



Welcome to the 2026 North Dakota CPS Workshop



**Thanks for attending this
year's CPS Workshop;
we're glad you're here!**

If you attend the entire workshop,
you will be eligible for 6 CEUs toward
your recertification.

You may also use the "CPS Resources"
session as your 1
required community event.

Workshop Sponsors



Zero fatalities. Zero excuses.



Health & Human Services



A special thanks
to Morgan Hayden
Insurance for
sponsoring our
breaks today!!



Proud to support the neighborhood

Being a good neighbor means being there for my community. As your local State Farm® agent, I'm ready to help whenever you need me. Give me a call.

Thank you ND Child Passenger Safety
Workshop!

Morgan L Hayden
Agent
101 Slate Drive Suite 3
Bismarck, ND 58503-6171

Bus: 701-222-0404
morgan@morganhaydeninsurance.com
www.morganhaydeninsurance.com

Like a good neighbor, State Farm is there.*



State Farm
Bloomington, IL

Thank you to the following manufacturers who are
attending today's event:

ride**safer**

Joie™

evenflo®

Save the Date for the 2028 North Dakota CPS Workshop

July						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

The ND CPS Workshop happens every other year in the even numbered years. The next one will be in the summer of 2028. Watch your email for date announcements.

Vision Zero Partner Conference

May 4 - 5,

2027



Zero fatalities. Zero excuses.

SAVE THE DATE

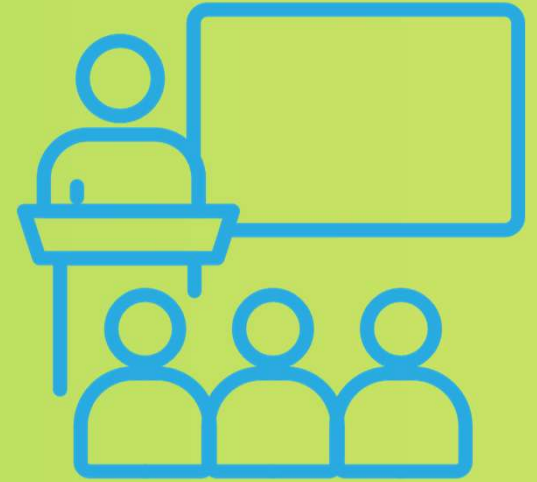
The Vision Zero Partner Conference is an annual event that brings together hundreds of 4E partners in education, enforcement, engineering, emergency medical services and other partners to provide information, best practices, and networking opportunities to build partner capacity to advance Vision Zero in North Dakota.

The 2-day conference includes presentations on hot topics, keynote speakers, updates on Vision Zero, and an awards ceremony for those who showed outstanding service and dedication to accomplish the overall goal of reducing motor vehicle fatalities and serious injuries on North Dakota roads. The conference is held annually in Bismarck and will be on May 4 - 5, 2027. Watch here for more details on the 2027 dates and agenda.

<https://visionzero.nd.gov/events/partnersummit/>

Interested in becoming a tech instructor?

Reach out to Dawn Mayer
at drmayer@nd.gov to
learn more.

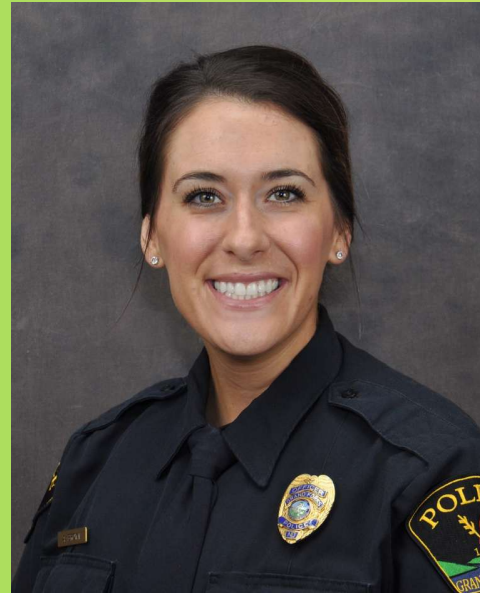


A technician instructor would help our team in North Dakota with conducting 4-day certification and 1-day recertification courses in various locations. They are also able to help sign CCPSTs off on their seats for recertification.

Congratulations to these folks who have recently joined the ND Instructor team!!



**Carli Pickard:
Central Valley
Health District**



**Abby Brown:
Grand Forks Police
Department**



Thank you to these current North Dakota Instructors:

- Dawn Mayer - ND Department of Health & Human Services
- Gennifer Anderson - NDSU Police Department
- Dawne Schmid - Arthur
- Jennifer Braun - Dickinson Head Start
- Dan Veer - Bismarck State College
- Katie Heck - Sanford Health | Safe Kids Fargo Moorhead
- Jasmine Wangen - Altru Health System | Safe Kids Grand Forks
- Stacie Olien - Independent Contractor - Beulah
- Erin Kiefert - Sanford Health | Safe Kids Fargo Moorhead
- Maxine Delorme - Turtle Mt. Car Seat Program
- Tina Sanders - Altru Health System | Safe Kids Grand Forks
- Greta Miller - Sanford Health | Safe Kids Fargo Moorhead
- Carli Pickard - Central Valley Health District
- Abby Brown - Grand Forks Police Department





**Interested in
becoming a
proxy?**

A proxy is a skilled and experienced CCPST that is willing to mentor new or less skilled technicians and assist with sign off of their seats for recertification. We need proxys strategically located across the state to facilitate ease of recertification for our current techs.

Can you help? Reach out to Dawn Mayer at drmayer@nd.gov to learn more or get signed up to take on this role.

Welcome to Steven Steinbruek who recently became a proxy.



Steven works with the team at Safe Kids Fargo-Moorhead and is one of our newest proxies in North Dakota!!



Welcome to Kailyn Allen who recently became a proxy.



Kailyn works with the team at Safe Kids Fargo-Moorhead and is one of our newest proxies in North Dakota!!



Welcome to Megan Shellum who recently became a proxy.



Megan works with the team at Upper Missouri District Health Unit and is one of our newest proxies in North Dakota!!





THANK YOU TO THESE

North Dakota Proxies

- Shelley Aabrekke - Lake Region Health / Benson County
- Kallie Christianson - Pembina County Public Health
- Daneille Flack - Richland County Health
- Cassie Geithman - Bismarck Burleigh Public Health
- Carma Hanson - Altru Health System | Safe Kids Grand Forks
- Allie Kuchar - First Care Health Center
- Donna Holand - Walsh District Health Unit
- Amber Emerson - Trinity Health
- Katie Huettl - First District Health Unit
- Kaitlin Atkinson - Grand Forks County Sheriff's Office | Vision Zero
- Jody Jordet - Sanford Health | Safe Kids Fargo Moorhead
- Heidi Schumacher - Puklich Chevrolet
- Judy Larson - Safe Kids Grand Forks
- Gabi Wigness - Upper Missouri District Health Unit
- Chelsey Trebas - Western Plains Health
- Melisa Hajdar - NDSU
- Amy Fiala - Safe Kids Grand Forks
- Leigh Hill-Wittenberg - Early Childhood Head Start
- Kayla Johnson - Sanford Health | Safe Kids Fargo-Moorhead
- Shannon Klatt - Central Valley Health Unit
- Kailyn Allen - Sanford Health | Safe Kids Fargo-Moorhead
- Megan Shellum - Upper Missouri District Health Unit
- Steven Steinbrueck - Sanford Health | Safe Kids Fargo-Moorhead

congratulations

to our new techs from the
August 2024 Minot Class



congratulations

to our new techs from the
April 2025 Dickinson Class



congratulations

to our new techs from the
May 2025 Grand Forks Class



congratulations

to our new techs from the
June 2025 Grand Forks Class



congratulations

to our new techs from the
August 2025 Bismarck Class



Congratulations

to our new techs from the
state's hybrid classes.



Safe Kids Grand Forks - November 2025

congratulations

to our new techs from the April
2025 West Fargo Class





congratulations

to our new techs from the
November 2025
West Fargo Class



congratulations

to our new techs from the March 2026 Grand Forks Class

Michele Anderson

Hannah Galde

Hofer

Erika Howell

Bethany Lowery

Jill MacHovsky

Allison Matter

Ellie Hoffarth

Mia Pfeiffer

Josie Stone

Kaitlyn Susterick

Matison Thoreson

Jordanne Woods-

Steichen



congratulations

to our new techs from the March 2026 Bismarck Class



congratulations

to our new techs from the April 2026 Williston Class



congratulations

to our new techs from the June 2026 Bismarck Class



congratulations

& Welcome to the Safe Kids Fargo-Moorhead Team

Shelby Du Shane



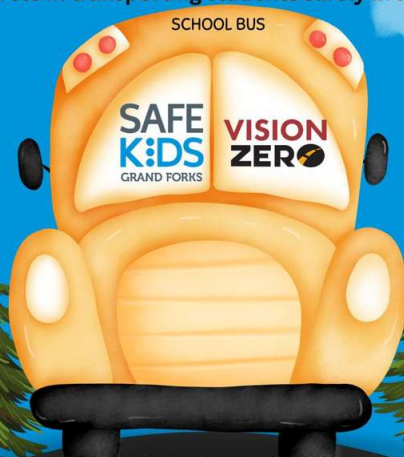
Shelby has recently joined the Safe Kids Fargo-Moorhead team and has recently completed her CCPST training via a hybrid class and the STAC training.

Congratulations to Judy Larson, longtime CCPST from Safe Kids Grand Forks who was inducted into the CPS Hall of Fame at the 2026 national Lifesavers Conference. She joins Carol Meidinger from ND as one of our state's two inductees.



CHILD PASSENGER SAFETY ON SCHOOL BUSES

This training is intended to provide an overview of child restraint system use on school buses with a focus on preschool-aged children and children with disabilities. It will include instructional videos, instructor education and hands-on practice. This class will help school districts, Head Start programs, special education instructors, childcare centers and busing companies understand their role in transporting students safely in a bus environment.



FOR PUPIL TRANSPORTATION PROFESSIONALS

CLASSES ARE HELD TWICE A YEAR IN
NORTH DAKOTA: ONCE IN THE SUMMER
AND ONCE IN THE FALL. SCAN THE QR
CODE TO BE ADDED TO OUR INTEREST LIST
AND RECEIVE A REGISTRATION LINK ONCE
AVAILABLE.



CALL US FOR MORE INFORMATION: 701-780-1489

CPS on School Bus Training

Two Formats

- One for those that are CCPSTs - 5 hours
- One for those that are NOT CCPSTs - 8 hours

The state plan:

- To hold a non-CCPST class twice per year, once in the east and once in the west

For more information or to be added to the “class interest list”:

- Scan the QR code on the flyer and fill in the form
- Contact Safe Kids Grand Forks at 701.780.1489 or safekids@altru.org

CHILD PASSENGER SAFETY
on School Buses

FOR PUPIL TRANSPORTATION PROFESSIONALS

Course Description:
This training is intended to provide an overview of child restraint system use on school buses, with a focus on preschool-aged children and children with disabilities.

Method:
This class will include instructional videos, instructor education and hands-on practice. We will be indoors as well as outdoors on school buses.

Intended Participants:
This class will help school districts, Head Start programs, special education instructors, childcare centers and busing companies understand their role in transporting students safely in a bus environment.

Register Now!
Scan the QR code above, or go to:
<https://pci.jotform.com/form/233383571511150>

UPCOMING CLASSES:

- July 21st, 2026 8am-4:30pm
Jamestown Rural Fire Department
1209 9th St. SE Jamestown ND 58401
- August 5th, 2026 8am-4:30pm
Minot Head Start
2815 Burdick Expressway East
Minot, ND

SAFE KIDS GRAND FORKS

VISION ZERO

FOR MORE INFORMATION: 701-780-1489

Register Here






CPS on School Buses Full Day Course

Being offered in Minot
on August 5, 2026
8 a.m. - 4:30 p.m.

Minot Head Start

To register, use the QR
code on the flyer.

congratulations

to those students who attended the CPS on School
Buses Training - Grand Forks - October 2024



congratulations

**to those students who
attended the CPS on School
Buses Training
Grand Forks -February 2025**



**Rick Salverson
Karla Kovar
Mesha Hayes
Pamela VanHulle
Anne Bellon
Aimee Curran
Brandon Vandervort
Lauren Foyt
Amy Hahn
Christine Landsdown
Heidi Neubert
Jasmine Nogra
Oluchi Nwachukwu
Jessie Pieper
Lori Skattum
Kora Spicer
Samantha Lemoine**

congratulations

to those students who
attended the CPS on School
Buses Training

Bismarck
August 2025



congratulations

to those students who
attended the CPS on School
Buses Training

West Fargo
August 2025



congratulations

to those students who
attended the CPS on School
Buses Training

Jamestown
July 2026



Kari Johnson - Central Valley Health
Chris Bastian - Lidgerwood Public School
Jerry Anderson - Lidgerwood Public School
Joshua Fastnacht - North Dakota Highway
Patrol

Steven Steinbrueck - Safe Kids Fargo-Moorhead
McKayla Thomsen - Sterling School District
Justin Lien - West Fargo Public Schools
Bradley Williams - West Fargo Public Schools

Safe Travel for All Children (STAC)

Every other year, the ND DOHHS offers a **STAC training** course in ND. Below are some details about the class. While a date has not been set yet for the 2026-2027 grant year, please email drmayer@nd.gov if you want to receive notification when the class details are finalized.

- Intended for CCPSTs that work with children with special needs/unique transportation needs
- The class is 2-full days of training and includes hands-on with seats
- Will discuss medical conditions that can affect restraint selection
- Training includes a written exam and proficiency checkoff
- Cost has been \$75 in the past, TBD for this year's class



congratulations

to those students who
attended the STAC Training

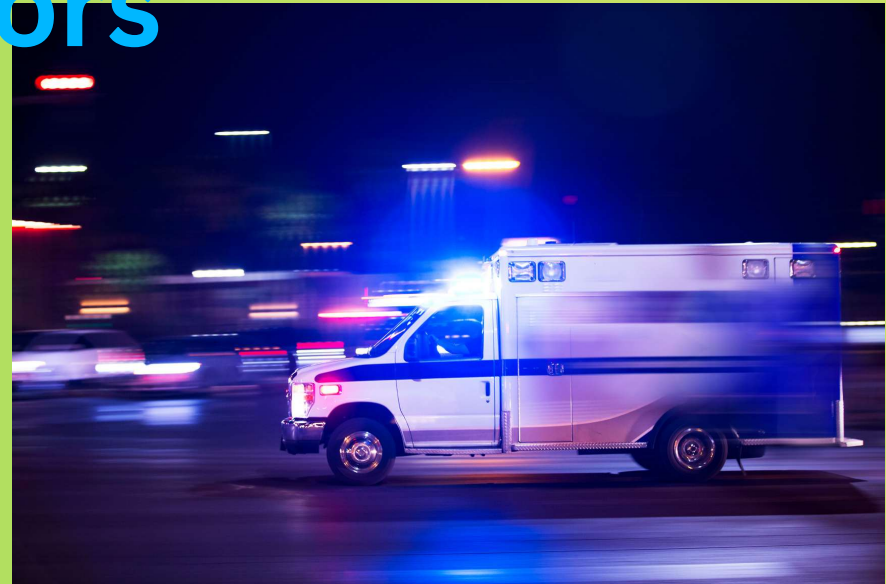
Jamestown
November 2024



Ambulance Curriculum Instructors

If you are a CCPST and have ambulance experience, please connect with Carma Hanson (Safe Kids Grand Forks). We are looking for some folks in the state to help with some child passenger safety in ambulances education and she would love to visit with you.

chanson@altru.org | 701.739.1591



**SAFE
K:DS**
GRAND FORKS

Sign up to receive
notifications on
upcoming classes.

SAFE TRANSPORTATION OF CHILDREN IN AMBULANCES



**SAFE
KIDS**
GRAND FORKS

COURSE INTEREST SIGN UP



THIS TRAINING IS INTENDED FOR FIRST RESPONDERS, HOSPITAL PERSONNEL & AMBULANCE STAFF TO DISCUSS SAFE TRANSPORT OF INFANTS & CHILDREN IN EMERGENCY VEHICLES. THIS CLASS IS ELIGIBLE FOR CONTINUING ED TO MEET THE REQUIREMENTS FOR PEDIATRIC TRANSPORT TRAINING FOR EMS CERTIFICATION.

SCAN THE QR CODE ABOVE OR GO TO: [HTTPS://FORM.JOTFORM.COM/260885230554156](https://form.jotform.com/260885230554156) TO BE ADDED TO OUR INTEREST LIST AND RECEIVE A REGISTRATION LINK FOR FUTURE CLASS DATES.

CONTACT SAFE KIDS GRAND FORKS, FOR MORE INFORMATION: 701.780.1489 | SAFEKIDS@ALTRU.ORG

Resources for Buckling Up While Pregnant



Hudson Center for
Prenatal Vehicle Safety

SEAT BELTS SAVE TWO LIVES

PROPER SEAT BELT USE CAN REDUCE ADVERSE FETAL OUTCOMES BY 84%

*Fetal Outcome in Motor Vehicle Crashes: Effects of Crash Characteristics and Maternal Restraint

© 2025 HUDSON CENTER FOR PRENATAL VEHICLE SAFETY

Resources for Buckling Up While Pregnant

Check out their upcoming trainings and sign up!!



Prenatal Vehicle Safety Educator Training



What is a Prenatal Vehicle Safety Educator?

A Prenatal Vehicle Safety Educator is an expert trained in providing education for pregnant vehicle occupants and prenatal seat belt checks in vehicles.

Length: 90 Minutes

Location: Virtual (Microsoft Teams)

Cost: Free

CEU: 1.5 CEU Hours

Capacity: The number of participants is not capped.

Registration: Register using the links below.

Upcoming Training Dates: (all times are Mountain Time)

Friday, June 26th 10:30am-12:00pm MDT

Tuesday, July 7th 10:30am-12:00pm MDT

Friday, July 24th 10:30am-12:00pm MDT

Tuesday, August 4th 10:30am-12:00pm MDT

Wednesday, August 26th IN-PERSON at Kidz In Motion

Heatstroke Resources

Tehya's Story

by Dan Carlson
Sisseton, SD

The pain, the loss, the guilt. How could this happen? How could I have made such a mistake? These are the thoughts and feelings that have been going through my mind constantly since August 17, 2005.

My two daughters had just returned from the summer with their mom on August 14. The morning of August 17, 2005, was just like any other morning. I woke up and started getting the girls ready for the day. I was bringing my oldest daughter to spend the day with my mother and my 15-month-old daughter, Tehya, to daycare in Browns Valley, MN where I work.

I put Tehya in her car seat and gave her a kiss. I then went and dropped my oldest daughter off with my mom. My mom met me outside, walked over to talk to Tehya, and gave her a kiss. Then, I drove to Browns Valley to drop Tehya off at daycare and go to work. The drive is about a fifteen minute commute. As I drove into Browns Valley, there is a turn that I would always take to bring Tehya to daycare. I didn't turn. Instead, I drove to work, parked my car and went in, the whole time thinking that my precious little baby was at daycare. I was so happy at work that day. I was telling everyone that would listen that my girls were back for the summer and how excited I was. I was thinking about them all day long, but I didn't realize that I had forgot to bring Tehya to daycare until it was too late.

I don't have any answers as to how I could make this kind of mistake, but it is very important for me to tell my painful story in the hopes that this can prevent another tragedy like this from happening again. It is the unthinkable, the unimaginable, but if it can happen to me it can happen to anybody.

It is the absolute worst thing in this world to have to live with. Please don't let this happen to you!



The Untold Dangers Of Heatstroke In Small Children

To avoid the possible mistake of unintentionally leaving your child in your car, please review the recommended safety tips listed below.

SAFETY RECOMMENDATIONS:

- Do not leave a child in an unattended car, even with the windows down.
- Keep a stuffed animal in the carseat and when the child is put in the seat, place the animal in the front with the driver.
- Place your purse, briefcase or your left shoe in the back seat as a reminder that you have your child in the car.
- Make "look before you leave" a routine whenever you get out of the car.
- Put a sticker (such as the one shown/provided) or your own sticker on your car window to remind you to look before you leave.
- Have a plan that your childcare provider will call you if your child does not show up.
- Always lock your car and keep the keys out of older children's reach. If a child is missing, check the car first, including the trunk.
- Teach your children that vehicles are never to be used as a play area.

For additional information about hyperthermia and kids and car safety, visit these websites:

www.safekids.org
www.safekids.org
www.kidsandcars.org
www.noheatstroke.org



To obtain copies of this heatstroke resource, reach out to your closest Safe Kids Coalitions. We are happy to provide them for you.



Kate's Story

by Andrea Blue
Grand Forks, ND

Our second child, Kate Lola, was born January 30, 2006, a beautiful and healthy baby girl. We are the typical American family. Both my husband and I worked full-time, and with two small children, we were busy with everyday life. That all changed on June 28, 2006, just five short months after Kate was born.

It was our usual busy morning. Our oldest daughter didn't have daycare and my husband was going to stay home with her. Kate went to a different daycare so I was going to drop her off before I went to work. Normally, I dropped both girls off, but that day was different and so I took a different route to work.

I had fed Kate, dressed her in a new cute pink dress, and then my husband placed her in her car seat. As soon as I put her in the backseat of my van, she was sound asleep. Driving to work, I started thinking about all the things I had to get done at work and home. I somehow got on "autopilot" and arrived at work without dropping Kate off at daycare.

I worked the entire day without ever going back out to my van. In my mind, I had dropped Kate off. After work, I went to her daycare to pick her up; only then did I realize she was still in my van. I don't remember much after that, just people trying to resuscitate her and my agonizing disbelief that I had "forgotten" my own beautiful baby girl.

Nothing has been the same since that day. Our family is slowly trying to heal and I am still trying to understand how and why this happened. The truth is, it happens more than people realize. The reason we are sharing our story is to raise awareness so that this will never happen to another family. Please carefully read the safety recommendations and take them to heart.

The Untold Dangers Of Cars & Heatstroke In Small Children

A child dying in a hot vehicle seems like the least of your worries as a new parent. But the danger is very real. Child fatalities have occurred in the United States due to heatstroke where children have been left in hot cars, trucks, vans and SUV's. Some of these even occurred on days with relatively mild (i.e., 70 degrees F) temperatures. Since 1998, there have been nearly 1,000 of these needless tragedies in the U.S.

Due to the dangers of frontal air bags, all young children should be placed in back seats instead of front seats. There have been, on average, 37 fatalities from heatstroke each year, an almost 900% increase from the rate of the early 1990s. Although airbags are an essential vehicle safety measure and children should not

On an average summer day, the temperature in a car can rise 34 degrees in 30 minutes - even with the windows "cracked".

be placed in front of them, putting children in the back seat increases the chance of "forgetting" the child is there as you drive from place to place.

Forgetting your child seems like an impossibility to most. However, if you have ever driven from point A to point B and not really remembered how you got there, i.e. drove on "autopilot", you can see how this may happen.

Sometimes parents leave children in the car intentionally while they run into a store, etc. Although this may seem like an easy solution when you just need to "run in for 5 minutes", the outcome could be disastrous. In addition, it is illegal to do this in some states. Never use your vehicle as a babysitter.

In addition to parents accidentally or intentionally leaving children in vehicles, parents also need to be aware of the dangers of children playing in or around vehicles. Children are naturally curious and can easily become locked inside the car or trunk and not able to let themselves out in time. This is why it is important for all vehicle owners, not just those with young children, to lock their car when not in use and put the keys up and out of reach.

Please follow the safety instructions and tips on the back side of this handout to prevent a tragedy from occurring.

SAFE KIDS SAFE KIDS SAFE KIDS SAFE KIDS
VISION ZERO
2013-2014 APR 24

Heatstroke Resources

PVH Website Resources



NATIONAL
**CHILD PASSENGER
SAFETY** BOARD
A program managed by the National Safety Council



CONFIDENTIAL

©2025 National Safety Council

13



LOOKING FOR ON-LINE CPS EDUCATION & FREE CEU'S?

Check out:

www.carseateducation.org



Alert: Stop Spinning

If you are in your CPS online profile and the page won't load (spinning circle), it is probably because you are using Internet Explorer for the browser. Internet Explorer is not compatible with some web pages because it is no longer supported/updated.

The solution is to use a different browser such as Chrome, Safari, Firefox or Edge





The National Digital Car Seat Check Form is a free HIPAA-compliant resource available to all certified Child Passenger Safety Technicians. Available on paper or an electronic platform, this program walks a technician through a structured car seat check, streamlining data collection so that important information is captured along the way. CPSTs and program managers can easily download their seat check data in a format that reduces reporting burdens, allows for monitoring trends, and tracking car seat distributions. Sign up for a [free account](#) today!



1. Select "Create New Account" and complete the online form and accept the terms of use.



2. Log into your Safe Kids online certification profile.

- Download a current copy of your wallet card found under "Action" menu.
- Upload current Technician certification card.



3. Watch for an acceptance email from info@carseatcheckform.org within 1-3 business days.

Once approved, you will receive an automated email from info@carseatcheckform.org that your account has been approved and activated. New account requests are completed during normal business hours, 8:00AM to 4:30PM Monday through Friday. Be sure to check your quarantine/spam/junk folder for this automated message.

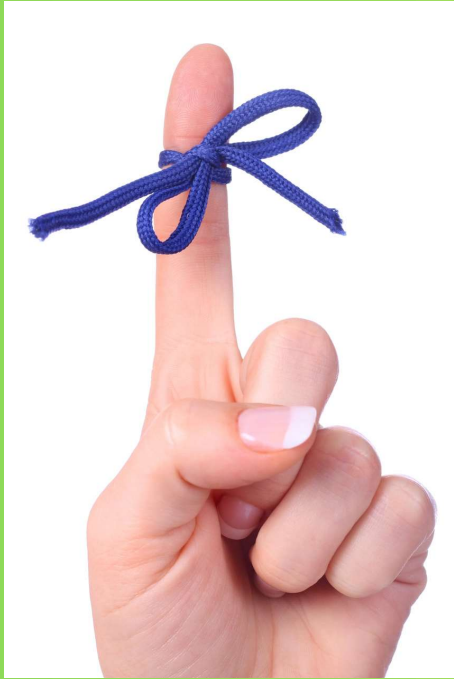
Questions? Please email info@carseatcheckform.org.

For more information, visit <https://www.cpsboard.org/ndcf/>.



National Digital Car Seat Check Form (NDCF): Creating a New Account

If you are helping out at car seat checkup events in the state, please go in and create an account for the NDCF so those entering the event data have your name in the system.



Don't forget to update your NDCF profile every other year when you recertify as it will go inactive.



www.carseateducation.org is full of great classes and resources!! Check it out and save this link in your "FAVORITES".

Welcome to the Child Passenger Safety Learning Portal

Evidence-based Education
on Child Passenger Safety

View All Courses →



Interested in other
injury prevention
topics? Join us for this
event hosted by the
ND Safe Kids
Coalitions in 2027.

SAVE THE DATE



North Dakota Childhood Injury
Prevention Workshop

BE ON THE LOOK OUT FOR MORE INFORMATION!

**SAFE
K:DS**

FARGO-
MOORHEAD

**SAFE
K:DS**

GRAND
FORKS

**SAFE
K:DS**

BISMARCK-
MANDAN

PRESENTED BY THE NORTH DAKOTA SAFE KIDS COALITIONS

North Dakota CPS Resource Maps

Child Passenger Safety Online Maps Find Hands-On Help in North Dakota!



- Need help with a car seat? Find a certified professional.
- Expecting? Find a car seat class.
- Need a car seat? Find a car seat distribution program.



FIND IT at hhs.nd.gov/childpassengersafety/help or call the child passenger safety program at 800.472.2286

NORTH
Dakota Be Legendary.
Health & Human Services

**VISION
ZERO**

To obtain copies of this map promotional flyer, contact Dawn at drmayer@nd.gov

ND HHS Resource

Materials

North Dakota's Child Passenger Safety Law



- Children younger than 8 years of age are required to ride in a child restraint (car seat or booster seat). The restraint must be used correctly – following the manufacturer's instructions.
- A correctly-used seat belt may be substituted for children younger than 8 who are at least 4'9" tall.
- Children ages 8 through 17 must be properly secured in a seat belt or child restraint (car seat or booster seat).
- Children younger than 18 must be properly restrained regardless of their location in a vehicle.
- The penalty for violating this law is \$25 and one point against the license of the driver. The driver is responsible for ensuring that all occupants are buckled up in the appropriate restraint.

To help select the right child restraint for your child, refer to the best practice guidelines on back.

NORTH Dakota | Health & Human Services **VISION ZERO**
Be Legendary.

Child Passenger Safety Program: 800-472-2286,
or visit the website www.hhs.nd.gov/ndcpsa

Follow These Best Practices When Buckling Up Children

Children younger than 13 should ride in the back seat

North Dakota Health and Human Services offers the following best practices when transporting children in vehicles:

REAR-FACING

- Children should ride rear-facing as long as possible.
- Two types of car seats are available for rear-facing:
 - **Infant Seats** – Most of these seats can be used until a child is 22-35+ pounds. Use them until the highest size limits or until the child's head is within one inch of the top of the seat.
 - **Convertible Seats** – These seats can be used rear-facing and forward-facing. Most children can use rear-facing up to 30-40+ pounds. Use them rear-facing until the highest size limits allowed by the manufacturer.

FORWARD-FACING

When children have outgrown the highest rear-facing size limits of their car seat, they may ride forward-facing in a car seat with a harness. Use the seat until the child reaches the highest size limits allowed by the manufacturer. Car seats with harnesses can be used up to 40-100+ pounds.

BOOSTERS

When children have outgrown the harness in their forward-facing car seat, they may be moved to a belt-positioning booster seat. Keep children in boosters until they are about 4'9" tall or until the seat belt is positioned correctly over the body. Most boosters can be used up to 80-120+ pounds.

SEAT BELT

When children have outgrown their booster seat, they may use a seat belt when it's over the body correctly. For a seat belt to fit properly, the lap belt must lie snugly across the upper thighs and be snug across the shoulder and chest. It should not lie on the stomach or across the neck.

IMPORTANT TIPS:

SELECT a car seat based on your child's age, size, development and maturity.

Size information will be on labels attached to the car seat and in the instruction manual.

SECURE your child in the seat snugly, following the car seat instructions.

INSTALL the seat tightly in your vehicle using the seat belt OR lower anchors and tether (LATCH) system. Follow the car seat instructions and vehicle owner's manual.

NORTH Dakota | Health & Human Services **VISION ZERO**
Be Legendary.

NEED HELP? You can have your child's car seat or booster seat checked by one of the many certified child passenger safety technicians available throughout the state. To find a child passenger safety technician, contact North Dakota Health and Human Services, Child Passenger Safety Program at 800-472-2286, or visit www.hhs.nd.gov/ndcpsa

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 - **Convertible Seats** – These seats can be used rear-facing and forward-facing. Most children can use rear-facing up to 30-40+ pounds. Use them rear-facing until the highest size limits allowed by the manufacturer.

FORWARD-FACING

When children have outgrown the highest rear-facing size limits of their car seat, they may ride forward-facing in a car seat with a harness. Use the seat until the child reaches the highest size limits allowed by the manufacturer. Car seats with harnesses can be used up to 40-100+ pounds.

BOOSTERS

When children have outgrown the harness in their forward-facing car seat, they may be moved to a belt-positioning booster seat. Keep children in boosters until they are about 4'9" tall or until the seat belt is positioned correctly over the body. Most boosters can be used up to 80-120+ pounds.

SEAT BELT

When children have outgrown their booster seat, they may use a seat belt when it's over the body correctly. For a seat belt to fit properly, the lap belt must lie snugly across the upper thighs and be snug across the shoulder and chest. It should not lie on the stomach or across the neck.

IMPORTANT TIPS:

SELECT a car seat based on your child's age, size, development and maturity. Size information will be on labels attached to the car seat and in the instruction manual.

SECURE your child in the seat snugly, following the car seat instructions.

INSTALL the seat tightly in your vehicle using the seat belt OR lower anchors and tether (LATCH) system. Follow the car seat instructions and vehicle owner's manual.

NORTH Dakota | Health & Human Services **VISION ZERO**
Be Legendary.

NEED HELP? You can have your child's car seat or booster seat checked by one of the many certified child passenger safety technicians available throughout the state. To find a child passenger safety technician, contact North Dakota Health and Human Services, Child Passenger Safety Program at 800-472-2286, or visit www.hhs.nd.gov/ndcpsa

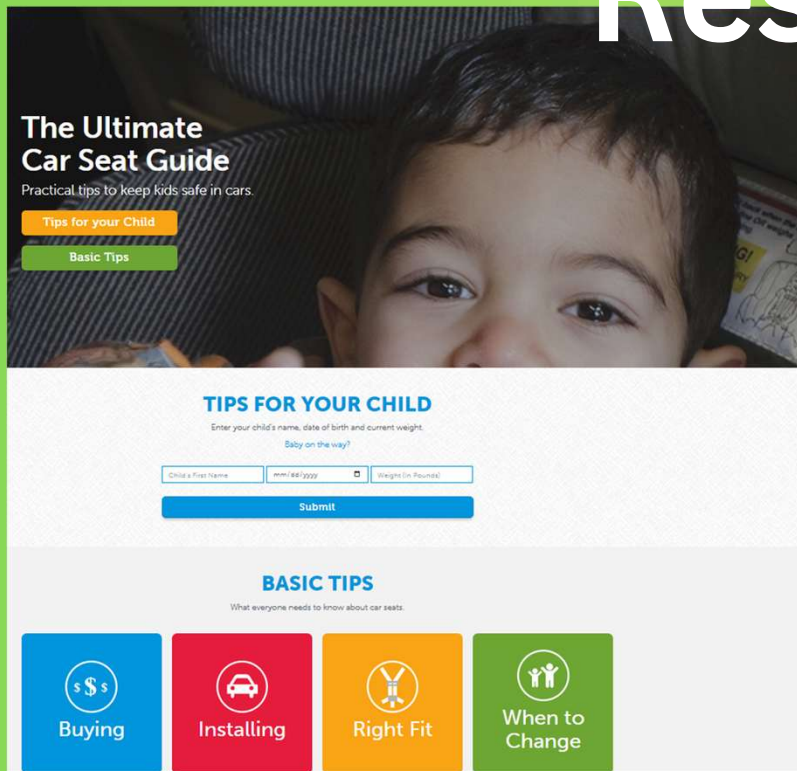


To order supplies, visit: https://www.ndhealth.gov/injury/CPS_Order_Form.aspx

Safe Kids WW

Resources

The Ultimate Car Seat Guide



The screenshot shows the homepage of 'The Ultimate Car Seat Guide'. At the top, there's a header with the title 'The Ultimate Car Seat Guide' and a subtitle 'Practical tips to keep kids safe in cars.' Below this are two buttons: 'Tips for your Child' (orange) and 'Basic Tips' (green). The main content area is divided into two sections. The first section, 'TIPS FOR YOUR CHILD', prompts users to 'Enter your child's name, date of birth and current weight.' and includes a form with fields for 'Child's First Name', 'mm/dd/yyyy' (for date), and 'Weight (in Pounds)', followed by a 'Submit' button. The second section, 'BASIC TIPS', is titled 'What everyone needs to know about car seats:' and features four colored buttons: 'Buying' (blue), 'Installing' (red), 'Right Fit' (orange), and 'When to Change' (green). Each button has a corresponding icon.

This is a great tool to share with your clients to help decide which car seat style is the best based on their age and weight and how to properly use their seats.



Check it out at:
<https://ucsg.safekids.org/>

Vision Zero Award Winners - 2025



Corporal Abby Brown
CPS Tech of the Year
Grand Forks Police Department



Trooper Nevon Heisler
CPS Tech of the Year
North Dakota Highway Patrol - Grand Forks Region

Vision Zero Award Winners - 2026



Shelley Aabrekke

Child Passenger Safety Award
Lake Region District Health



Greta Miller

Child Passenger Safety Award
Sanford Health

Vision Zero Award Winners - 2026



Shannon Klatt

Child Passenger Safety Award
Central Valley District Health

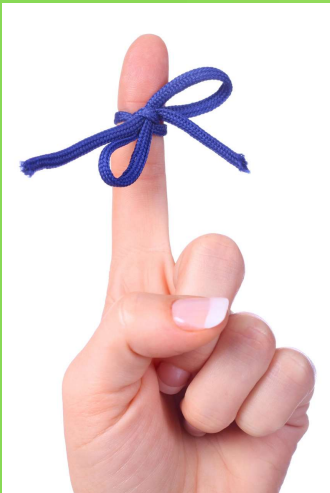
**Congratulations on your retirement,
Carol Thurn!**



Requirements & Reminders for CCPST Recertification



- Recertification is required every two years from the date your certification was obtained. Don't wait until the last minute to begin completing your requirements.
- To recertify, you must:
 - Earn 6 CEUs
 - Complete sign-off on 5 seat installations
 - Participate in one community event
- Once finished, submit your information through the recertification site and pay any required fees by your due date.
- You will receive three reminder emails and a mailed notification approximately 8 weeks before your due date. Be sure your contact information is up to date in your profile to ensure you receive these reminders.
- For more details, visit: <https://cert.safekids.org/i-am-a-tech/recertification>



Resources |

Webinars



The [National CPS Board website](https://www.cpsboard.org/webinars/) offers a wide variety of webinars and resources for CPSTs. These webinars are a convenient way to earn your required CEUs—many technicians are able to complete all of their CEUs through this site.

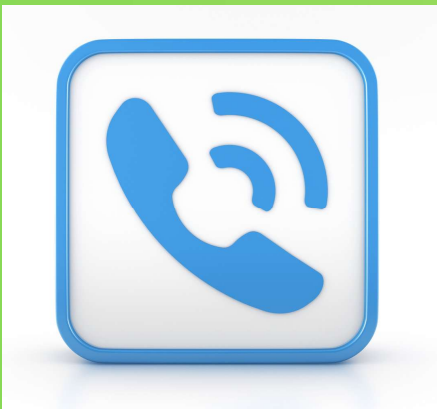
Even if you've already met your recertification requirements, it's still worth exploring. The site provides valuable, up-to-date information to help technicians stay current in their CPS knowledge and best practices.

<https://www.cpsboard.org/webinars/>

Tech Contact

If any of these contact methods change, be sure to update that in your technician profile found here so you can stay up-to-date with important communication about your certification:

<https://cert.safekids.org/log>



Phone #



Email address



Mailing address

Upcoming Lifesavers Conferences



March 7-9, 2027 • Henry B Gonzalez Convention Center • San Antonio, TX

April 23-25, 2028 • Minneapolis Convention Center • Minneapolis, MN



The KIM Conference was started in 2003 with one purpose: to foster CPS through education, best practices and technological advancements through an annual networking conference.

This year's conference is August 26 - 28 in Wilmington, NC.

To learn more, check out their website at: kidzinmotion.org

Safe Kids Grand Forks CPS Resource Newsletter

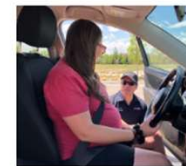
Jasmine Wangen, the Safe Kids Grand Forks CPS Coordinator, creates a monthly CPS newsletter that is distributed to techs in northeast ND. It comes out monthly via email and contains information on how to recertify, upcoming events and webinars, new technology on the market and much more.

If you would like to be added to the list of recipients of this electronic resource, please email Jasmine at jwangen@altru.org.

VISION ZERO

Zero fatalities. Zero excuses.

Add Prenatal Safety to Your CPST Endorsement!



In collaboration with the Hudson Center for Prenatal Vehicle Safety Safe Kids Worldwide will be adding a Prenatal Vehicle Safety Educator Endorsement to the certification profile. After completing the training CPSTs will be able to offer prenatal seat belt checks. Participants only need to attend one of the training sessions. For more information about the training sessions please visit Hudson Center for Prenatal Vehicle Safety.



IN-PERSON TECH UPDATE

Spot The Misuse! When checking a car seat there is so much more to check for than just a tight install and tight harness straps. This interactive tech update will include stations where you'll check for recalls, harness routing, expiration, compliance and more! This session will be worth 2 CEUs for recertification.

Monday, February 9, 2026
9:30 - 11:30 a.m.
Moorhead, MN

Thursday, March 19, 2026
10:00 a.m. - Noon
East Grand Forks, MN

REGISTER NOW



SAFE
KIDS
GRAND FORKS



BUCKLE UP

CCPST Discounted Seats

Several car seat manufacturers are gracious enough to offer discounts to CCPSTs for purchasing seats for their own use. To find out the details from each company, reach out to the company and ask for contact information for the company's CPS Advocate. This is not meant for purchase and resale, but rather for a tech to use for their own needs. Some offer one time seat discounts while others offer more than one. What a gracious offering!!



Need “teaching/demo seats”?

Safe Kids Grand Forks collects seats at our office for recycling and often times they are in great condition. If you are in need of sample seats for teaching or demo purposes, contact Jasmine at jwangen@altru.org and she will try to find you your car seat needs rather than sending them to recycle.

**SAFE
K:DS**
GRAND
FORKS



The Manufacturers Alliance for Child Passenger Safety has created a listing of harmonized statements for CPSTs and Instructors. These are key points about car seat use that all manufacturer's have agreed upon or made a statement regarding the topic. To read and understand these statements, you can find them here:

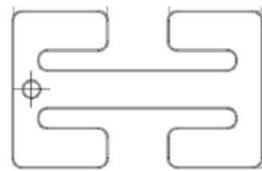


<https://www.saferidenews.com/macps/harmonized/>

Here are two sample of ones:

Locking Clips

If allowed by the car seat manufacturer, a metal locking clip is an acceptable pre-crash positioning device to hold the lap belt portion of a lap-shoulder belt at a fixed length for car seat installation. The locking clip must be of the standard metal design (see reference picture) and is acceptable when obtained from any car seat manufacturer.



(July 2024)

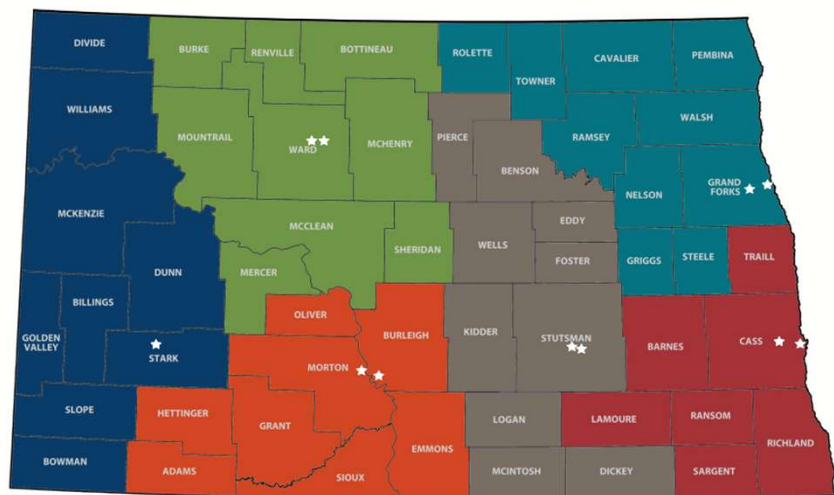
Over-tightening of Seat Belts When Installing Car Seats

Over-tightening a safety belt could damage the belt path of a car seat and/or its lock-off.* Car seats should be installed according to the manufacturer's instructions. Proper tightness should be confirmed by grasping the car seat with one hand at or near the belt path and pulling on the car seat. There should be no more than one inch of side-to-side or front-to-back movement at the belt path.

(September 2010)

Vision Zero Coordinators

VISION ZERO REGIONAL OUTREACH COORDINATORS



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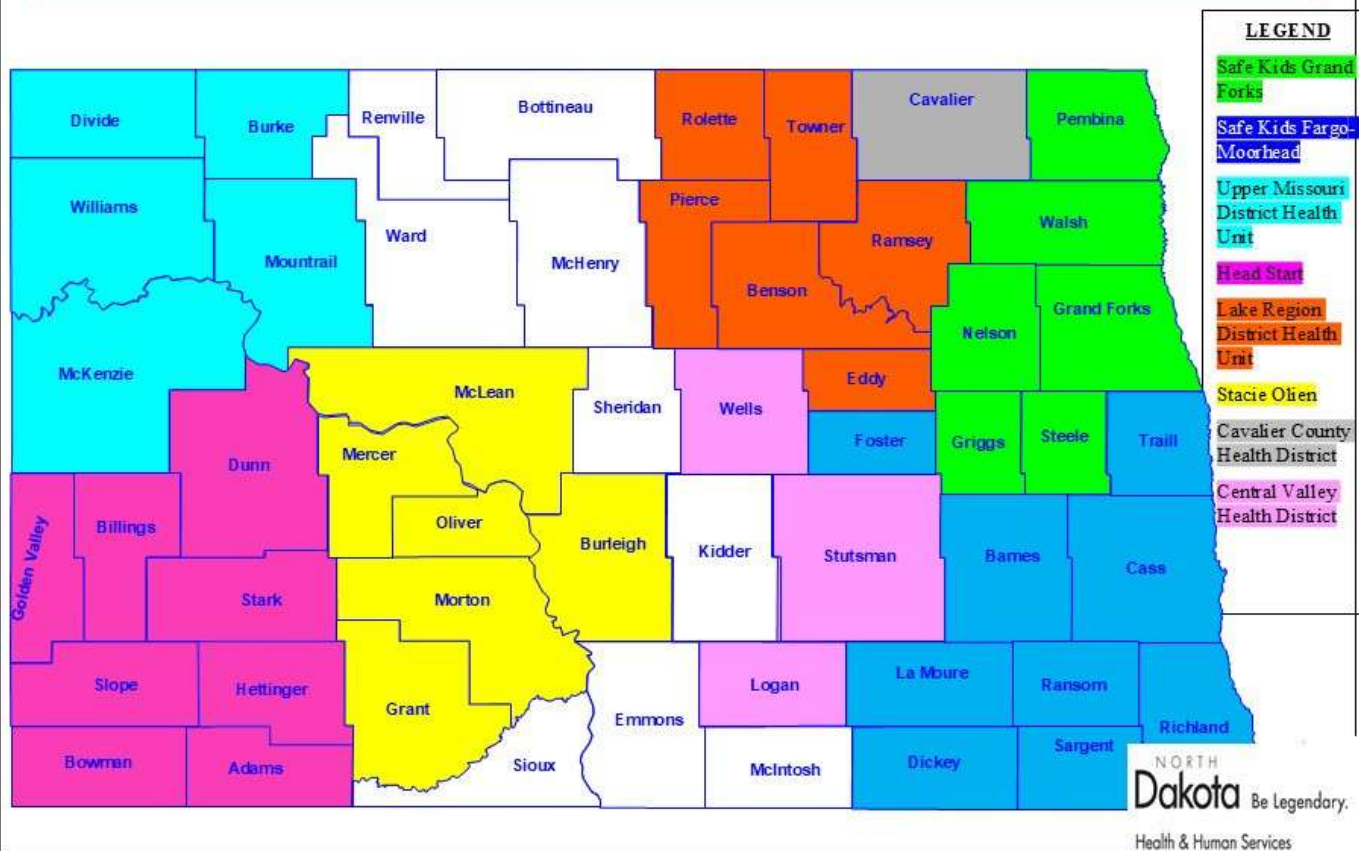


KELLY GILLEN

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Vision Zero Outreach Program Director - Ryan Gellner | (701) 793-8716 | rgellner@ndaco.org

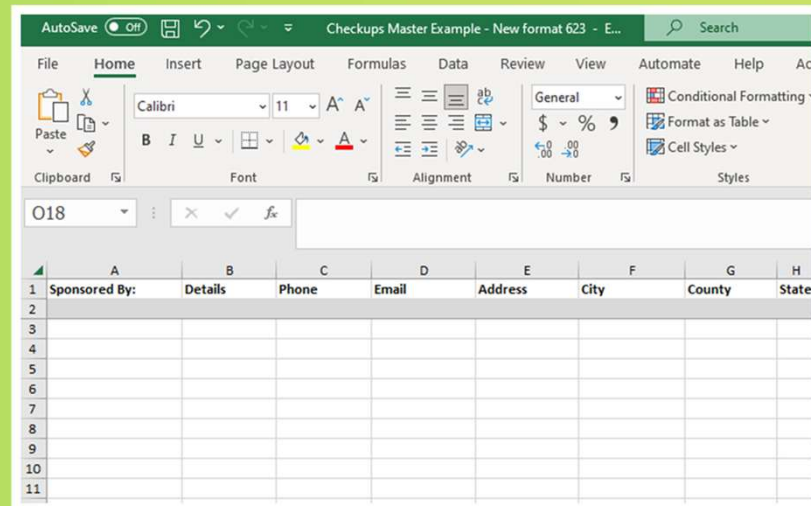
ND DHHS Child Passenger Safety Subcontract Regions 2025-2026



If you have an upcoming checkup event, consider advertising it on the NDHHS website!

Please send information on upcoming checkup events happening in North Dakota to Dawn Mayer at drmayer@nd.gov using the document to the right. A copy of this Excel spreadsheet can be requested from Dawn.

This information will be added with the state's online map, linked below. (See next page for sample.)



The screenshot shows an Excel spreadsheet with the following columns: A (Sponsored By), B (Details), C (Phone), D (Email), E (Address), F (City), G (County), and H (State). The rows are numbered 1 through 11. The spreadsheet is titled 'Checkups Master Example - New format 623 - E...' and the 'AutoSave' feature is turned off.

	A	B	C	D	E	F	G	H
1	Sponsored By:	Details	Phone	Email	Address	City	County	State
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								

<https://www.hhs.nd.gov/health/prevention-healthy-living/child-passenger-safety/assistance/events>

**This is what
the interactive
map looks like
when you click
on the pin.**

← Lake Region District Health Unit

Sponsored By:
Lake Region District Health Unit

Phone
701-473-5444

Email
saabrekke@nd.gov

Address
1801 College Dr N

City
Devils Lake

County
Ramsey

State
ND

Removal Date
4 times a year

Date-Time -Details of Event
No appt. needed. Car seat checks are offered at Lake Region State College, Automotive Garage from 3:00-6:00 pm on the following dates:

July 23
Oct 22

Maps. Create your own.

The map displays the state of North Dakota with various geographical features and city labels. Numerous orange location pins are scattered across the state, indicating specific locations. A white circle highlights a pin located near Devils Lake. The map also shows the borders of North Dakota and South Dakota, as well as several Indian Reservations including Spirit Lake, Standing Rock, and Lake Traverse.

Thanks to our CPS Workshop Planning Team Members for their work to make this event happen:

Dawn Mayer - ND Department of Health & Human Services

Erin Kiefert - Safe Kids Fargo Moorhead

Carma Hanson - Safe Kids Grand Forks