

Refugee Medical Assistance (RMA)

RMA is a health insurance program that helps eligible refugees get the medical and dental care they need to stay healthy during the initial resettlement period.



Who is eligible?

You may be eligible for RMA if you are:

- A refugee
- An asylee
- An Afghan and Iraqi Special Immigrant Visa holder
- A victim of human trafficking
- A Cuban or Haitian entrant

RMA coverage is available for up to twelve months from your U.S. date of arrival or eligibility.



What does RMA cover?

RMA covers a wide range of healthcare and dental services, including:



Doctor visits and checkups



Prescription medications



Vaccines



Prenatal and pregnancy care



Dental care



Emergency care



Mental health services



Lab tests and x-rays

How do I enroll?



- It is important to apply as soon as possible after you arrive.
- You will need to complete an application and maybe asked for basic information.
- Apply online at Apply for Help: applyforhelp.nd.gov.



Program benefits and services may vary by state.

Additional information

- If you moved to another state, your RMA in North Dakota will end.
- You can have employer health insurance at the same time as RMA.
- You would qualify for RMA as long as you meet the program requirements. Income limits apply.



Need help?

Talk to your resettlement provider or refugee health coordinator.



Learn more

For more information about RMA and current North Dakota income guidelines, visit:

hhs.nd.gov/refugee-services

hhs.nd.gov/medicaid-eligibility