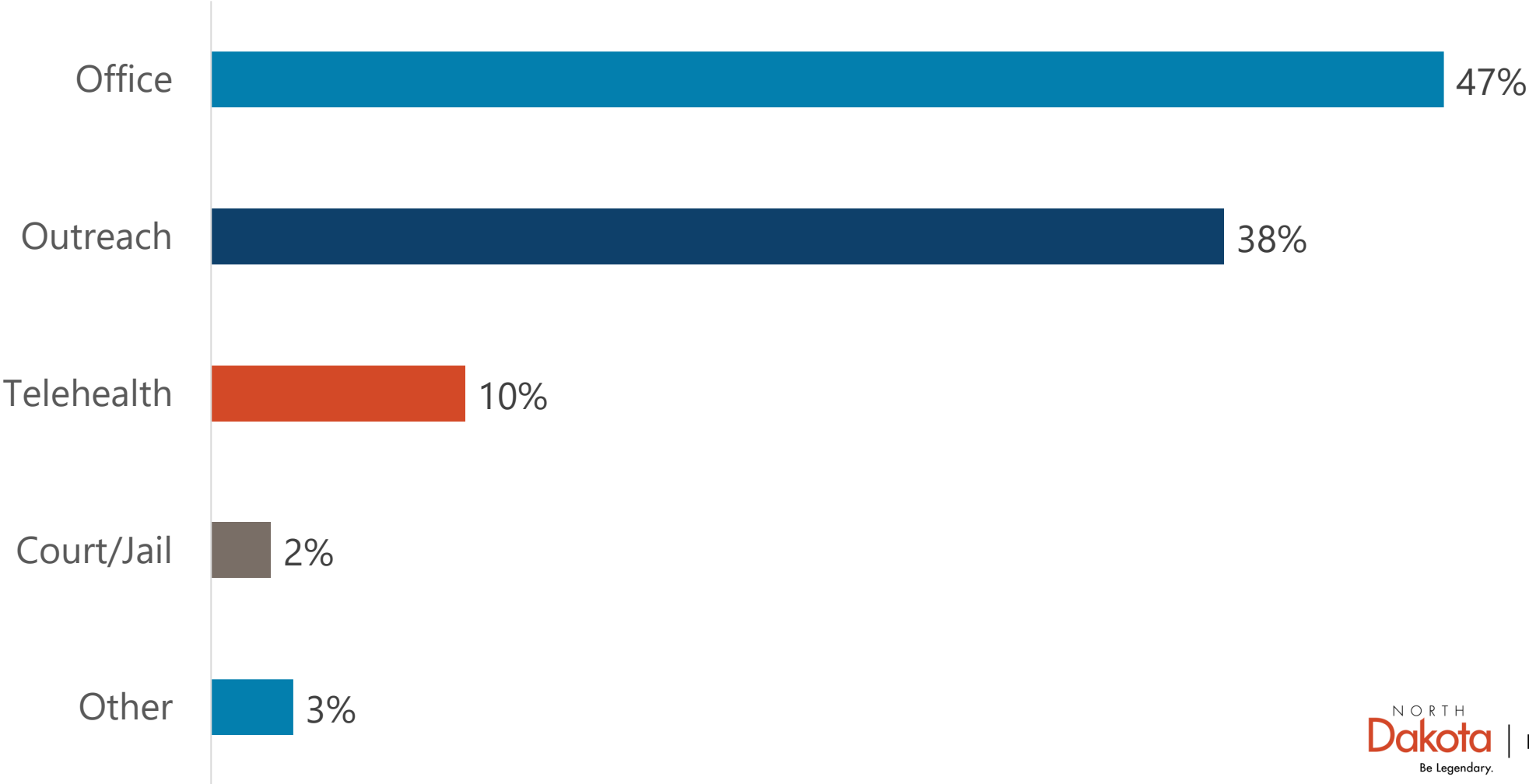Be Legendary.

Treatment Services
Team Based Care

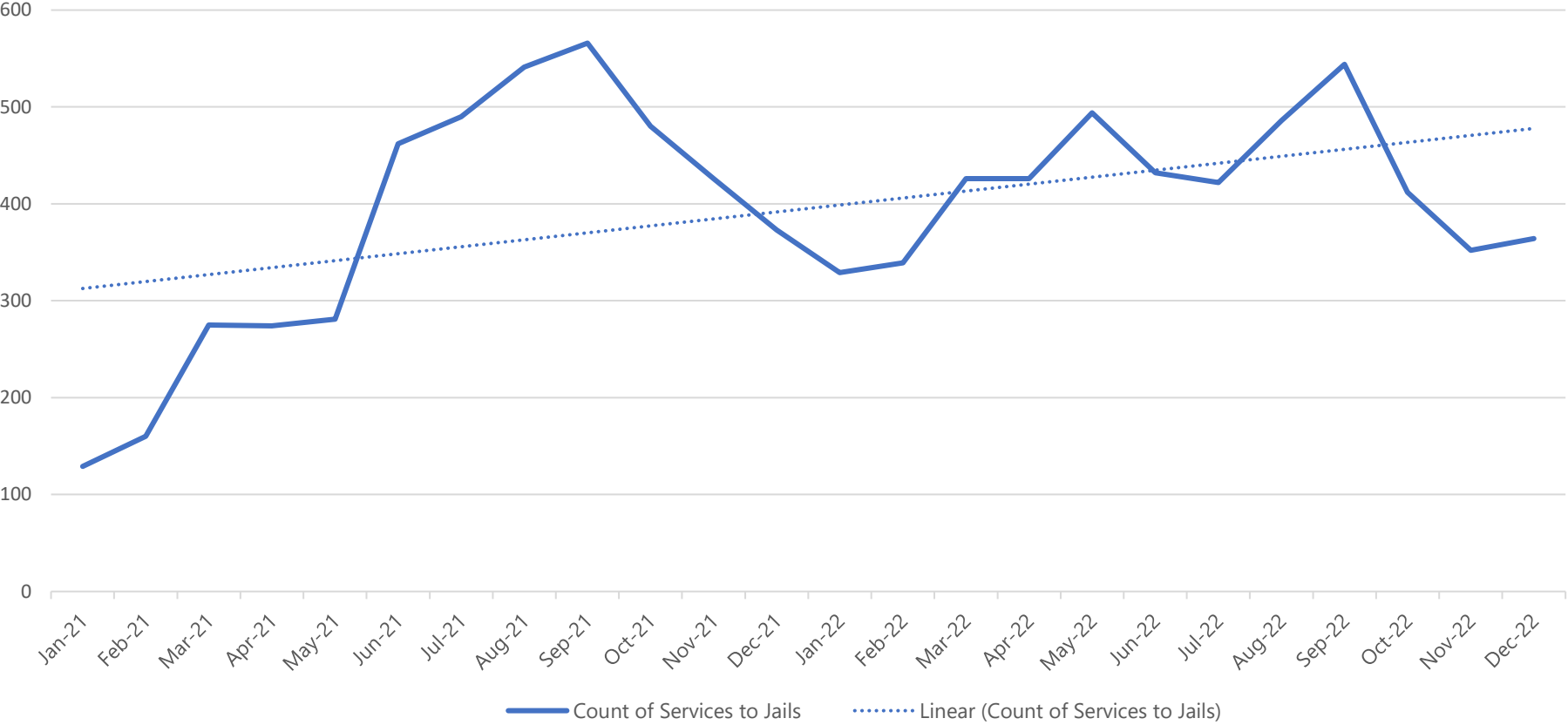Designed to serve individuals with complex needs with specific services to include

Treatment Services
Location of Services

Treatment Services
Service to Jails

13% increase in services provided to jails from 2021 to 2022

NORTH
Dakota | Health & Human Services
Be Legendary.

Treatment Services
Medication management supports

Long-acting injectable medications

- 10% patients are on injections
- Injections administered on site or at the client residence.

Antipsychotics and mood stabilizers requiring blood monitoring

- 7% on clozapine
- 63% on meds requiring routine blood draws

Medication skills training, medication box set up, and delivery

- Medication delivery access variable by region

Treatment Services - Adult
July 2021-December 2022

304,538 services provided to...

12,462 individuals

NORTH Dakota Be Legendary. | Health & Human Services

Treatment Services - Youth & Family
July 2021-December 2022

2,098 youth/families served

92% of youth served have a Serious Emotional Disturbance diagnosis

NORTH
Dakota | Health & Human Services
Be Legendary.

Roadmap

- HSC Clinic Leadership Restructure
- HSC Location Overview
- **Services**
  - Assessments
  - Treatment Services
  - **Behavioral Health Crisis Care**
- Essential Elements to Align with Future Vision
- Budget Overview

NORTH
Dakota
Be Legendary. | Health & Human Services

Statewide 988 (211) **Crisis Call Center**: Best Practice Anchors

Purpose: Real-time access to a live person every moment of every day for individuals in crisis.

Operate every moment of every day (24/7/365)

Answer every call or coordinate overflow coverage with a resource that also meets all of the minimum crisis call center expectations

Assess risk of suicide in a manner that meets NSPL standards and danger to others within each call

Coordinate connections to mobile crisis team services

Connect individuals to facility-based care through warm hand-offs and coordinating transportation as needed

Incorporate Caller ID functioning

Implement real-time GPS technology in partnership with the region's mobile crisis teams

Full Implementation

Partial Implementation

Not Implemented

NORTH Dakota | Health & Human Services
Be Legendary.

(SAMSHA Best Practice Tool Kit, 2020)

Mobile Crisis: Best Practice Anchors

Purpose: Offering community-based interventions to individuals in need where they are at.

Include a licensed and/or credentialed clinician capable of assessment *

Respond where the person is (home, work, park, etc.) and not restrict services to select locations

Connect individuals to facility-based care through warm hand-offs and coordinating transportation as needed

Incorporate peers within the mobile crisis team *

Respond without law enforcement accompaniment unless special circumstances warrant inclusion

Implement real-time GPS technology in partnership with the region's crisis call center hub

Schedule outpatient follow-up appointments to support connection to ongoing care

Full Implementation

Partial Implementation

Not Implemented

*Included in Crisis Enhancement funding

NORTH Dakota | Health & Human Services
Be Legendary.

(SAMSHA Best Practice Tool Kit, 2020)

Behavioral Health Crisis Care
Rural Crisis Adaptation

Current
Mobile response within 45 miles radius of 8 metro areas

Future Plan
Develop agreements with critical access hospitals and with key community entities (law enforcement and Emergency Departments) for tele-response.

NORTH Dakota | Health & Human Services
Be Legendary.

Crisis Stabilization Units: Best Practice Anchors

Purpose:
To manage risk at lowest level of care and avoid unneeded hospitalizations/ER visits.

Do not require medical clearance prior to admission but will assess for and support medical stability while in the program *

Design their services to address mental health and substance use crisis issues

Employ the capacity to assess physical health needs and deliver care for most minor physical health challenges *

Staff at all times (24/7/365) with a multidisciplinary team capable of meeting the needs of individuals experiencing all levels of crisis in the community *

Offer walk-in and first responder drop-off options

Ensure timely access to licensed and/or credentialed clinicians capable of completing assessments

Screen for suicide risk and complete comprehensive suicide risk assessments and planning when clinically indicated

Full Implementation

Partial Implementation

Not Implemented

* Included in Crisis Enhancement funding

NORTH Dakota | Health & Human Services
Be Legendary.

(SAMSHA Best Practice Tool Kit, 2020)

Behavioral Health Crisis Care

July 2021 – December 2022

22,318 crisis calls to call center

- 4,982 crisis calls resulted in mobile response

19,620 crisis services provided by Human Service Centers

2,237 admissions to Crisis Residential facilities

NORTH Dakota Be Legendary. | Health & Human Services
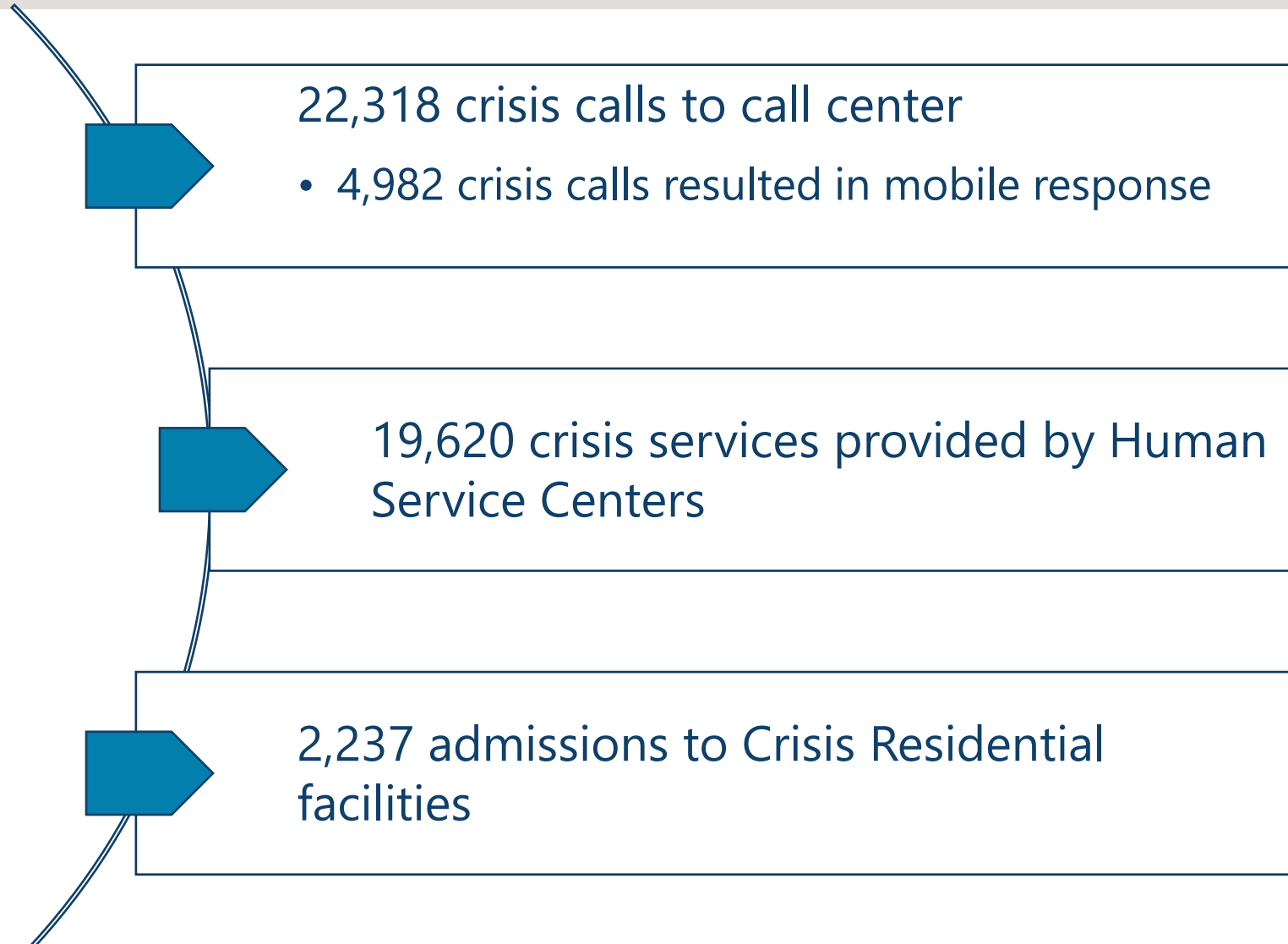
Behavioral Health Crisis Care
Results Following Crisis Assessment

44%	19%	18%	9%	8%	6%	5%	5%	2%
Referred to HSC	Crisis Unit	Safety Planning	NDSH Admission	Other	Emergency Room	Referred to Community Treatment	Follow-up Call	Other Inpatient Admission

Roadmap

- HSC Clinic Leadership Restructure
- HSC Location Overview
- Services
  - Assessments
  - Treatment Services
  - Behavioral Health Crisis Care
- **Essential Elements to Align with Future Vision**
- Budget Overview

NORTH
Dakota
Be Legendary. | Health & Human Services

Pathway to Certified Community Behavioral Health Clinics (CCBHCs)

National Accreditation

Obtained 4-year accreditation on October 8th, 2020, through Council on Accreditation

Met Maintenance of Accreditation compliance checks for 2021 and 2022

Certified Community Behavioral Health Clinics

Spring of 2022 applied for SAMHA 4-year demonstration grant for 3 human service centers (not awarded)

December of 2022 applied for SAMHA implementation grant (waiting on notice of award)

Current SB 2128 would require HSCs to become CCBHCs

NORTH
Dakota | Health & Human Services
Be Legendary.

Enhancements Required for CCBHCs

Enhanced Reporting	Enhanced Collaboration	Enhanced EHR	Enhanced VA coordination	Expand Capacity	Peer Support
• Data capture • Data submission	• Local contracted or coordinating facilities • Primary care provider visits and medication changes	• Interagency electronic connections and data exchange	• Outreach extending past specific distance parameters from VA facilities	•Expand service availability to greater range of need. •Increase availability of Substance Use Disorder Treatment	• Increased engagement and client access

NORTH Dakota | Health & Human Services
Be Legendary.

Continued progress requires **addressing team member retention**

Data shows a rising vacancy rate corresponding with timeline of serving a more complex and severe patient population.

Vacancy Rate

17%

7%

6%

■ 2015 ■ 2020 ■ 2022

NORTH
Dakota
Be Legendary. | Health & Human Services
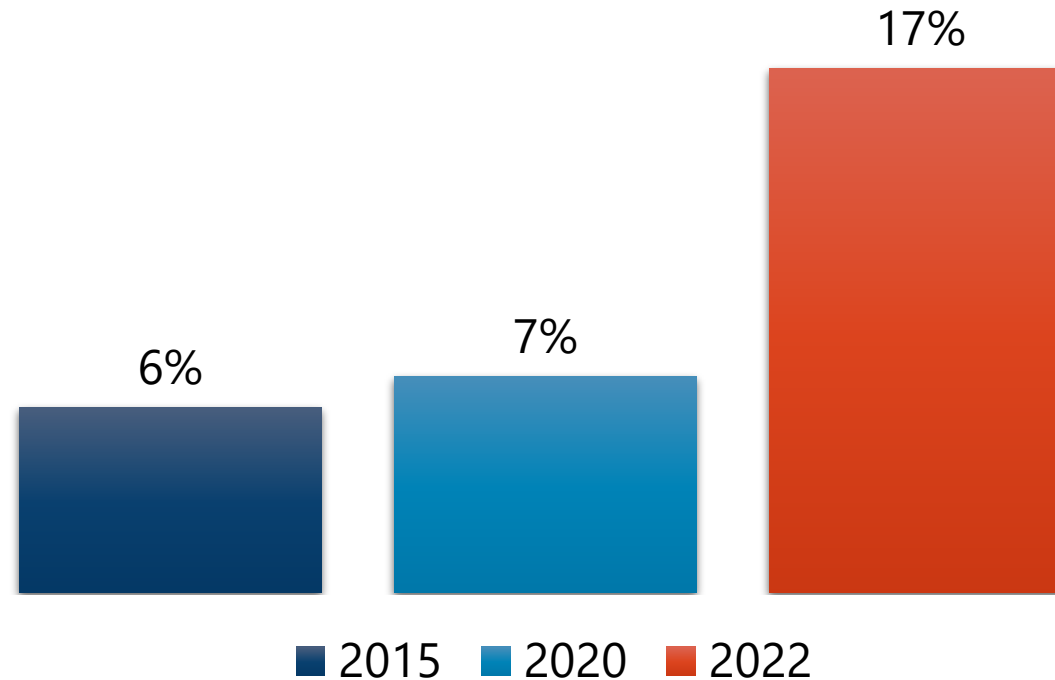
Vacancy report

Behavioral Health Vacancies

	Addiction Counselor	Advanced Clinical Specialist	Case Manager	Direct Care Associate	Human Relations Counselor	Psychologist	Nurse	Physician/AP RN/PA	Psychometrist	Social Worker
■ Number Vacancies	14	15	11	8.35	16	3	6	5	0.5	1
— Average Days Vacant	176	215	122	167	356	356	131	488	96	110

NORTH Dakota | Health & Human Services
Be Legendary.

Temporary Positions

Legend: ● Percentage Vacant ● Percentage Filled ● Number of Vacancies

Month	Percentage Filled	Percentage Vacant	Number of Vacancies
Jan 2022	52.3%	47.7%	63
Feb 2022	52.3%	47.7%	63
Mar 2022	55.6%	44.4%	59
Apr 2022	51.1%	48.9%	65
May 2022	49.3%	50.7%	74
Jun 2022	45.9%	54.1%	79
Jul 2022	43.2%	56.8%	83
Aug 2022	44.9%	55.1%	81
Sep 2022	44.9%	55.1%	81
Oct 2022	47.7%	52.3%	78
Nov 2022	43.6%	56.4%	84

Vacancy rates are consistently higher for temporary positions than for FTE positions.

NORTH Dakota | Health & Human Services
Be Legendary.

Vacancies impacting revenue

Licensed Addiction Counselor

- 14 current vacancies open for a combined 2,445 days
- Vacant for 175 days on average
- 9 positions vacant greater than 3 months
- Average revenue for position is $40,687 a month
- **Estimated loss due to vacancies: $3,315,990**

Advanced Clinical Specialists

- 15 current vacancies open for a combined 3,209 days
- Vacant for 214 days on average
- 14 positions vacant greater than 3 months
- Average revenue for position is $39,153 a month
- **Estimated loss due to vacancies: $4,188,066**

Human Relation Counselors

- 16 current vacancies open for a combined 3,873 days
- Vacant for 242 days on average
- 10 positions vacant greater than 3 months
- Average revenue for position is $30,523 a month
- **Estimated loss due to vacancies: $4,188,066**

NORTH Dakota | Health & Human Services
Be Legendary.

Roadmap

- HSC Clinic Leadership Restructure
- HSC Location Overview
- Services
  - Assessments
  - Treatment Services
  - Behavioral Health Crisis Care
- Essential Elements to Align with Future Vision
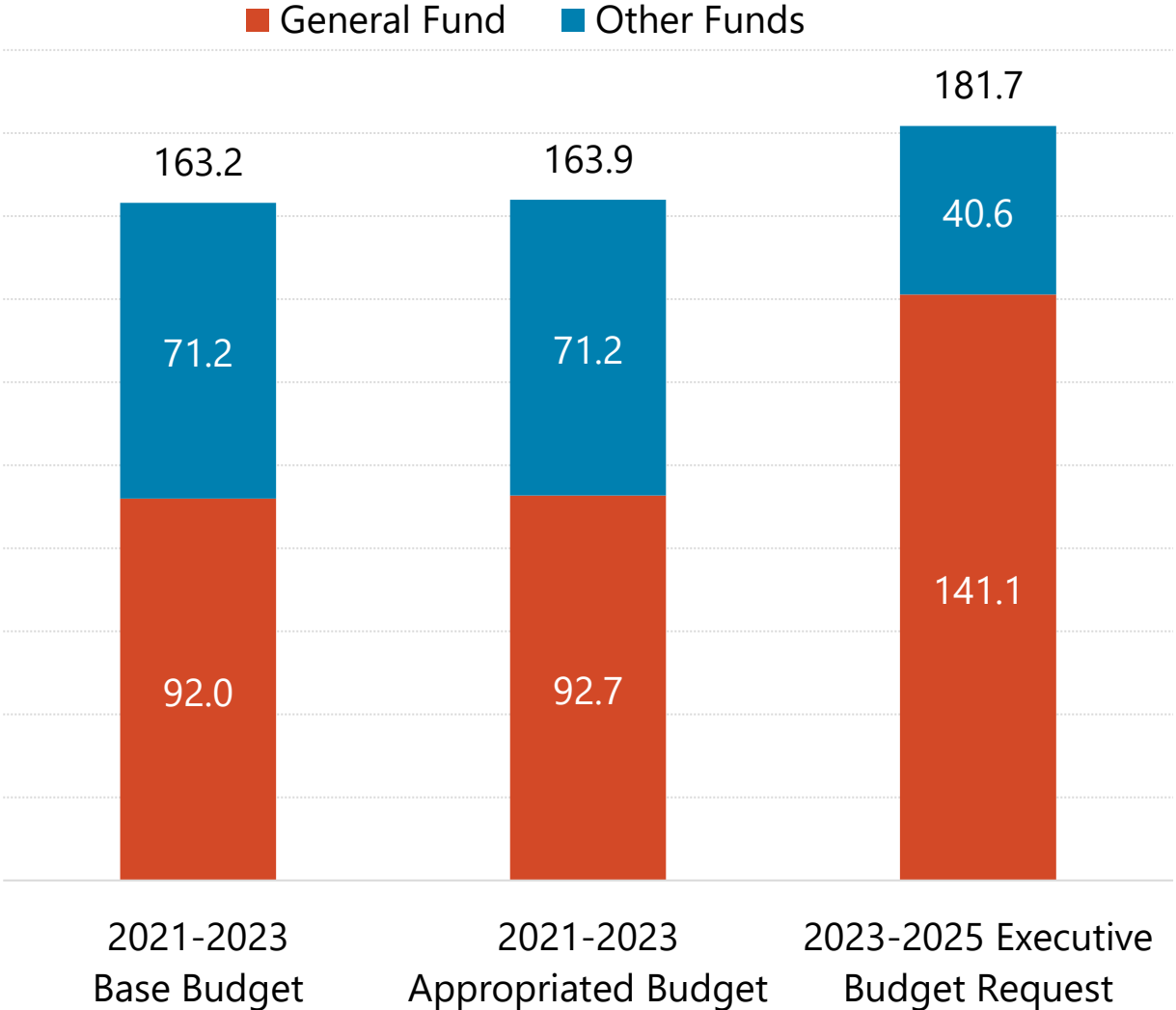- **Budget Overview**

NORTH
Dakota | Health & Human Services
Be Legendary.

Overview of budget changes

Description	2021 - 2023 Budget Base	Increase/ (Decrease)	2023 - 2025 Executive Budget
Salaries and Benefits	$ 121,419,280	$ 10,601,168	$ 132,020,448
Operating	14,695,687	6,237,522	20,933,209
IT Services	945,548	177,407	1,122,955
Capital Asset Expense	80,000	735,154	815,154
Capital Assets	-	-	-
Grants	26,073,310	723,129	26,796,439
Total	$ 163,213,825	$ 18,474,380	$ 181,688,205
General Fund	**$ 91,958,854**	**$ 49,134,985**	**$ 141,093,839**
Federal Funds	**44,666,940**	**(18,896,503)**	**25,770,437**
Other Funds	**26,588,030**	**(11,764,101)**	**14,823,929**
Total Funds	**$ 163,213,824**	**$ 18,474,381**	**$ 181,688,205**
Full Time Equivalent (FTE)	630.25	49.50	679.75

NORTH Dakota | Health & Human Services
Be Legendary.

Overview of budget changes (IN MILLIONS)
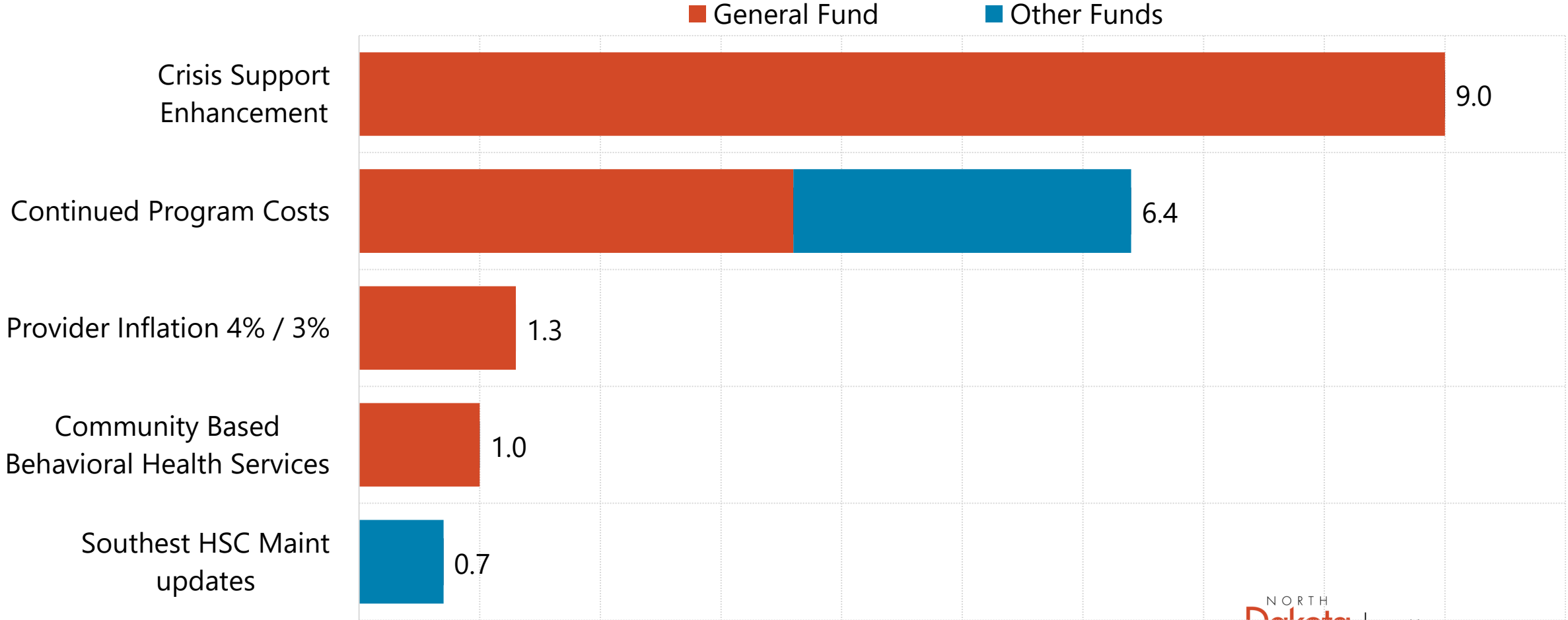
Contact Information

Clinical Director, Human Service Centers

- Dan Cramer
- dcramer@nd.gov

Medical Director, Human Service Centers

- Dr. Laura Kroetsch
- lkroetsch@nd.gov

Operations Director, Human Service Centers

- Jeff Stenseth
- jstenseth@nd.gov

NORTH Dakota
Be Legendary. | Health & Human Services

We are dedicated to the care, treatment, and support of each individual's journey toward wellness and recovery within a safe environment that promotes reintegration in the community.

SB 2012

Senate Appropriations Committee
Senator Bekkedahl, Chairman

North Dakota State Hospital   January 17, 2023

NORTH Dakota
Be Legendary. | Health & Human Services

Behavioral Health Organizational Chart

Executive Director
Behavioral Health
Pamela Sagness

POLICY

Policy Director	Clinical Director, Policy
Laura Anderson	**Vacant**

HUMAN SERVICE CENTERS (COMMUNITY CLINICS)

Clinical Director, Human Service Centers	Medical Director, Human Service Centers	Operations Director, Human Service Centers
Dan Cramer	**Dr. Laura Kroetsch**	**Jeff Stenseth**

STATE HOSPITAL

State Hospital Superintendent

Dr. Eduardo Yabut

NORTH Dakota | Health & Human Services
Be Legendary.
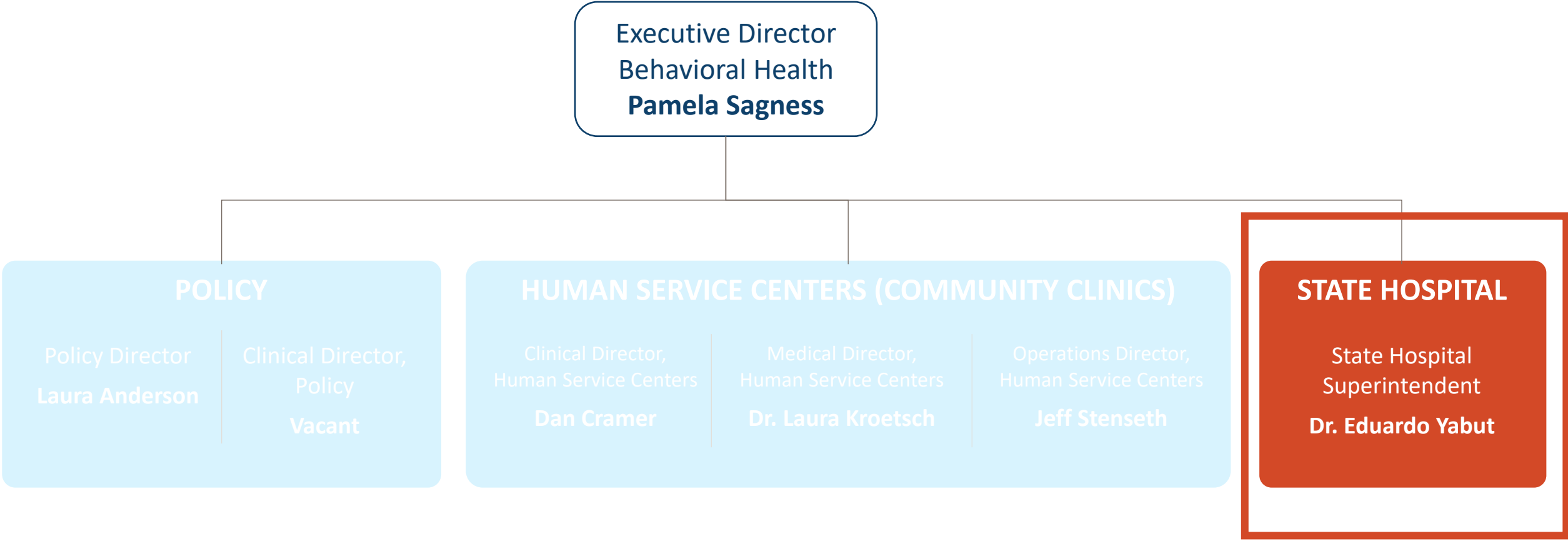
Programs and Services

Acute Psychiatric Services

Forensic Services

Psychiatric Rehabilitation Services

Geriatric Psychiatric Services

Sex Offender Residential Treatment

SUD Residential Treatment

NORTH Dakota | Health & Human Services
Be Legendary.

Acute Psychiatric & Forensic Services

- 2 units with a total of 27 beds.

- These units serve individuals needing short term acute psychiatric treatment, acute psychosis with agitation / aggression, forensic admissions.
- All diagnostic groups are treated including many clients with dual or multiple diagnoses causing significant disruption in their daily lives due to severity or longevity of their illness.

Forensic Services-individuals are admitted to either of the acute psychiatric service units. These individuals are admitted under order for evaluation of competency, criminal responsibility, or both, as well as restore to competency/fit to proceed, or NGRI.

NORTH
Dakota | Health & Human Services
Be Legendary.

Acute Psychiatric & Forensic Services
(2021-2022)

Admissions	Average Length of Stay	Occupancy
859 • *Forensics admissions accounted for 14% of hospital's admissions*	**20 days**	**86%**

Admissions By Region	BL	LR	NC	NE	NW	SC	SE	WC
	5%	7%	3%	6%	3%	42%	14%	4%

Admissions By ER	BL	LR	NC	NE	NW	SC	SE	WC
	4%	6%	0%	4%	3%	72%	10%	1%

NORTH Dakota | Health & Human Services
Be Legendary.

Psychiatric Rehabilitation Services

- 2 units with a total of 30 beds

- Serves young individuals with chronic severe persistent mental illness. These individuals need intensive rehabilitative, vocational, and therapeutic services, including financial and housing.

Psychiatric Rehabilitation Services
(2021-2022)

Average Length of Stay
• **133 days**

Occupancy
• **96%**

NORTH
Dakota | Health & Human Services
Be Legendary.

Geriatric Psychiatric Services

- 24- bed unit

- Serves unique individuals with psychiatric and medical disorders that are of a higher acuity than community settings can serve.

- Most common diagnosis of neuropsychiatric d/o to include sundowning, wandering, and agitation/aggression some being violent causing nursing homes concern.

NORTH
Dakota | Health & Human Services
Be Legendary.

Geriatric Psychiatric Services
(2021-2022)

Average Length of Stay
• **129 days**

Occupancy
• **91%**

NORTH Dakota Be Legendary. | Health & Human Services

Sex Offender Residential Treatment (SOTEP)

- 2 units and a community transition house for a total of 49 beds

- Serves individuals who are civilly committed sexual offenders

NORTH Dakota | Health & Human Services
Be Legendary.

Sex Offender Residential Treatment (SOTEP) *(2021-2022)*

Admissions	Average Length of Stay	Occupancy
• **8**	• **1,128 days**	• **60%**

NORTH
Dakota | Health & Human Services
Be Legendary.

Substance Use Disorder (SUD) Residential Services

- 30-bed unit

- Serves individuals at a residential level of care
  - Primary Substance Use
  - Dual diagnosed with Substance Use and Mental Illness

Substance Use Disorder (SUD) Residential Services *(2021-2022)*

Admissions	Average Length of Stay	Occupancy
• **258**	• **48 days**	• **44%**

Admissions By Region	BL	LR	NC	NE	NW	SC	SE	WC	DOCR
	9%	15%	1%	10%	2%	25%	11%	20%	8%

NORTH Dakota Be Legendary. | Health & Human Services

COVID-19 Response

Total Clients Served During Pandemic

- **1,332**

Positive COVID-19 Clients Served

- **85 days**

Days COVID Unit Open

- **139**

NORTH
Dakota
Be Legendary. | Health & Human Services
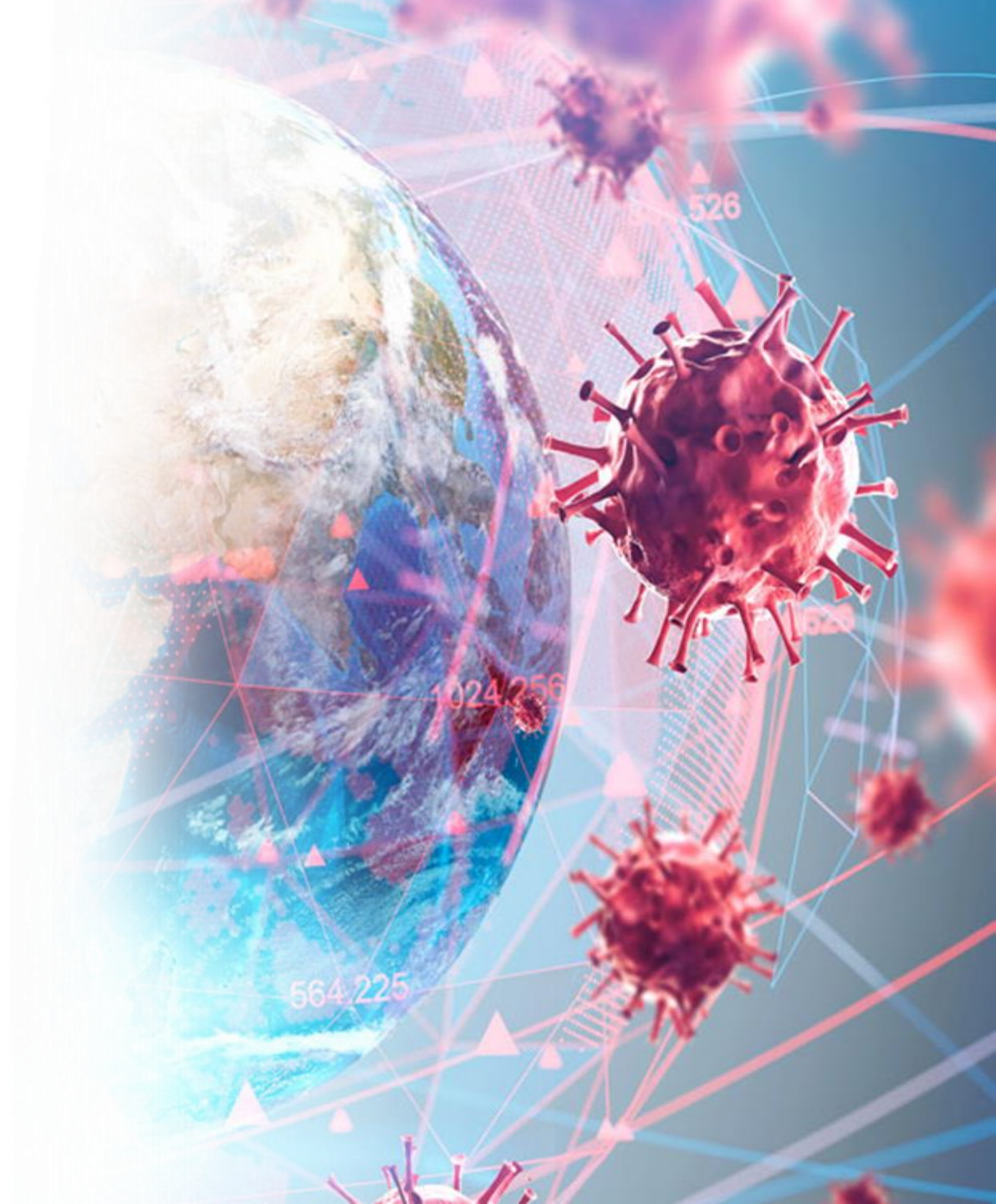
Accomplishments
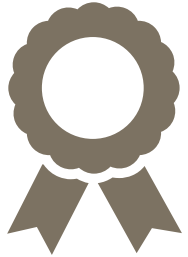
Accreditation and Pharmacy Compliance

Services provided during inclement weather

Providers of clinical experiences

Enhance connection to dental care

NORTH Dakota Be Legendary. | Health & Human Services

Client / Family Comments

Wonderful Caring People. Staff are professional and Kind. Thank you

I enjoyed the sense of community I felt here. I learned a lot during my stay and positive things to say about staff. Thank you

I am very grateful for the time and attention State Hospital staff have given to my family member in their care and to the rest of us!

Staff were sincere in their regard for the patient's and family's wellbeing and had trustworthy expertise and ability to arrange guardianship and other formal matters.

Staff were consistently communicative in an open and direct way.

I would like to thank all the Doctors and Treatment Teams for helping me change my future for the better.

This place was helpful with my meds, they worked fast with other agencies.

My Stay at the hospital was very fulfilling.

The staff are amazing people, Incredible people.

My experience here has been positive and Helpful.

NORTH Dakota | Health & Human Services
Be Legendary.

A future of continued progress

NORTH
Dakota | Health & Human Services
Be Legendary.

Continued Efforts

ADMISSION WAITLIST   **NEW STATE HOSPITAL**   **SCHULTE REPORT**

2023-2025 Budget request

The **program, systems and workforce support** necessary to continue to serve North Dakotans
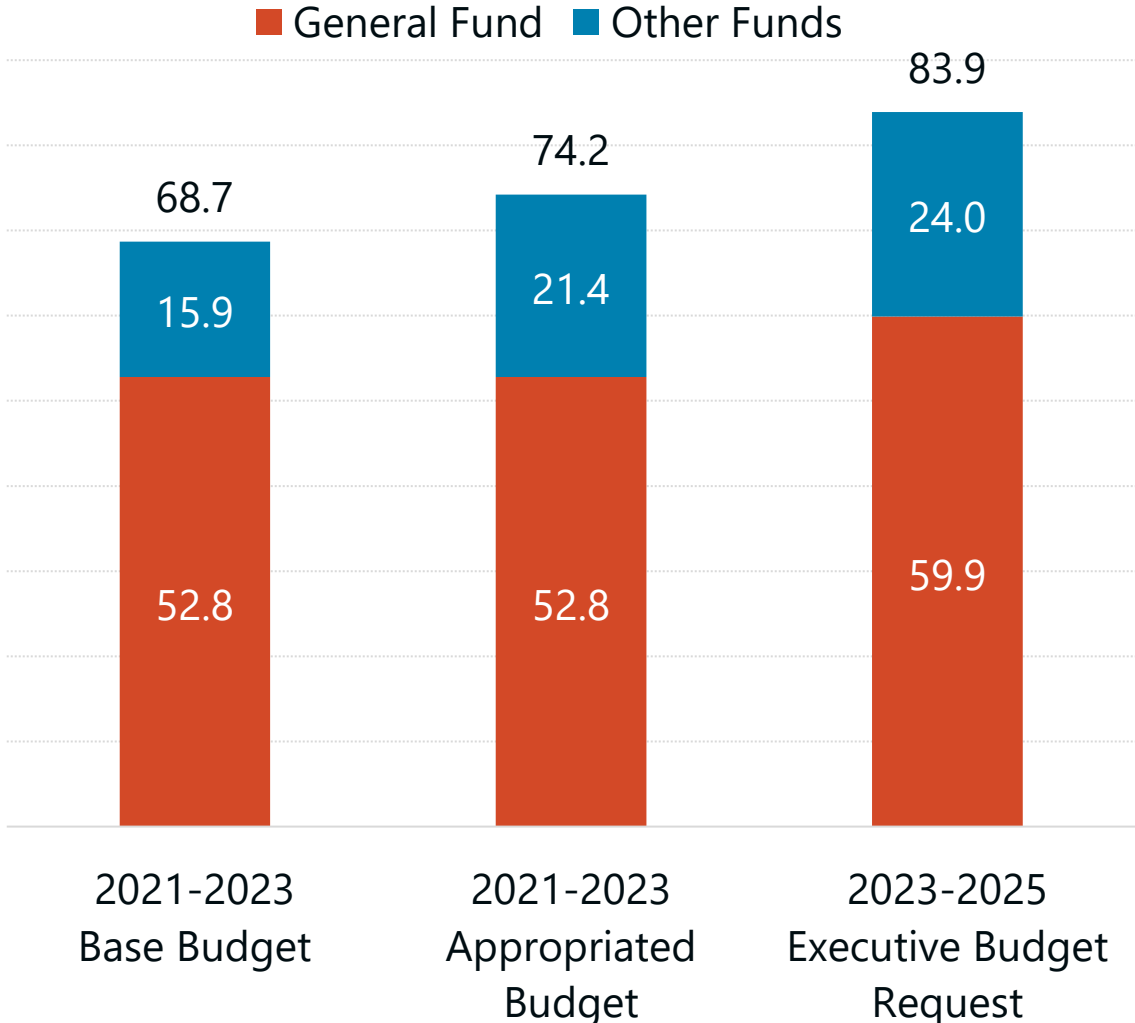
NORTH Dakota Be Legendary. | Health & Human Services

State Hospital
Overview of budget changes

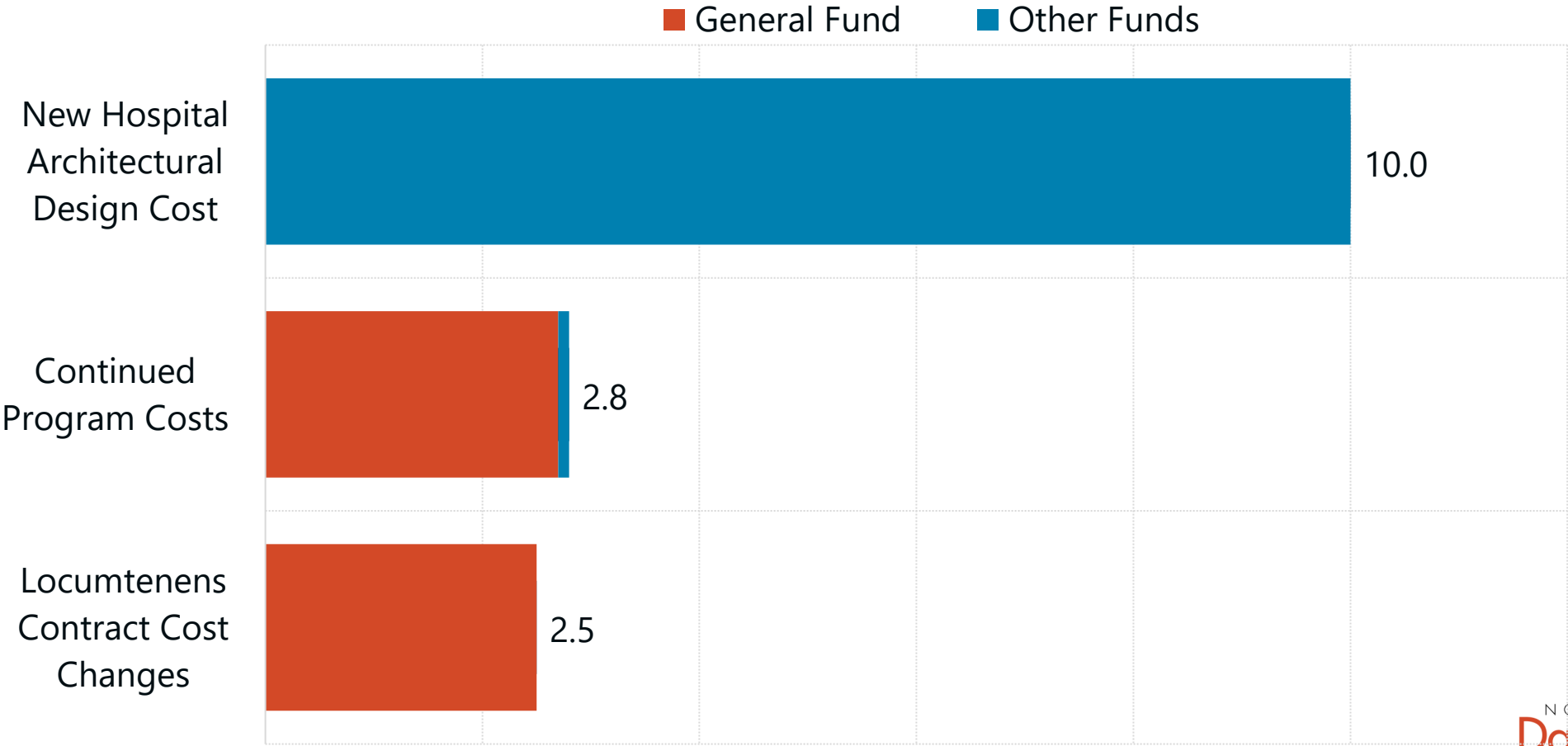| Description	2021 - 2023 Budget Base	Increase/ (Decrease)	2023 - 2025 Executive Budget
Salaries and Benefits	$ 56,179,732	$ 2,479,420	$ 58,659,152
Operating	10,921,272	2,746,195	13,667,467
IT Services	250,505	-	250,505
Capital Asset Expense	1,292,499	-	1,292,499
Capital Assets	60,800	10,000,000	10,060,800
Grants	-	-	-
Total	$ 68,704,808	$ 15,225,615	$ 83,930,423
General Fund	$ 52,821,030	$ 7,051,222	$ 59,872,252
Federal Funds	1,215,507	2,126,351	3,341,858
Other Funds	14,668,270	6,048,043	20,716,313
Total Funds	$ 68,704,807	$ 15,225,616	$ 83,930,423
Full Time Equivalent (FTE)	319.52	-	319.52

NORTH
Dakota | Health & Human Services
Be Legendary.

State Hospital
Overview of budget changes (in millions)

Legend: ■ General Fund ■ Other Funds

Category	Value
New Hospital Architectural Design Cost	10.0
Continued Program Costs	2.8
Locumtenens Contract Cost Changes	2.5

NORTH Dakota | Health & Human Services
Be Legendary.

Sex Offender Residential Treatment (SOTEP)
Overview of budget changes

Description	2021 - 2023 Budget Base	Increase/ (Decrease)	2023 - 2025 Executive Budget
Salaries and Benefits	$ 10,662,432	$ 1,235,330	$ 11,897,762
Operating	1,528,871	9,270	1,538,141
IT Services	40,314	-	40,314
Capital Asset Expense	-	-	-
Capital Assets	-	-	-
Grants	-	-	-
Total	$ 12,231,617	$ 1,244,600	$ 13,476,217

General Fund	**$ 12,231,617**	**$ 1,244,600**	**$ 13,476,217**
Federal Funds	**-**	**-**	**-**
Other Funds	**-**	**-**	**-**
Total Funds	**$ 12,231,617**	**$ 1,244,600**	**$ 13,476,217**

Full Time Equivalent (FTE)	67.50	-	67.50

NORTH Dakota | Health & Human Services
Be Legendary.

Sex Offender Residential Treatment (SOTEP)
Overview of budget changes (in millions)

Legend: ■ General Fund ■ Other Funds

2021-2023 Base Budget	2021-2023 Appropriated Budget	2023-2025 Executive Budget Request
12.2	12.2	13.5

NORTH Dakota | Health & Human Services
Be Legendary.
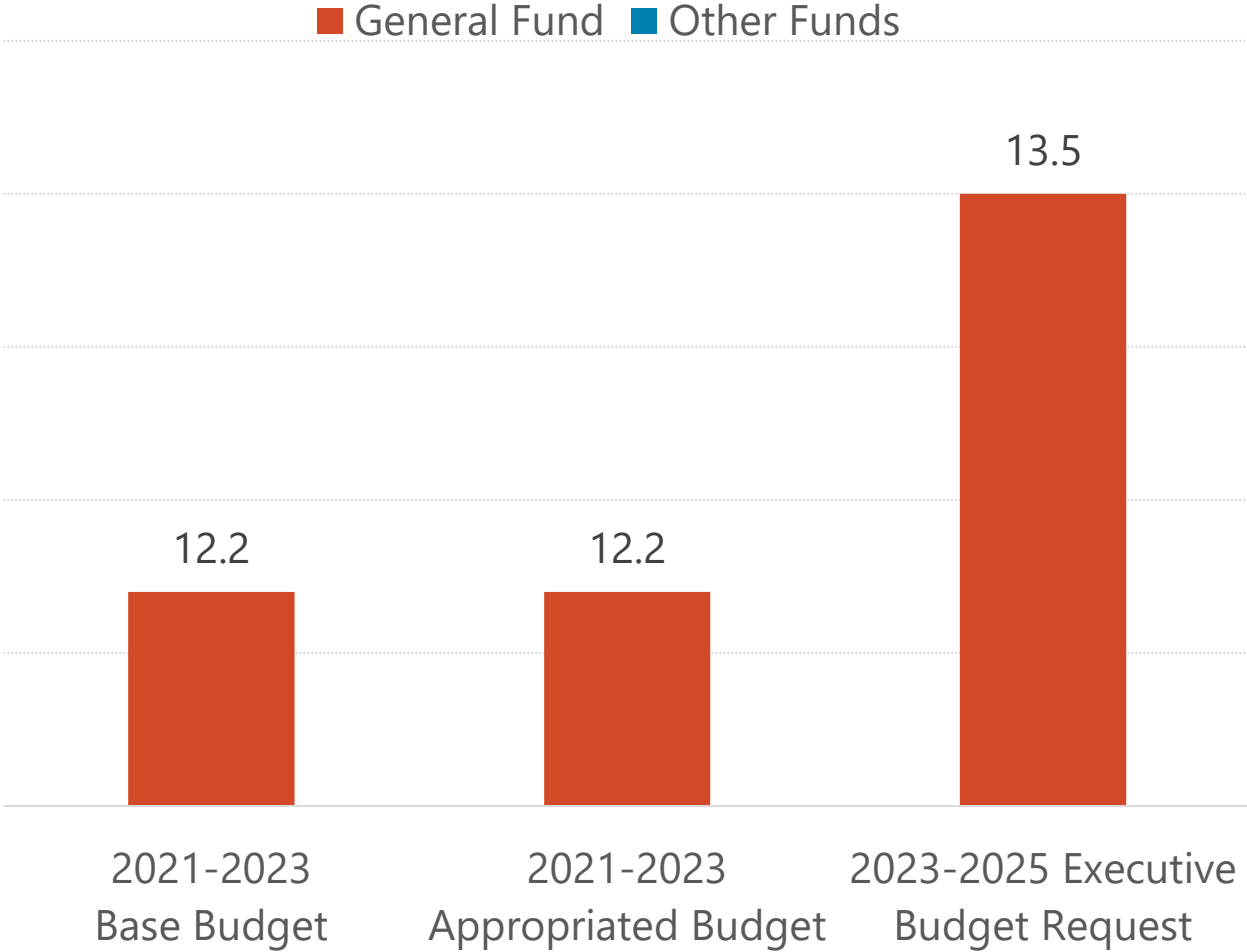
Sex Offender Residential Treatment (SOTEP)
Overview of budget changes (in millions)
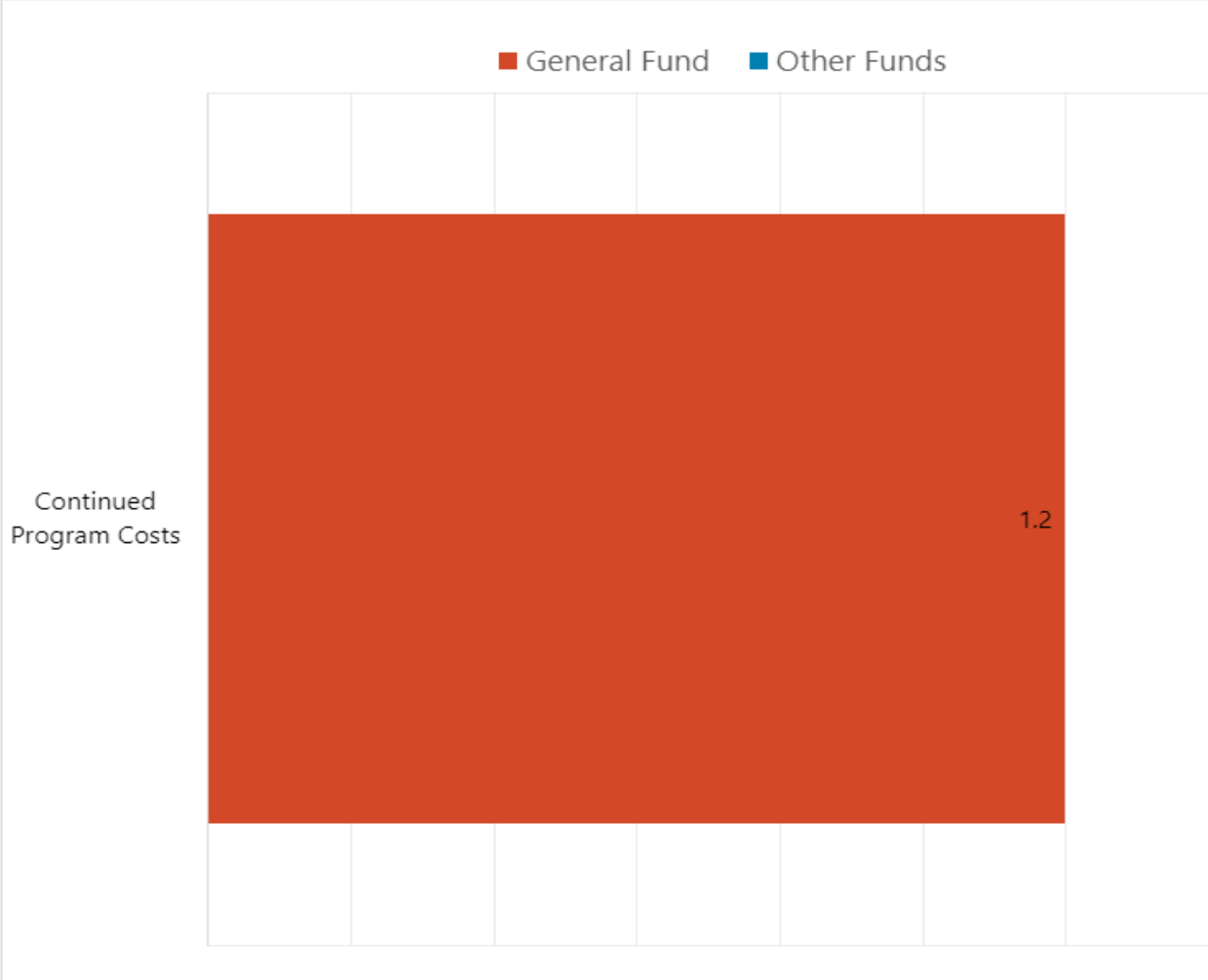
Contact Information

Superintendent

- Dr. Eduardo Yabut

- eyabut@nd.gov