



**Efforts to expand statewide awareness of fentanyl drug overdose dangers**

Interim Health Services Committee | Senator Kristin Roers, Chair

Laura Anderson, Behavioral Health Division Policy Director  
*August 31, 2023*



Health & Human Services

# What is Behavioral Health?

A state of mental/emotional being and/or choices and actions that affect WELLNESS.

Preventing and treating depression and anxiety

Preventing and treating substance use disorder or other addictions

Supporting recovery

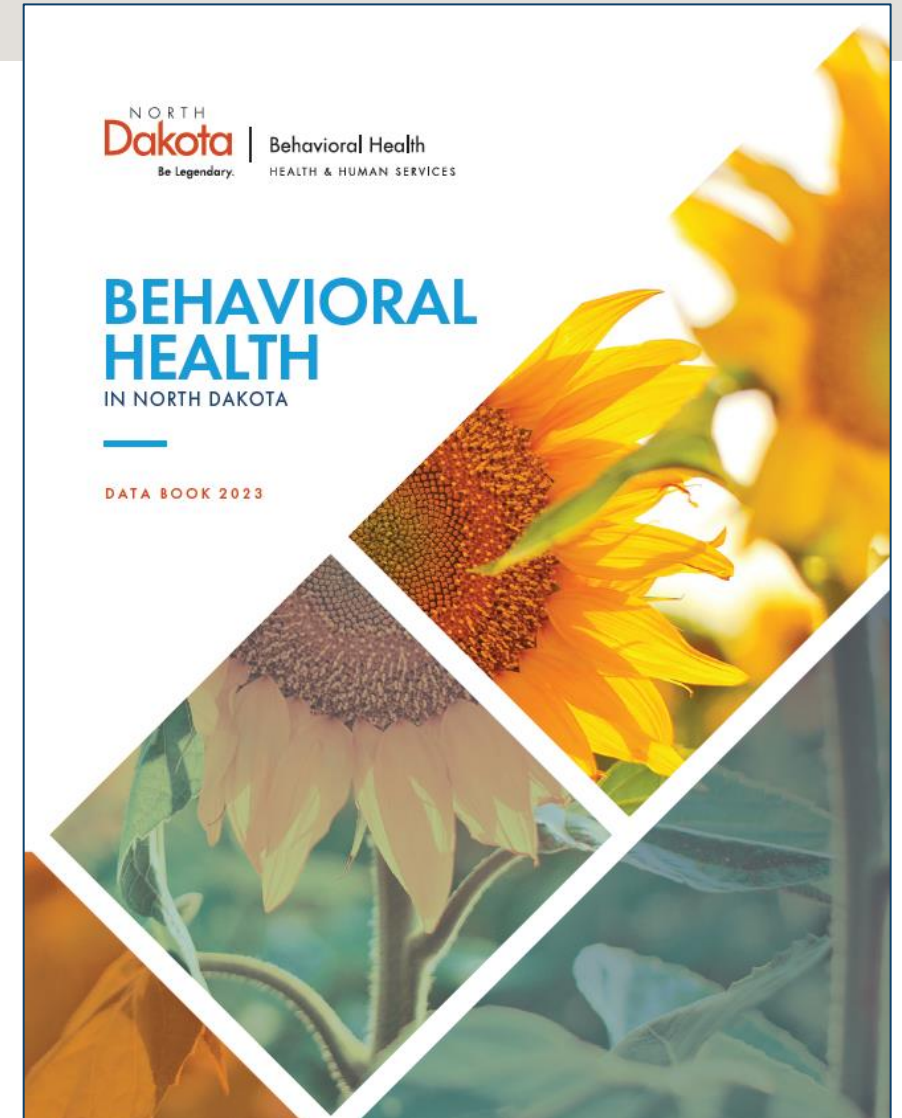
Creating healthy communities

Promoting overall well-being

# Behavioral Health in North Dakota

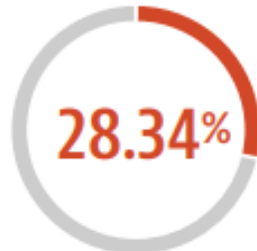
Research shows the importance of using data to guide effective and targeted behavioral health efforts.

Find the 2023 Behavioral Health in North Dakota Data Book and other resources at [www.hhs.nd.gov/behavioral-health/data](http://www.hhs.nd.gov/behavioral-health/data).



# Adult Substance Use

(Age 18+; past 30 days)



**BINGE  
ALCOHOL  
USE\***



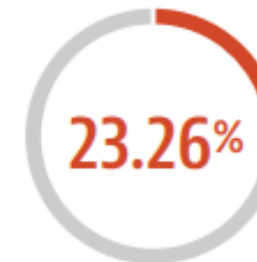
**TOBACCO**



**MARIJUANA**



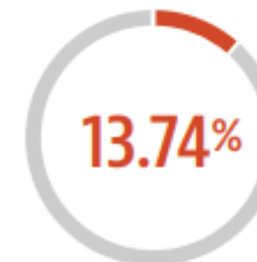
**ILLICIT DRUGS  
(other than  
marijuana)**



**BINGE  
ALCOHOL  
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**TOBACCO**



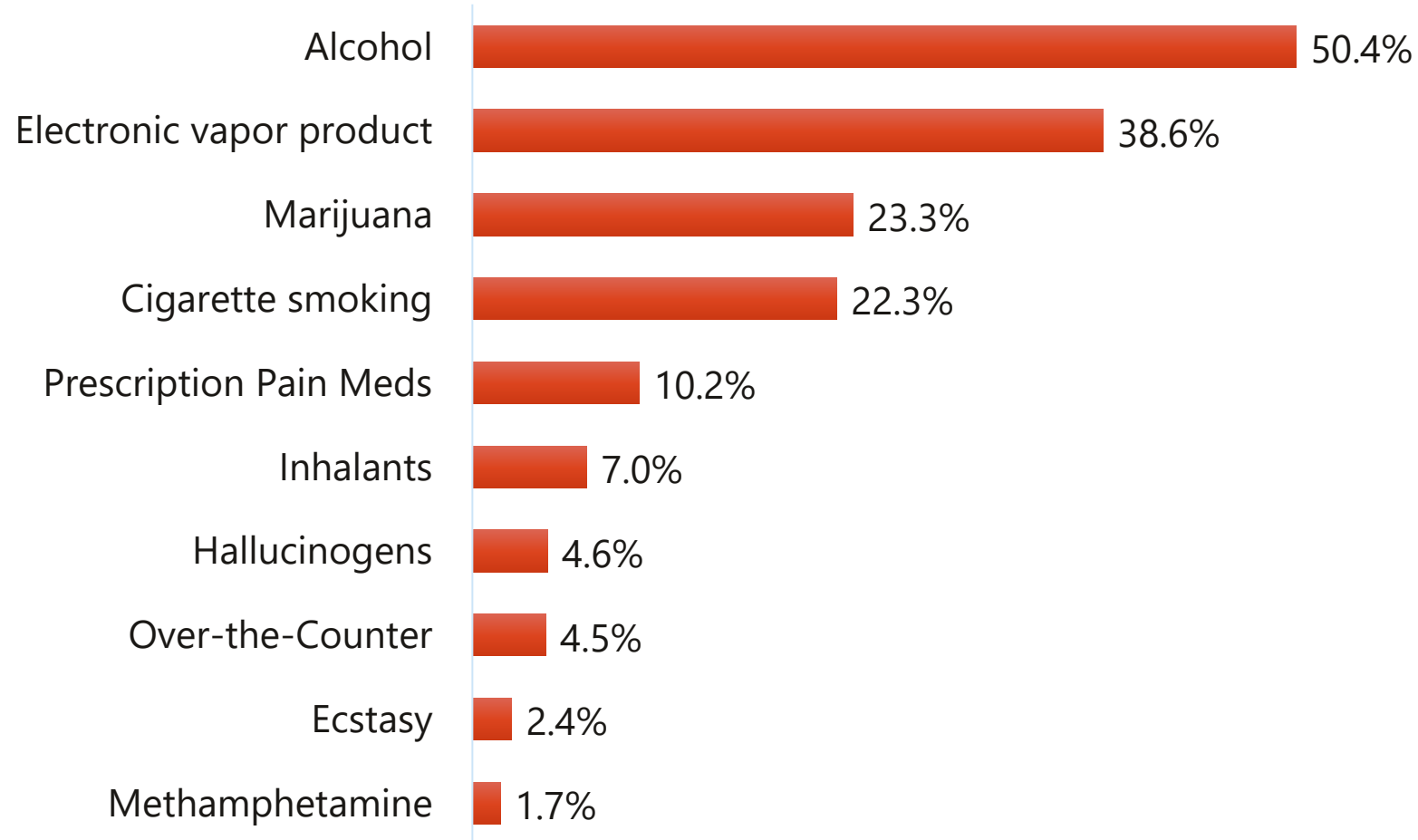
**MARIJUANA**



**ILLICIT DRUGS  
(other than  
marijuana)**

# ND Youth Lifetime Substance Use

High School Students  
Youth Risk Behavior Survey

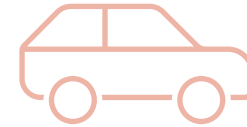
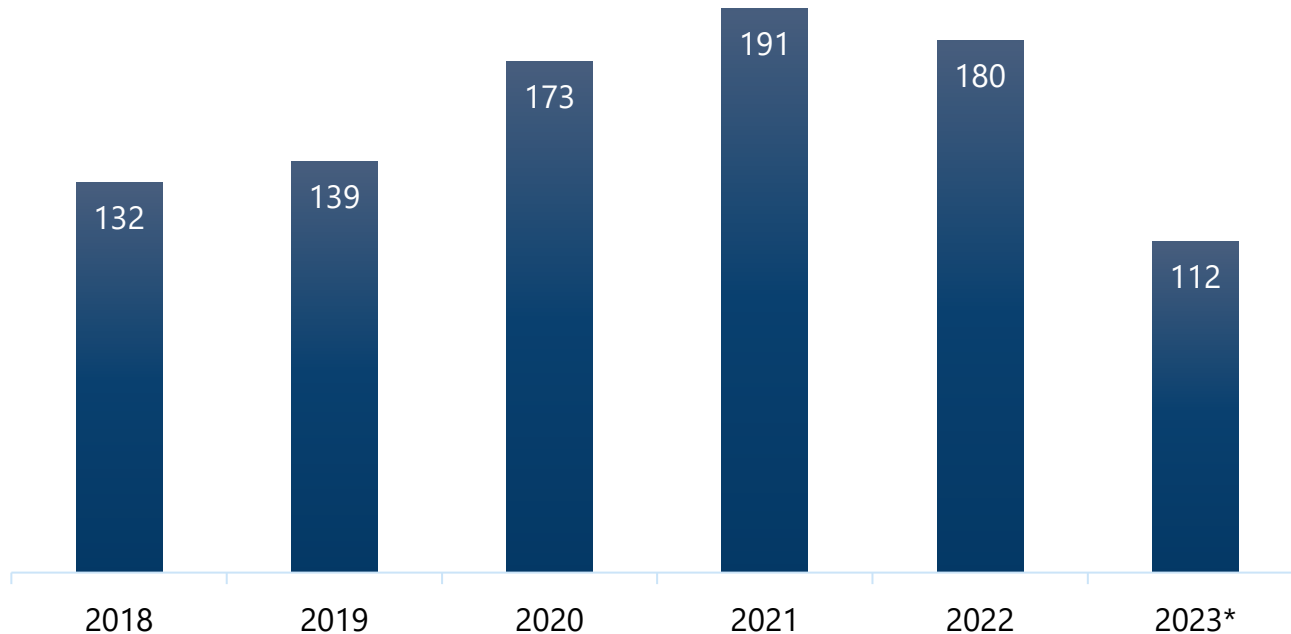


# North Dakota Alcohol-Related Death Data

## North Dakota Resident Deaths – Primary Cause of Death Alcohol

ND Vital Records (ICD Codes K700-K709 series and F100-F109 series)

\*2023 data through morning of 8/29/2023



**203 people** have died in alcohol-related crashes in North Dakota over the past 5 years.

Alcohol is a factor in about **39%** of fatal crashes in North Dakota annually.

*(North Dakota Department of Transportation; retrieved 8/25/23 from [visionzero.nd.gov/strategies/ImpairedDriving](https://visionzero.nd.gov/strategies/ImpairedDriving))*

# Efforts to address opioid use, misuse, addiction and overdose



# Opioid Settlement Advisory Committee



Hosted two listening sessions:

- Fargo 6/29/2023
- Bismarck 8/22/2023
- \*Upcoming listening session TBD in Dickinson

Committee meeting held 8/28/2023

Meeting agenda, minutes and supporting information is posted at

[www.hhs.nd.gov/opioids/settlement](http://www.hhs.nd.gov/opioids/settlement)





**PRIMARY  
PREVENTION:  
STOPPING  
OPIOID MISUSE  
BEFORE IT  
STARTS**

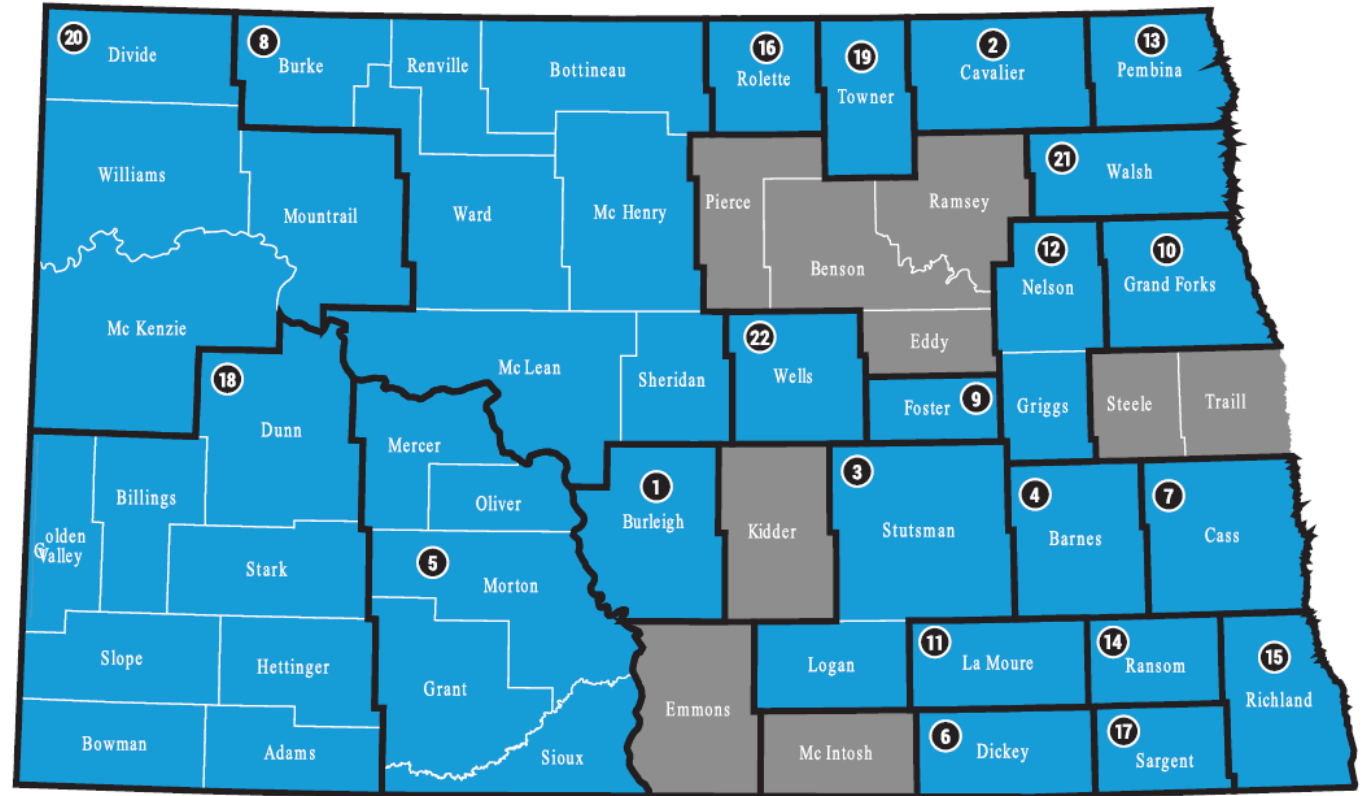
**OVERDOSE  
REVERSAL  
EFFORTS –  
SAVING LIVES**

Statewide and  
Local  
Implementation of  
a Comprehensive  
Approach

**INCREASING  
ACCESS TO  
EVIDENCE-BASED  
TREATMENT**

**SUPPORTING  
RECOVERY**

# Community-level Implementation



## Tribes:

- Spirit Lake
- Standing Rock

1. Bismarck-Burleigh Public Health Unit
2. Cavalier County Health District
3. Central Valley Health District
4. City-County Health District
5. Custer Health
6. Dickey County Health District
7. Fargo Cass Public Health
8. First District Health Unit
9. Foster County Public Health
10. Grand Forks Public Health
11. LaMoure County Public Health Dept.
12. Nelson-Griggs District Health Unit
13. Pembina County
14. Ransom County Public Health
15. Richland County Health Department
16. Rolette County Public Health District
17. Sargent Country District Health Unit
18. Southwestern District Health Unit
19. Towner County Public Health
20. Upper Missouri District Health Unit
21. Walsh County Health Department
22. Wells County District Health Unit

# Primary Prevention: Stopping Opioid Misuse Before it Starts

## ONE Program

Partnership with NDSU School of Pharmacy

Pharmacists in the program receive tools to screen for risk of opioid use disorder or accidental overdose and after identifying patient needs, are able to provide interventions and resources to safely use prescribed opioids.

- There are currently **75 pharmacies** actively participating in the program
- From October 2022 – July 2023, **11,311** individuals were screened (Pharmacy and home health)

## Safe medication disposal

Local community grantees are distributing safe medication disposal products, hosting take back events, and providing education through messaging

From October 2022 – July 2023

- **5,932 disposal products were distributed**
- **12 Take Back events occurred**

# Increasing Access to Evidence-Based Treatment and Supporting Recovery

## **Increasing access to Medications for Opioid Use Disorder (MOUD) for individuals who are incarcerated**

Partnership with ND DOCR

From October 2022 to July 2023:

- 75 individuals received MOUD

## **Opioid Treatment Programs (OTPs)**

There are four licensed OTPs in North Dakota:

- Fargo
- Grand Forks
- Minot
- Bismarck

As of 8/25/2023, there were 1,022 active participants.

## **Other general treatment and recovery efforts**

- Recovery Housing Program
- SUD Voucher
- Free Through Recovery
- Community Connect
- Recovery Talk
- Peer Support Certification

# Overdose Reversal Efforts: Saving Lives

## **Naloxone distribution**

From October 2022 – July 2023

**19,891 Naloxone two-dose kits** were distributed in North Dakota through:

state-wide naloxone distribution

community distribution

pharmacy distribution

**708** known successful overdose reversals using naloxone occurred

# OPIOIDS

FILL *with* CARE

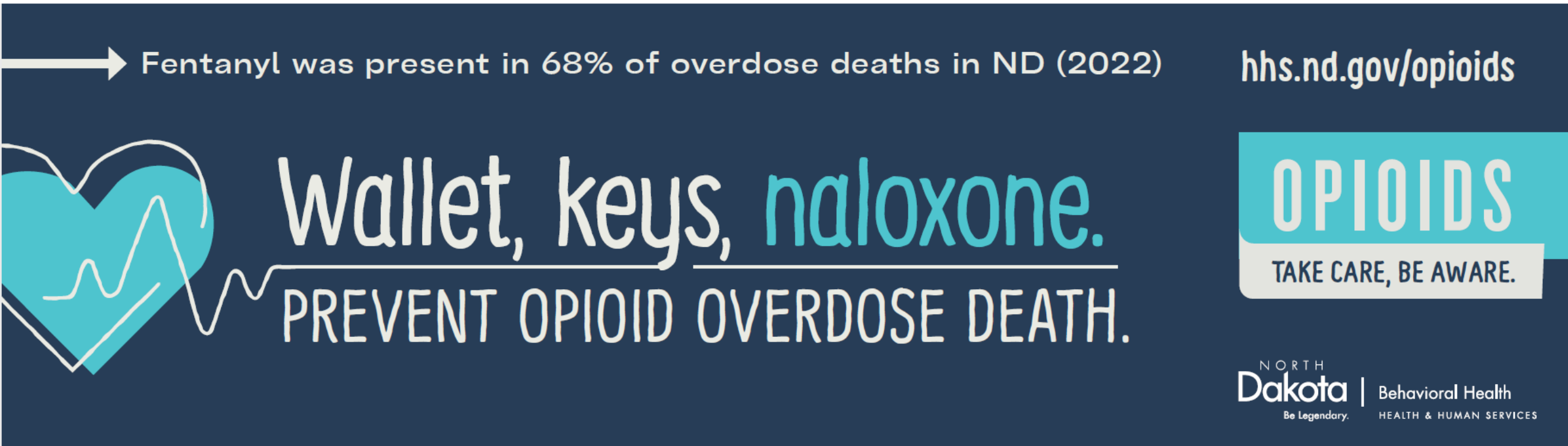


Every aspect of the opioid crisis requires great care...

- from knowing what's in your prescription pain meds,
- to securing them and disposing when needed,
- to knowing the signs of an overdose,
- to having naloxone on hand,
- to be there if someone reaches out for help

***Campaign Launched November 2020***

# Billboard



→ Fentanyl was present in 68% of overdose deaths in ND (2022)

[hhs.nd.gov/opioids](https://hhs.nd.gov/opioids)

Wallet, keys, naloxone.

PREVENT OPIOID OVERDOSE DEATH.

**OPIOIDS**  
TAKE CARE, BE AWARE.

NORTH Dakota | Behavioral Health  
Be Legendary. HEALTH & HUMAN SERVICES

# Billboard



The billboard features a dark blue background. On the left, there is a teal heart with a white ECG line passing through it. To the right of the heart, the text "Naloxone saves lives." is written in a large, white, rounded font. Below this, the text "PREVENT OPIOID OVERDOSE DEATH." is written in a smaller, white, all-caps font. In the top right corner, the URL "hhs.nd.gov/opioids" is displayed in white. A teal banner on the right side contains the word "OPIOIDS" in large white letters, with "TAKE CARE, BE AWARE." written below it in a smaller white font. At the bottom left, a white arrow points to the text "75% of overdose deaths occur at home or private residences". In the bottom right corner, the North Dakota logo is present, including the text "NORTH Dakota | Behavioral Health HEALTH & HUMAN SERVICES" and the slogan "Be Legendary.".

[hhs.nd.gov/opioids](https://hhs.nd.gov/opioids)

**Naloxone saves lives.**  
**PREVENT OPIOID OVERDOSE DEATH.**

**OPIOIDS**  
TAKE CARE, BE AWARE.

75% of overdose deaths occur at home or private residences

NORTH Dakota | Behavioral Health  
Be Legendary. HEALTH & HUMAN SERVICES





# Contact Information

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[www.behavioralhealth.nd.gov](http://www.behavioralhealth.nd.gov)