



Mental Health Block Grant (MHBG) and Substance Use Prevention, Treatment & Recovery Services Block Grant (SUPTRS) Updates

Behavioral Health Planning Council, December 17, 2025



Health & Human Services



- Quick Review of Block Grant Foundations/Requirements
- Update on Combined Block Grant Application *(submitted 8/29/2025)*
- Update on MHBG and SUPTRS annual reports *(submitted 12/1/2025)*
- Current SUPTRS and MHBG Funding Overview



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What is a Block Grant?

A block grant is a noncompetitive, formula grant mandated by the U.S. Congress. Eligible entities must submit an annual application to demonstrate statutory and regulatory compliance in order to receive the formula-based funding.

SAMHSA is responsible for two block grant programs.

- Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUPTRS BG)
- Community Mental Health Services Block Grant (MHBG)

Behavioral Health Planning Council

§300x-3. State mental health planning council

Establish and maintain a state mental health planning council

About the BHPC

- Exists in every state and US Territory
- Transitioned from mental health planning council to behavioral health planning council as encouraged by SAMHSA
- Membership must include majority of members are individuals with lived experience in accessing services for themselves or a family member

Responsibilities of Behavioral Health Planning Council

- Review plans by the state
- Submit to state recommendations for modifications of the plan
- Serve as an advocate for adults with serious mental illness, children with severe emotional disturbance, and people experiencing or at risk of experiencing substance use disorders
- Monitor, review, and evaluate (not less than once each year) the allocation and adequacy of services in the state

§300x-3. State mental health planning council

North Dakota Behavioral Health Planning Council

- Meets a minimum of quarterly
- Works closely with state block grant administrators (Behavioral Health Division)
- Oversight of the North Dakota Behavioral Health Assessment (HSRI Report) and guiding of the Strategic Plan and AIMS workgroups
- Serves as an advocate and shares opinions and recommendations to State through council recommendations and active engagement in legislative work

Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUPTRS BG)

- Provide priority treatment and support services that demonstrate success in improving outcomes and/or supporting recovery for individuals without insurance that are not covered by Medicaid, Medicare, or private insurance, or for whom coverage is terminated for short periods of time.
- Provide primary prevention by supporting universal, selective, and indicated prevention activities and services for persons not identified as needing treatment.
- Collect performance and outcome data to determine the ongoing effectiveness of behavioral health promotion, treatment, and recovery support services.
- Synar Amendment

SET-ASIDE

- 20% set-aside for **primary prevention**

MAINTENANCE OF EFFORT

- **SUPTRS BG State MOE:** States must maintain expenditures of state funds for authorized activities at a level no less than the average level for the preceding 2 state fiscal years.
- **SUPTRS Women's MOE:** The SSA must demonstrate that current state fiscal year spending on women's services is at least equal to base year (1994) expenditures.

Community Mental Health Services Block Grant (MHBG)

- Provide community mental health services to Adults with serious mental illness (SMI) and children with serious emotional disturbance (SED)
- Carry out services outlined in the state's MHBG plan
- Evaluate programs and services carried out under the MHBG plan
- Conduct planning, administration, and educational activities related to providing services under the plan
- Requires the establishment of a Behavioral Health Planning Council

SET-ASIDE

- 10% set aside for **early episode psychosis**
- 5% set aside for **crisis**
- **MHBG Children's Set-Aside:** The State Mental Health Authority must demonstrate that current state fiscal year spending is no less than the base year (1994) spending amount.

MAINTENANCE OF EFFORT

- **MHBG-State MOE:** States must maintain expenditures at a level no less than the average for the 2 preceding state fiscal years for community mental health services provided to: Adults with SMI and Children and youth with SED

Priority Populations

SUPTRS

- Pregnant Women and Women with Dependent Children (PWWDC)
- Persons Who Inject Drugs (PWID)
- Persons in need of recovery support services for SUD (PRSUD)
- Individuals with a co-occurring mental health and SUD
- Persons experiencing homelessness
- Persons with SUD at Risk for Tuberculosis (TB)
- Individuals in Need of Primary Substance Use Prevention (PP) [20% SUPTRS BG set aside]

MHBG

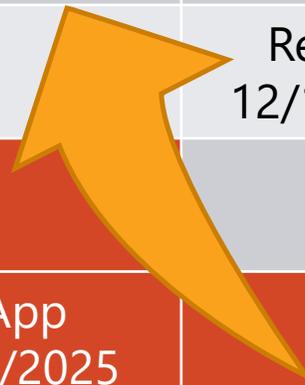
- Children with serious emotional disturbance (SED) and their families
- Adults with serious mental illness (SMI)
- Older adults with SMI
- Individuals with SMI or SED in the rural and homeless populations, as applicable
- Individuals who have an early serious mental illness (ESMI) [10% MHBG set-aside]
- Individuals in need of behavioral health crisis services (BHCS) [5% MHBG set-aside]



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AWARD TIMEFRAMES

AWARD	FFY 2022 10/1/21 – 9/30/22	FFY 2023 10/1/22 – 9/30/23	FFY 2024 10/1/23 – 9/30/24	FFY 2025 10/1/24 – 9/30/25	FFY 2026 10/1/25 – 9/30/26	FFY 2027 10/1/26 – 9/30/27
2023		Mini App 9/1/2023			Report 12/1/2025	
2024			App 9/1/2023			Report 12/1/2026
2025				Mini App 9/1/2024		
2026					App 9/1/2025	



Red reflects spending timeframe – each award has two years for spending
 Reporting timelines may differ as SAMHSA reports are not all requested according to FFY Awards

FY 2026/2027 Combined Block Grant Plan UPDATES

- The original submitted FY 2026/2027 Combined MHBG/SUPTRS BG Plan is available at: www.hhs.nd.gov/bhpc/blockgrants
- Since submission on 8/29/2025, the state has received and responded to **14 revision requests**.

FY 2026/2027 Combined Block Grant Plan REVISION REQUEST SUMMARY

- Table 1: Priority Area and Annual Performance Indicators
- Step 1, 2 and Table 1: Ensure focus on MHBG and SUPTRS priority populations (as identified in federal law)
- Several tables: required to review and revise to ensure alignment with current Executive Orders and SAMHSA Strategic Priorities

FY 2026/2027 Combined Block Grant Plan

Originally Submitted TABLE 1: PRIORITIES



Prevention
and Early
Intervention
(Aim 2)



Community
Based Services
(Aim 3; 4; 5)



Person-
Centered
Practice
(Aim 9; 11)



Increase
Access to
Targeted
Services
(Aim 3; 4)



Workforce
(Aim 4; 7)

FY 2026/2027 Combined Block Grant Plan

NEW TABLE 1: PRIORITIES

Increase Access to services for individuals with Serious Mental Illness (SMI) <i>(AIM 3, 4, 8)</i>	Enhance behavioral health services and supports for children with Severe Emotional Disturbance (SED) <i>(AIM 3, 4, 5, 8)</i>	Expand early episode psychosis programming for individuals with early serious mental illness <i>(AIM 3, 4)</i>
Enhance behavioral health crisis services <i>(AIM 3, 8)</i>	Prevention and Early Intervention <i>(AIM 2)</i>	Expand residential and community-based services for pregnant women and women with dependent children <i>(AIM 3)</i>
Expand access to medically-managed withdrawal management services for persons who inject drugs <i>(AIM 3, 4)</i>	Build capacity to Certify Certified Community Behavioral Health Clinics to improve access for individuals with or at risk of tuberculosis. <i>(AIM 3, 4, 8)</i>	Expand recovery supports and diversion programs for individuals with substance use disorders <i>(AIM 4, 6)</i>



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2023		Mini App 9/1/2023			Report 12/1/2025	
2024			App 9/1/2023			Report 12/1/2026
2025				Mini App 9/1/2024		
2026					App 9/1/2025	



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Table 1: Priority Areas and Performance Indicators Progress Report 12/1/2025 (MHBG & SUPTRS)

Reporting on 2nd year progress of priority areas established and submitted in FFY 2024 Combined Block Grant Plan.

				
Prevention and Early Intervention (Aim 2)	Community Based Services (Aim 3; 4; 5)	Person-Centered Practice (Aim 9; 11)	Increase Access to Targeted Services (Aim 3; 4)	Workforce (Aim 4; 7)



Table 1: Priority Areas and Performance Indicators
Progress Report 12/1/2025 (MHBG & SUPTRS)

PREVENTION AND EARLY INTERVENTION PRIORITY

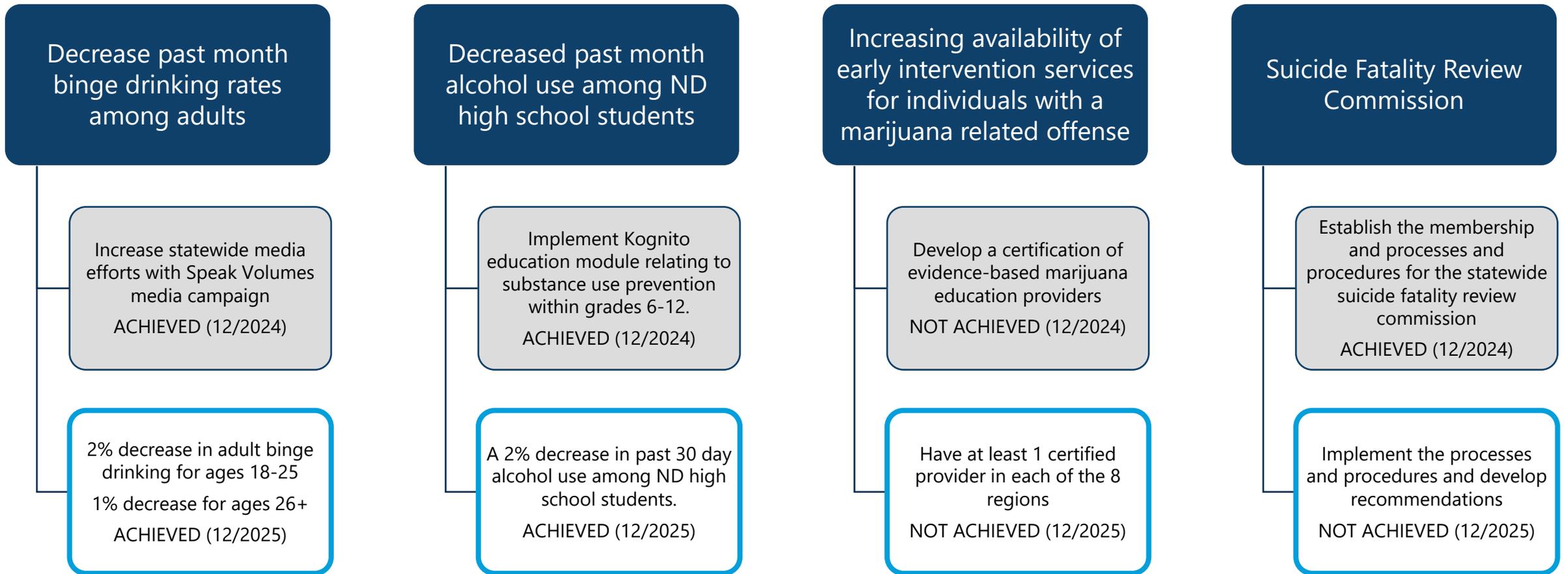




Table 1: Priority Areas and Performance Indicators
Progress Report 12/1/2025 (MHBG & SUPTRS)

COMMUNITY-BASED SERVICES

Expand behavioral health services and supports in K-12 schools

Increase number of schools utilizing funding programs with the Behavioral Health Division.
ACHIEVED (12/2024)

Increase number of students served.
ACHIEVED (12/2025)

Enhance Statewide Crisis Services

Build capacity of behavioral health providers to respond to crises by providing training.
ACHIEVED (12/2024)

Partner with rural law enforcement to enhance their ability to effectively respond to adult and youth behavioral health crises.
ACHIEVED (12/2025)

Enhance awareness of and access to Early Episode Psychosis Programming

Contract to provide outreach and education of First Episode Psychosis programs in the state
ACHIEVED (12/2024)

Complete full fidelity review to ensure best practice of Coordinated Specialty Care model.
ACHIEVED (12/2025)

Build capacity to certify Certified Community Behavioral Health Clinics (CCBHC)

Develop a CCBHC certification process and guidelines
NOT ACHIEVED (12/2024)

Certify one CCBHC
NOT ACHIEVED (12/2025)

Enhance system of care for children with a serious emotional disturbance

Enter into contract with behavioral health provider to provide day treatment
ACHIEVED (12/2024)

Enhance parent and youth peer support services
ACHIEVED (12/2025)



Table 1: Priority Areas and Performance Indicators
Progress Report 12/1/2025 (MHBG & SUPTRS)

Person-Centered Practice

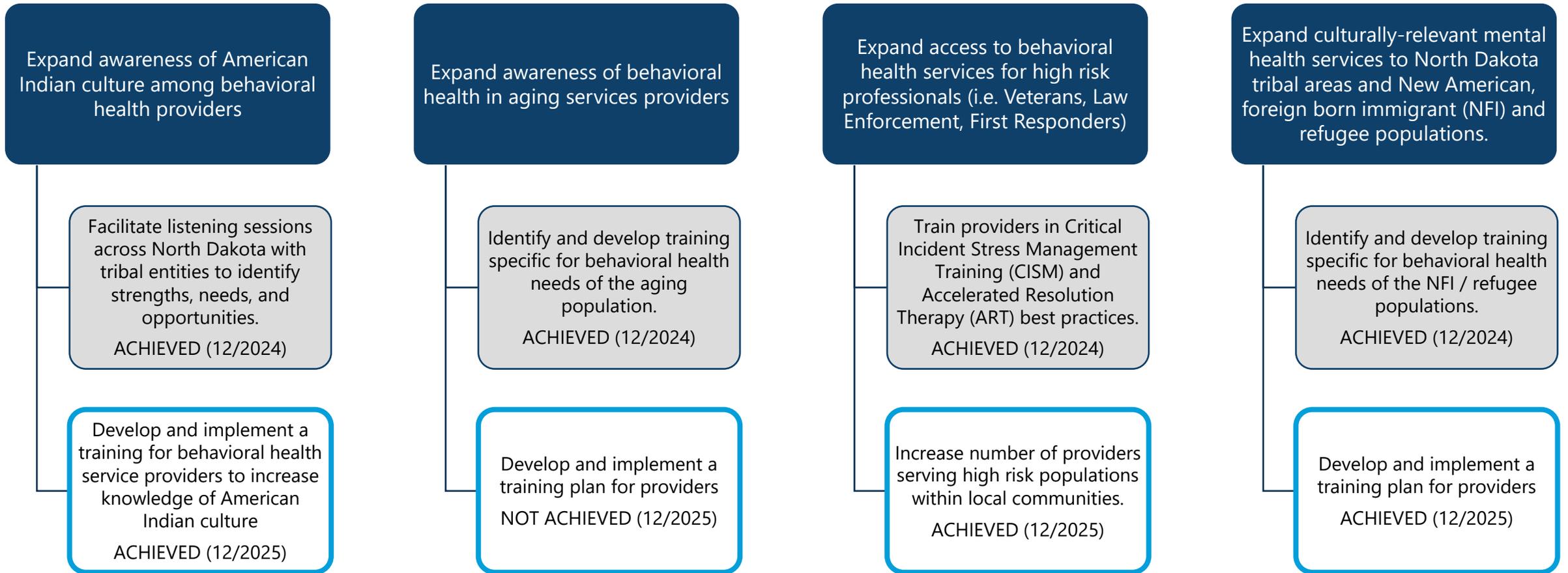




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Increase Access to Targeted Services

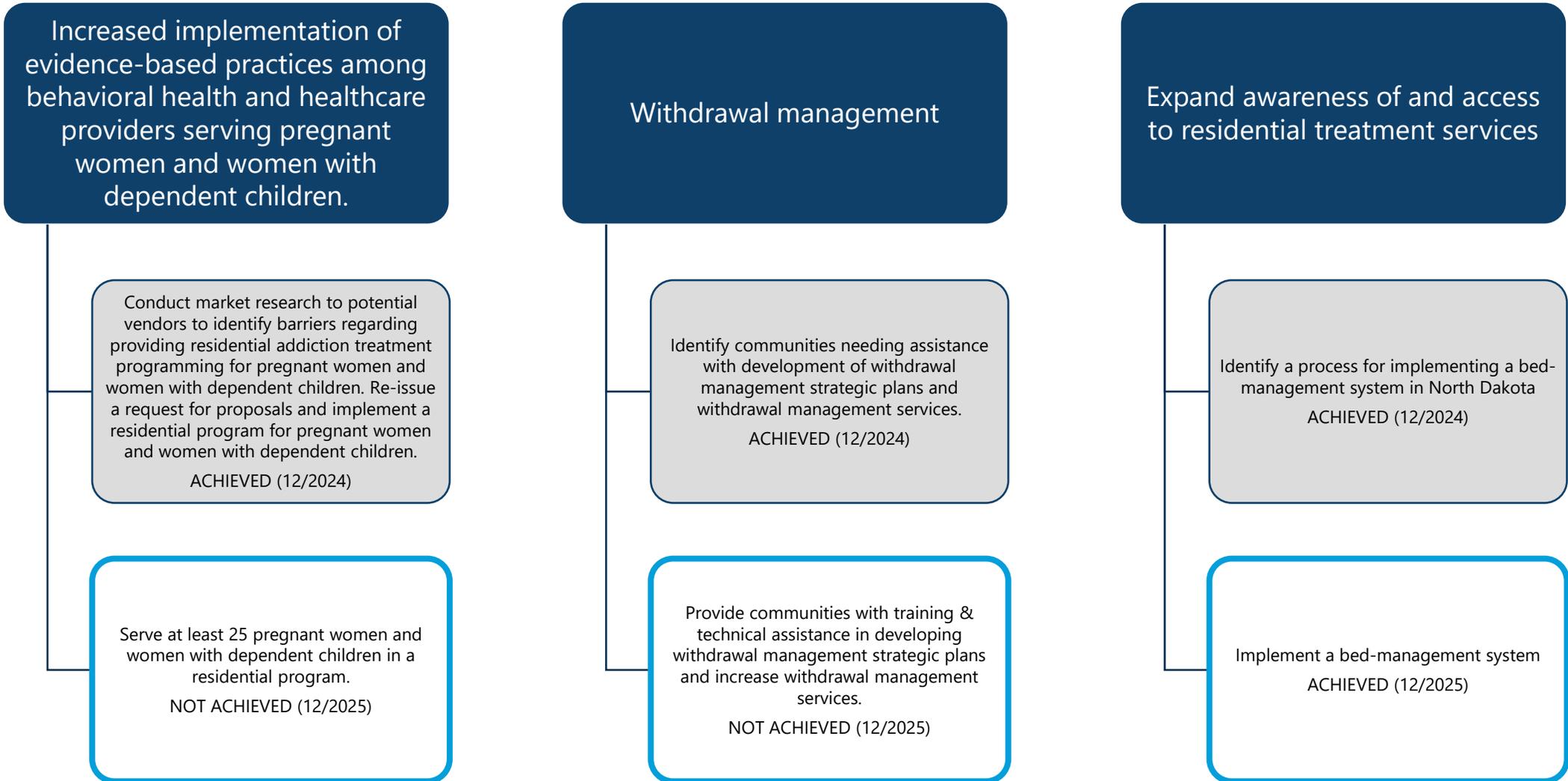
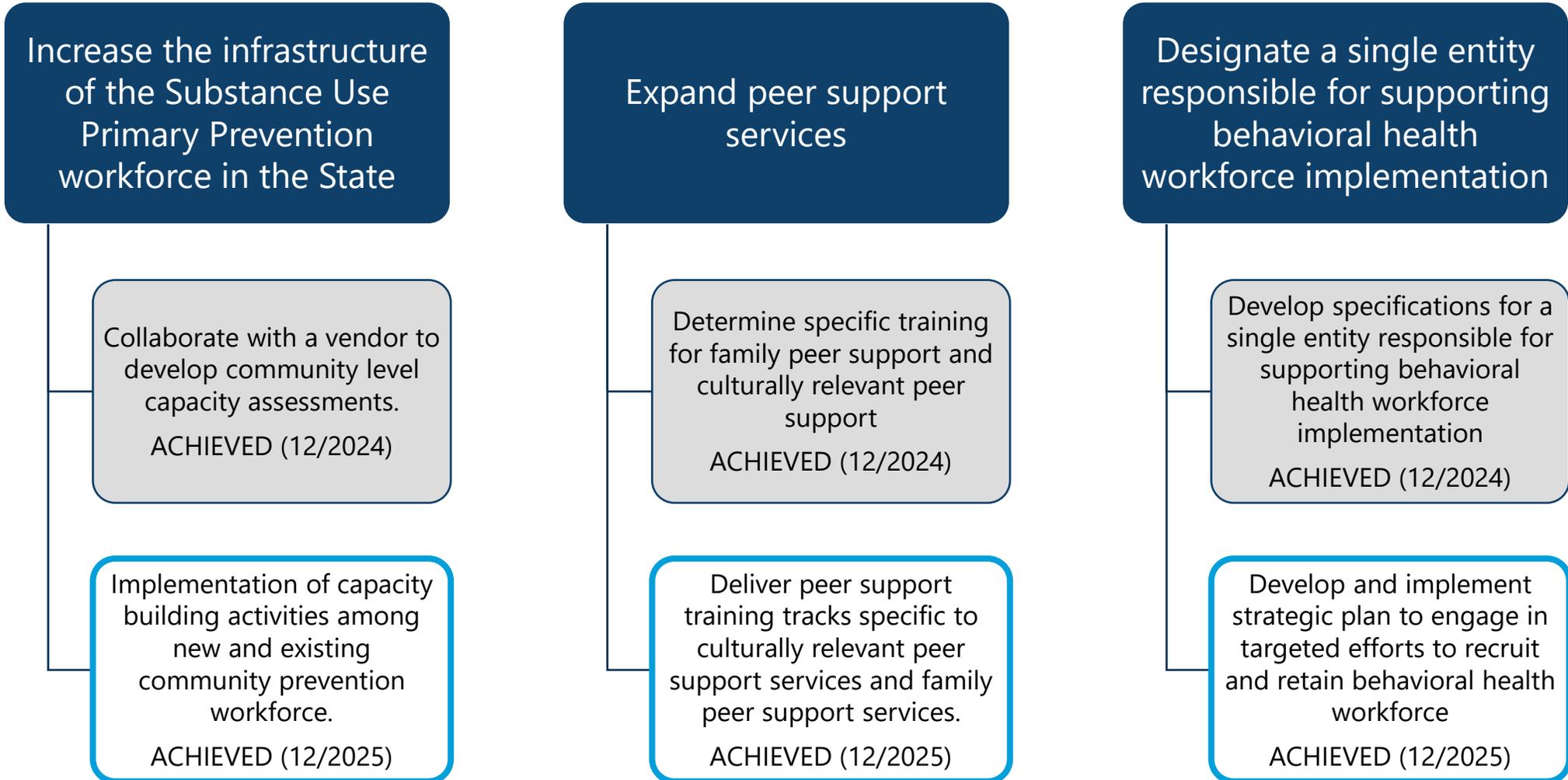




Table 1: Priority Areas and Performance Indicators
Progress Report 12/1/2025 (MHBG & SUPTRS)

Workforce



SUPTRS 25% Prevention Breakdown

	SUPTRS Award 23 10/1/22-9/30/24	SUPTRS Award 24 10/1/23-9/30/25	SUPTRS Award 25 10/1/24-9/30/26
Prevention and Early Intervention <i>(Aim 2)</i>	Training and Technical Assistance and free resources for individuals and communities (behavioralhealth.x-shops.com)		
	Community implementation of evidence-based prevention strategies targeting underage drinking and adult binge drinking (Local Public Health Units and Tribes)		
	Reduce retail availability of alcohol for individuals underage (forensic scanner training and distribution)		
	Synar		

SUPTRS 75% Treatment & Recovery Breakdown

	SUPTRS Award 23 10/1/22-9/30/24	SUPTRS Award 24 10/1/23-9/30/25	SUPTRS Award 25 10/1/24-9/30/26
Community-Based Services / Targeted Services <i>(Aims 3, 4, & 5)</i>	Sanford Peer Support Pilot		
	State-operated Community Behavioral Health Clinics		
		Pregnant Women Residential Treatment	
	Tribal Outpatient and Residential Services at Parshall Resource Center		
	Community Engagement and Withdrawal Management (MOP)		
	Narcan		
	Opioid Treatment Program: Central Registry		
	Recovery Services <i>(Aims 3, 4, & 5)</i>	Recovery Talk	
Workforce <i>(Aims 4 & 7)</i>	Behavioral Health & Children and Family Services Conference		
	Motivational Interviewing for Human Service Zones		

MHBG

	MHBG Award 23 10/1/22-09/30/24	MHBG Award 24 10/1/23-09/30/25	MHBG Award 25 10/1/24-09/30/26
	Behavioral Health Planning Council		
Workforce <i>(Aims 4 & 7)</i>	Behavioral Health Conference		
Community-Based Services <i>(Aim 3; 4; 5)</i> Person-Centered Practice <i>(Aim 9; 11)</i>	Community Connect		
	Behavioral Health Crisis training and support		
	Project Heal		
	Free Through Recovery		
Increased Access to Targeted Services <i>(Aim 3; 4)</i>		Voluntary Treatment Program	
	Federation of Families		
	Corporation for Supportive Housing		
	Consumer Family Network		
			PRTF Grants
	First Episode Psychosis (FEP) training and fidelity		
Rural Health MH Support			



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• **Current SUPTRS and MHBG Funding Overview**

Review/update on contracts (SUPTRS)

Provider	Service	Start Date	End Date	Contracted
Three Affiliated Tribes	Outpatient and Residential Addiction Treatment	07-01-2025	06-30-2027	\$321,012
Worldwide Interpreters	Recovery Talk	08-01-2023	06-30-2026	\$668,678
Providence House	Pregnant & Parenting Women's Residential	09-01-2025	06-30-2027	\$2,400,000
City of Fargo	Mobile Outreach Program - Fargo and surrounding areas	01-01-2025	12-31-2026	\$748,057
State-operated Behavioral Health Community Clinics	Addiction Treatment	07-01-2025	06-30-2027	\$5,400,000

Review/update on contracts (MHBG)

Provider	Service	Start Date	End Date	Contracted
Insight to Solutions	BH Planning Council Facilitation	July 1, 2025	June 30, 2027	\$45,764
Mental Health America of North Dakota	Consumer Family Network	Oct 1, 2025	June 30, 2026	109,800
Sanford Research North	Project Heal	Sep 1, 2023	Sep 30, 2026	\$750,000
Eyes on the Horizon Consulting	FEP community outreach and education	Nov 15, 2024	June 30, 2026	\$120,000
University of North Dakota	FEP Fidelity	Oct 1, 2025	Sep 30, 2027	\$141,719
Dr. Laura Tully	FEP training and consultation	Oct 1, 2025	Sep 30, 2027	\$308,000
Starfish Services, LLC	Accelerated Resolution Therapy Consultation	Jan 1, 2026	Sep 30, 2026	\$10,000
Dakota Boys and Girls Ranch – Bismarck	Support PRTFs to maximize safety for youth served	Sep 12, 2025	Dec 30, 2025	\$25,000
Dakota Boys and Girls Ranch – Fargo	Support PRTFs to maximize safety for youth served	Sep 12, 2025	Dec 30, 2025	\$25,000
Dakota Boys and Girls Ranch – Minot	Support PRTFs to maximize safety for youth served	Sep 12, 2025	Dec 30, 2025	\$25,000
NexusPath Luther Hall	Support PRTFs to maximize safety for youth served	Sep 12, 2025	Dec 30, 2025	\$24,957

Contact Information

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www.hhs.nd.gov/behavioral-health

