

Summary of CMS Home and Community Based Services (HCBS) Settings Rule Site Visit

Location Information

Location: 106 3rd Ave. SE, Mohall, ND

Type: Agency Foster Home for Adults

Name: Prairie Home and Health

Visit Date: 8/27/26

State Staff: Erica Reiner and Amanda Wallace

Specialized Services: Residential Habilitation and Community Support Services

License: Agency Foster Home for Adults Licensing Policy 670-05-20 and N.D. Admin. Code § 75-03-21.1.

Capacity: 4

Education Provided

- Information and education regarding the Home and Community Based Services Settings requirements published in the Federal Register on January 16, 2014, was emailed to the agency owner.
- An assessment tool was developed by the state that was based on the settings criteria and the exploratory questions provided by CMS.
- State staff utilized Chapter 75-03-23 Provisions of Home and Community Based Services Under the Service Payments for Elderly and Disabled Program and the Medicaid Waiver for the Aged and Disabled Program, HCBS Settings Rule 525-05-44, and technical assistance information from the CMS website as resources to provide education.

Technical Assistance

- The State provided technical assistance upon request and the provider submitted an evidence package for the State to review prior to onsite visit.
- The evidence package was used by the State to prove compliance with setting requirements.
- The assessment tool was completed onsite with the licensing visit.

Settings Experience Interviews

- Thirty days after the first Medicaid consumer admission a Settings Experience Review will be completed by the State.
- Survey questions focus on the quality of the individual's experiences, integration into the broader community, options for choice in where to live, ensuring the individual's rights of privacy, dignity, and respect, freedom from coercion and restraint, and ensuring the individual has initiative, autonomy, and independence in making choices.

HCBS Settings Requirements Review of Agency Foster home

Agency Selection

The agency is chosen by the individual from a range of setting options, including non-disability specific settings and the option of a private room in a residential setting. The Agency Foster Home is located within the community among other private residences and has an accessible ramp leading up to the front entrance. The agency supports individuals with physical disability who are eligible for the services of residential habilitation and community support services. Individuals are offered the opportunity to tour the home prior to selecting the setting.

Community Integration

The setting provides opportunities to seek employment, volunteer, engage in community life, and control personal resources. The Agency Foster Home will provide transportation and escort into the community. The agency will assist individuals in accessing an accessible vehicle if needed. The agency indicates that opportunities within the town of Mohall include activities such as sports activities, parades, the park, church, and the Senior Center. Each individual is able to access the community as frequently as they prefer.

Access to the Greater Community

The setting supports access to activities within the agency home and broader community, including transportation and communication access. The Agency Foster Home ensures individuals have access to community events and assists them in navigating any essential services including medical appointments.

Autonomy and Independence

Individuals have the right to make choices regarding schedules, meals, activities, and participation in care. Each person directs their own routines for care and meals. Individual program plans are completed upon move in and update routinely and as needed. Individuals have access to the internet and streaming services within the home, and a cordless phone is available to all residents. Individuals may bring in personal electronic devices and use them within the home. Individuals are encouraged to personalize their own living spaces and may bring in their own furniture and decorate their private rooms according to their preference. The home includes one shared bedroom for individuals who choose to share. Each individual is provided a key to their room and accesses the home through a code secured front door.

Privacy and Respect

Residents are ensured privacy in their rooms. Agency staff receive training on dignity, respect, and resident rights, and all written and oral communication is provided in each individual's preferred language. Staff are trained to complete all personal cares in private areas with doors closed to ensure privacy, and they are instructed to always knock before entering any private space. All bathroom and bedroom doors are equipped with locks, and residents are offered a key to their bedroom upon move in.

Choice of Services and Supports

Residents have choices regarding who provides their care and services, including medical and community supports. Although there is only one clinic in the Mohall area, individuals may select medical providers or specialists in other surrounding communities. Individuals direct their care plans and schedules. Individuals have access to the kitchen, snacks, and water, and may also keep personal refrigerators in their private bedrooms for snacks. Individuals are offered alternative meal options and may choose to eat in their private bedrooms.

Equal Access

Individuals receive services in the community with the same level of access as individuals not receiving Medicaid HCBS. Individuals choose their providers and may request a change at any time. Any conflicts between staff and residents are addressed by the agency management, and alternative caregiver arrangements are made if an individual requests a different caregiver. Individuals may file complaints or grievances at any time by contacting agency managers or submitting an anonymous complaint. Staff are trained on individual rights and are expected to treat all residents with respect, including using preferred names. The home does not have set visiting hours, and residents are able to have guests at any time. The home also includes an additional room in the basement that may be used for residents' guests.

Person-Centered Service Plan

The Individual Program Plan and Person-Centered Service Plan address goals, preferences, health needs, social supports, and community integration. Individuals are included in the care planning process and care planning meetings are scheduled to accommodate families and guardians. The Agency Foster home receives a copy of the HCBS care plan and keeps it on file.

Additional HCBS Residential Setting Requirements

- The individual has a lease or legally enforceable agreement that follows North Dakota landlord tenant laws.
- The individual has privacy in their unit including lockable doors and freedom to furnish or decorate their unit.
- The individual controls their own schedule, including access to food at all times.
- The individual may have visitors at any time, including overnight guests.
- The setting is physically accessible.
- HCBS Setting Requirements focus on the quality of individuals' experiences and access to community living.

Person-Centered Service Plan Requirements

- The planning process must be individualized and directed by the consumer or legal decision maker.
- Meetings must occur at times and locations convenient for all involved.
- The process must reflect cultural considerations and use plain language.
- The plan discusses community integration and personal preferences.

- Strategies for solving disagreements are included.
- The plan offers choices regarding services, supports, and providers.
- Residents may request updates to the plan at any time.
- The plan identifies strengths, needs, goals, preferences, and desired outcomes.
- Risks and plans to minimize them may be included.
- The plan includes goals related to relationships, community participation, healthcare, wellness, employment, and education.
- The plan is signed by all responsible individuals and providers.

Review and Recommendations

Date of Review of Evidence Packaging by the Aging Services Section: 8/27/26

Reviewed by the following staff: Erica Reiner

Recommendations to Meet Compliance: Agency policies were reviewed, and changes were made as recommended by the Department.

Date of Compliance with Above Recommendations: 8/27/26

Aging Services Decision: Agency Foster Home meets Settings Rule compliance