

# STREPTOCOCCUS A (GAS) IN LONG TERM CARE FACILITIES

Group A Streptococcus (GAS), also known as Strep A, are bacteria commonly found on the skin or in the throat. Under some circumstances these bacteria can cause disease.

## How GAS Spreads in Long Term Care Facilities:

- Respiratory droplets
- Contact with saliva or nasal secretions
- Contact with open sores or wounds
- Visitors
- Healthcare personnel
- Residents (having a roommate who is infected)

## Prevention for Healthcare Workers



Cover your mouth and nose with a tissue when you cough or sneeze



Put your used tissue in the waste basket



Cough or sneeze into your upper sleeve or elbow, not your hands, if you don't have a tissue



Wash your hands often with soap and water for at least 20 seconds



Use an alcohol-based hand rub if soap and water are not available



Wash glasses, utensils, and plates after someone who is sick uses them

