



# ND Opioid Settlement Advisory Committee

## The Billion Pill Pledge Program

February 9, 2026





Prevent the **first dose**,  
prevent the overdose.

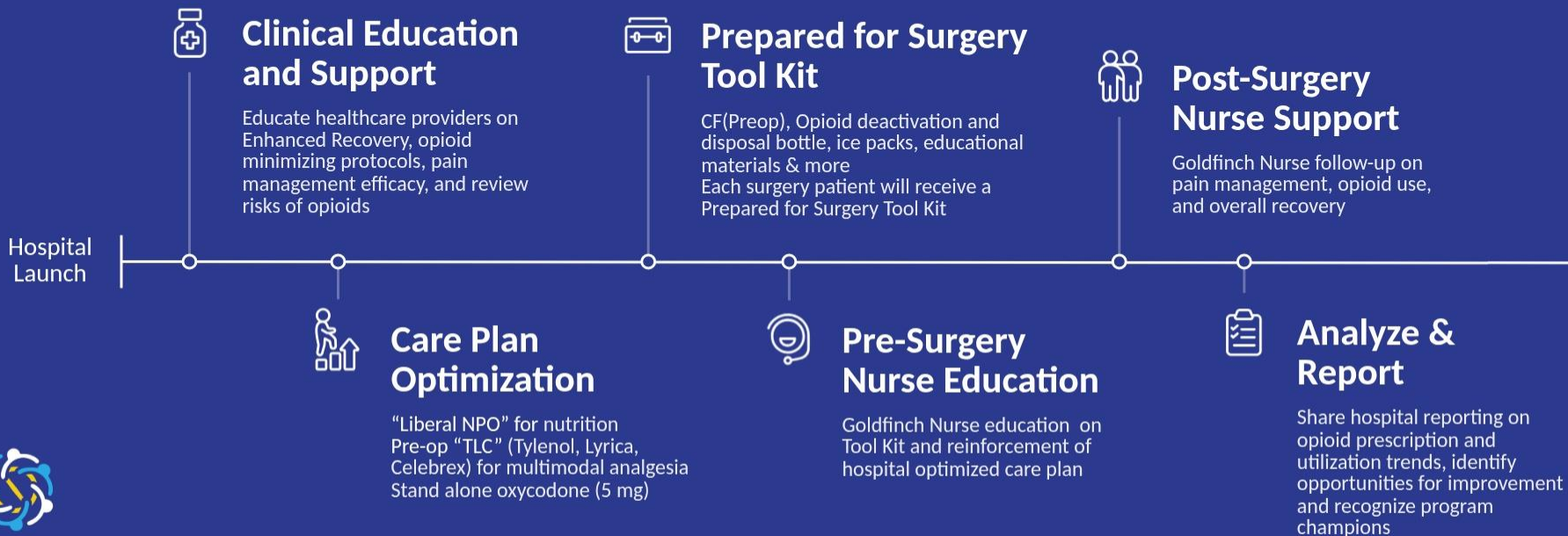


# The Billion Pill Pledge Program

- **First of its kind primary prevention program**
- 1,000 surgical cases in North Dakota facilities
- Partnering with community hospitals to support patients with surgery and post-surgery recovery
  1. Better pain management
  2. Better patient experience & recovery
  3. Fewer opioids

# The Billion Pill Pledge Program in Practice

Expanding access to **opioid-minimizing Enhanced Surgical Pathways** for the benefit of our patients and our communities



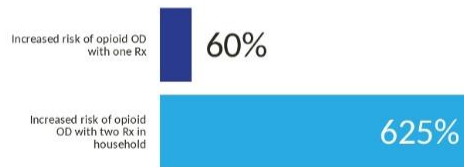
# Provider Education and Support

Education and implementation support to providers across the continuum of care in Nebraska to enhance the delivery of care according to opioid-minimizing pain management protocols.

*Provider education examples: training on multimodal pain management, highlighting non-opioid pain medication efficacy, debunking opioid benefits, and reviewing risks and overdose data*

## Opioid Prescriptions Impact the Whole Family

Study Details: 1.7 million adults, 1.2 million households



Opioids leading cause of childhood poisoning deaths

[www.aap.org/en/news-room/news-releases/pediatrics/2022/study-opioid-poisoning-deaths-rising-disproportionately-in-infants-young-children](http://www.aap.org/en/news-room/news-releases/pediatrics/2022/study-opioid-poisoning-deaths-rising-disproportionately-in-infants-young-children)

Michelle A. Hendricks, PhD<sup>1</sup>; Samad El Ibrahimy, PhD, MPH<sup>1,2</sup>; Grant A. Ritter, PhD<sup>2</sup>; et al. JAMA Netw Open. 2023;6(3):e233395

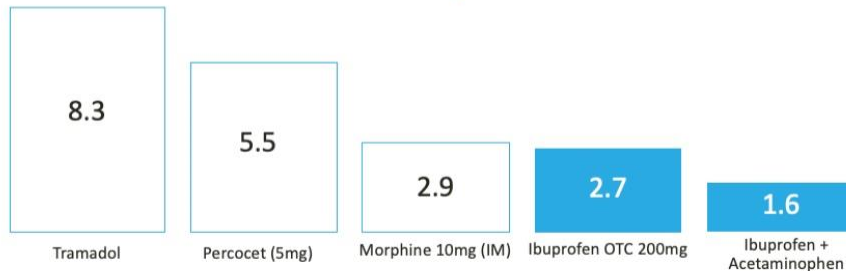


## Pain medication: what is the “good stuff?”

“... in the majority of situations in which opioid painkillers are used today, they are not appropriate”

Don Teater, MD, National Safety Council

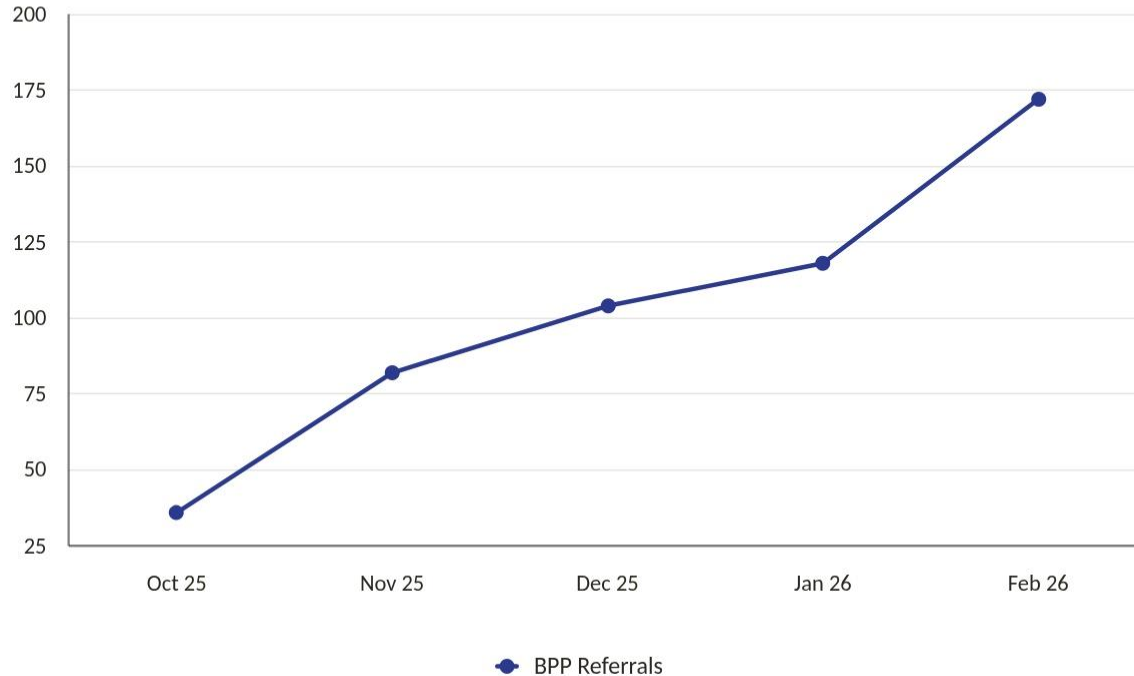
Number of people needed to treat for **ONE patient** to get 50% pain relief



(Bandolier, 2007) and (CJ Derry, Derry, & Moore, 2013)

# BPP / *By the Numbers*

ND - BPP Program Engagement Over Time



# 172

PROGRAM REFERRALS

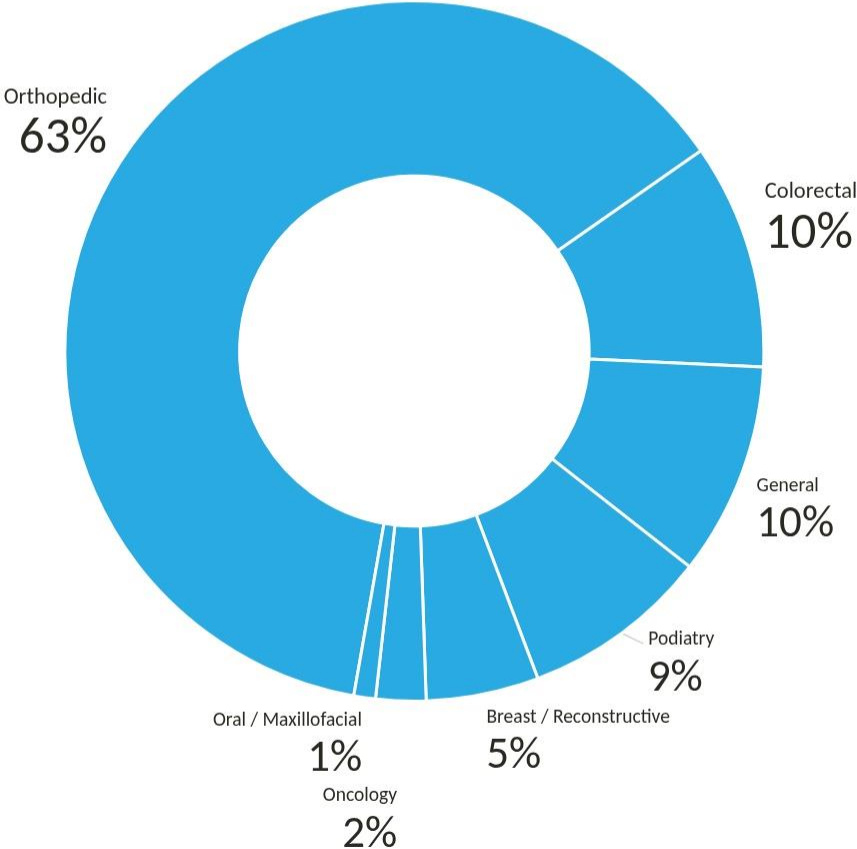
(Through 2/6/26)

**3 participating hospitals  
beginning in Oct 2025**

- Sanford Health - Broadway Medical Center
- Sanford Health - South University Medical Center
- Dakota Medical Surgical Center

**14 participating surgeons**

# Surgery Specialties Supported





# ND: Billion Pill Pledge Results

Average # Opioids Prescribed  
Post Discharge

26

Starting average: 36  
Percent decrease: 28%

Average # of Opioids Utilized  
Post Discharge

8

Benchmark: 27 opioid  
pills

Refill Rate

1%

Benchmark: 25%

Post Surgery ER  
Visit/Readmission

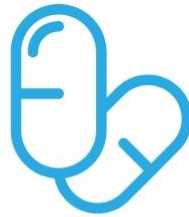
0%

National benchmark:  
14.6%

# Support that matters



12 patients so far have  
utilized 0 opioid pills  
post-operatively



451 opioid pills safely  
disposed





# Patient Feedback

“My nurse was **amazing and super personal and encouraging**. All her **instructions were clear** and she **consistently followed up** with me. I appreciate her so much!,,

“My nurse was an **extremely helpful guide nurse**. She has a very calming voice and answered all my questions thoroughly. Very high praise for her help!,,

“Goldfinch has been really great! My nurse has been excellent at **helping with any questions or concerns** I may have.,,



# Patient Feedback

Patients that have completed the exit survey have rated their experience a  
**10/10**

# Program Opportunities

**Working to add additional surgery lines & additional providers at Sanford Health**

**Continuing to explore partnerships with tribal health facilities including Elbowoods Memorial Health Center & Sakakawea Medical Center.**

# Program Opportunities

Continuing to pursue engagement with additional ND facilities:

1. Jamestown Regional Medical Center
2. Altru Health System
3. The Bone & Joint Center
4. Quentin Burdick Memorial Hospital



# Contact Info

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