



Health & Human Services

SADD LIGHT

Service Authorization Required: No

DURABLE MEDICAL EQUIPMENT MANUAL

COVERAGE AND LIMITATION CRITERIA AND POLICY

EFFECTIVE: March 2007

REVISED: December 2025

SADD LIGHT

Indications and limitations of coverage and medical appropriateness:

Coverage allowed if the following conditions are present:

- Documentation to support depressive episodes.
- Tabletop models only.
- Diagnostic assessment from a licensed physician/practitioner must have taken place.
- After a 3-month rental period, if the member is compliant and the treatment is effective, the provider can submit for purchase. Medical documentation must show effectiveness/compliance.
- Limited to one every five years.

Documentation Requirements:

- A prescription from a prescribing physician/practitioner.
- Medical documentation supports the need.
- Prescribing physician/practitioner note within 90 days of service authorization requested start date.



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Date Revised

Revisions

May 2017

Reviewed and Reformatted

November 2019

Reviewed. Documentation requirements section deleted “Physician/practitioner exam within sixty days of the service authorization start date”. Added “Physician/practitioner exam per current DME Manual’s requirements”. Header logo replaced with new logo.

August 12, 2022

Reviewed and reformatted. Documentation Requirements section replaced bullet 3 “Physician/practitioner exam per current DME Manual’s requirements” with “Prescribing physician/practitioner note within 90 days of SA requested start date”.

November 23, 2022

Reviewed and updated. Header logo updated with new logo.

December 11, 2023

Reviewed and updated. No changes made.

December 17, 2025

Reviewed and reformatted. Removed the “CMN” verbiage from the header section.