

NORTH DAKOTA MONEY FOLLOWS THE PERSON TRANSITION SUPPORT TEAM

North Dakota created a five-stage system that assists older adults and adults with disabilities by helping them make informed choices that enhance their ability to live independently in their homes and communities.

STAGE #3 ~ MONEY FOLLOWS THE PERSON (MFP) TRANSITION SUPPORT TEAM:

- Individuals seeking to transition from institutions and back to living at home with necessary supports can ask the nursing home or a Long-Term Service and Support (LTSS) options counselor to refer them to a transition team for guidance and support.
- A transition coordinator assesses the person's situation, explores barriers and concerns, and evaluates options and services.
- A housing facilitator helps find affordable and accessible housing in the community or can recommend ways to make an individual's current home safer and more accessible with things like, mobility aids, shower grab bars, and wheelchair ramps.
- A licensed social worker determines the level of in-home care required; they also advocate for the individuals involved, ensuring their voice is heard, and helping the transition process go smoothly.
- Together, the transition team works collaboratively with the individual to ensure involvement in the decision-making process.
- The goal is to make individuals feel empowered, in control, and independent.

THE MFP TRANSITION SUPPORT TEAM IS INTENDED FOR:

- Older adults with age-related issues
- Adults with disabilities
- Caregivers (i.e. family, friends, neighbors, community members, etc.)
- Medicaid-eligible individuals living in a nursing home

MFP TRANSITION SUPPORT TEAM RESULTS:

The MFP transition support team is a successful model for assisting individuals who are looking for alternative settings in which to receive necessary care. As of September 30, 2024, 448 individuals have successfully transitioned back to the community using this service.

PROVIDING SERVICES CLOSER TO HOME.

The State of North Dakota and the U.S. Department of Justice reached a settlement agreement intended to expand access to home and community-based care services and enable individuals with physical disabilities to live in less restrictive home and community-based settings.

SYSTEM CHANGE BENEFITS:

- Expand and raise awareness about community-based care options available to adults with physical disabilities on Medicaid.
- Allow individuals to make informed choices about how they want to receive services that help them live as independently as possible.
- Build upon the legislative investments made and our shared goal of improving services to citizens.